



# Healthy Talbot

## Family Resource Guide



A PROJECT OF TALBOT  
FAMILY NETWORK



Updated January 2024

# ABOUT our organization



## **Talbot Family Network**

The mission of the Talbot Family Network is, through collaboration with public and private entities, to identify and develop support systems for a healthy, safe, caring, and equitable community for all Talbot County children and families.

## **About the Talbot Family Network**

Talbot Family Network concentrates on early intervention and intervention services to children, youth and families in Talbot County. Tasks include planning, developing and monitoring family-oriented, community-based programs that are culturally and racially relevant. To prevent fragmented and duplicated services in the county, Talbot Family Network strives to serve as the coordinating body for community-level grants and initiatives. Talbot Family Network develops long-range

plans based on community input, proven or innovative strategies, and previously collected local, regional, state and national data. These efforts focus on four outcomes: Families are Economically Stable; Healthy Children; Youth Will Complete School; Youth Have Opportunities for Employment and Career Readiness. Talbot Family Network also works within the Governor's strategic goals to: Prevent Out of Home Placements; Reduce Child Poverty and Childhood Hunger; Improve Opportunities for Disconnected/Opportunity Youth; Increasing Opportunities for Community-Based Services for Youth

## **Role of Talbot Family Network in Talbot County**

The Talbot Family Network is Talbot County's Local Management Board (LMB). LMBs receive an annual allocation of State funding from the Children's Cabinet. Each LMB is then responsible



for ensuring that services are provided to families in its jurisdiction. In addition, when more funds are identified and secured, the LMB must carry out these responsibilities:

- To continually assess the needs and identify gaps in services to children, youth and families in Talbot County.
- To develop and enhance communication between and among agencies and organizations that serve children, youth and families through partnership building.
- To plan, coordinate, and evaluate programs and services that benefit children, youth and families to improve child and family outcomes.
- To secure, distribute and monitor public/private funding for the benefit of children, youth and families.
- To provide information to the public on the status of services for children, youth and families.

## Currently Funded Programs and Activities

- **Afterschool Programming -** Building African American Minds, and Tilghman Area Youth Association - Out of school time support and enrichment.
- **Career Pathways - Neighborhood Service Center** – Opportunity Youth develop critical employment skills and receive training opportunities
- **Conversation on Race** – Facilitated conversations, workshops, and resources to help the community address systemic inequities
- **Healthy Families Mid-Shore - Talbot County Health Department** – Prenatal through age 5 home visiting program to support healthy, stable, economically self-sufficient parents.
- **Healthy Habits - Chesapeake Multicultural Resource Center** – After school hunger and nutrition education programs.
- **Healthy Talbot** – On-line resource to help Talbot County families learn about events, programs and resources in the area.
- **Local Care Team** – A family-friendly resource team of Talbot County agencies to assist families with children facing behavioral, school, mental health or physical challenges.
- **Mental Health Programming - Channel Marker** - enhancing school adjustment and learning via supported play for students K to 2nd grade.
- **Reengagement Coordinator - Talbot County Public Schools** – Reconnecting youth ages 16-24 who have dropped out to school and/or work.

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# Local Care Team

The primary goal of Talbot County’s Local Care Team (“LCT”) is to connect families to the resources they need to reach their full potential; thriving in our local community. The Talbot LCT is comprised of experienced professionals who bring hundreds of years’ worth of knowledge to the table when they meet to work with a family’s needs.

The LCT can help a family connect with community resources and make recommendations unique to each child. If your child is experiencing multiple needs such as learning problems, behavioral issues, substance use, mental health concerns and/or chronic health conditions the LCT may be able to provide guidance.

## Are you experiencing any of the following with getting your child help?



- You feel like you’re **getting nowhere**
- You’re not sure where to turn for **services**.
- You know what you need, but you **can’t seem to locate it**
- You feel **overwhelmed** with reports and recommendations.
- You’re **concerned** and don’t know where to turn for **help**.

## What can the LCT do to help?

- |   |  |
|---|--|
| ✓ Listen to your concerns/needs                     | ✓ Assist with resource availability and qualifications |
| ✓ Help you understand confusing documentation       | ✓ Connect you with a care manager                      |
| ✓ Gather appropriate professionals to problem solve | ✓ Learn from you to help make the system better        |

Visit [TalbotLCT.org](http://TalbotLCT.org) for more information



## The Healthy Talbot Family Resource Guide

This Resource Guide, made possible by Talbot Family Network, is a compilation of local resource listings for individuals and families looking for medical, educational, developmental, wellness, and community support services in Talbot County, Maryland. Whether you're an expecting mom, managing an aging parent, struggling to pay the bills, or dealing with an unexpected crisis, everyone needs help in their life at one point or another. However, we all know that it can be difficult to ask for help. It is our hope that this guide will be your first step, and out of it will come healthier families for a stronger community.

Visit our website: [www.healthytalbot.org](http://www.healthytalbot.org) for more information, helpful articles, and local community events to keep your family happy and healthy all year round, and be sure to keep a copy of this guide in a place that you can access it quickly in a time of need. An electronic version of this guide is also available on our website!

If you have comments and suggestions for this guide, please email: [healthytalbot@talbotfamilynetwork.org](mailto:healthytalbot@talbotfamilynetwork.org). To add your resource to this guide and to our website, please visit: [www.healthytalbot.org/resource-submission/](http://www.healthytalbot.org/resource-submission/).

## IMPORTANT resources

### 211 MARYLAND

Providing simple access to health and human services information. Specially trained call specialists answer calls 24 hours a day, every day of the year.  
[www.211md.org](http://www.211md.org)

### 988 SUICIDE & CRISIS LIFELINE

The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.  
<https://988lifeline.org>

### ADULT PROTECTIVE SERVICES - TALBOT COUNTY DSS

301 Bay Street, Easton, MD 21601  
1-800-91-PREVENT (1-800-917-7383)  
If an elderly or vulnerable person in your family or in your community is being abused, neglected, or exploited, please call.  
[www.dhr.maryland.gov/office-of-adult-services](http://www.dhr.maryland.gov/office-of-adult-services)

### CHILD PROTECTIVE SERVICES - TALBOT COUNTY DSS

301 Bay Street, Unit 5, Easton MD 21601  
(410) 770-4848; After-hours: (410) 819-4747 (State Police)  
Assists children believed to be neglected or abused by parents or other adults having permanent or temporary care or custody, or parental responsibility.  
[www.dhr.maryland.gov/local-offices/talbot-county](http://www.dhr.maryland.gov/local-offices/talbot-county)

### DEPARTMENT OF CORRECTIONS

115 W Dover Street, Easton, MD 21601  
(410) 770-8120  
A modern, "state of the art" facility, the TCDC has a capacity for 148 inmates, handling both pre-trial defendants and post-trial inmates.  
[www.talbotcountymd.gov/index.php?page=Department\\_Corrections](http://www.talbotcountymd.gov/index.php?page=Department_Corrections)

### DEPARTMENT OF EMERGENCY SERVICES

605 Port Street, Easton, MD 21601  
(410) 770-8160  
Services include 911, Emergency Medical, and Emergency Management. CPR classes and Ride Along Program also offered.  
[www.talbotdes.org](http://www.talbotdes.org)

### DEPARTMENT OF SOCIAL SERVICES (DSS)

301 Bay Street, Easton, MD 21601  
(410) 770-4848  
Provides Financial Assistance including Food Stamps, Temporary Cash Assistance, Electronic Benefits System, Temporary Disability, and Child Care Scholarship Program for those who qualify, and apply for Medical Assistance.  
[www.dhr.maryland.gov/local-offices/talbot-county](http://www.dhr.maryland.gov/local-offices/talbot-county)

### DOMESTIC VIOLENCE UNIT - TALBOT COUNTY SHERIFF'S OFFICE

28712 Glebe Rd. Suite #1, Easton, MD 21601  
(410) 822-1020  
The lead agency in Talbot County for the service of Domestic Violence Petitions, Protective Orders, Emergency Evaluation Petitions, and Peace Orders.  
[www.talbotcountymd.gov/index.php?page=Domestic\\_Violence](http://www.talbotcountymd.gov/index.php?page=Domestic_Violence)



## EASTERN SHORE CRISIS RESPONSE SERVICES - AFFILIATED SANTE GROUP

1-888-407-8018

Crisis Hotline is available 24/7, year round, and serves the entire eastern shore. Operators are available to provide support via phone, by telehealth appointments, and dispatched to residen. Mobile crisis services meet you where you are and provide a wide array of services to support the life continuum across the 9 shore counties, and across Maryland. Sante is Maryland's leading crisis support provider.

[www.thesantegroup.org/eastern-shore-crisis](http://www.thesantegroup.org/eastern-shore-crisis)

## EASTON POLICE DEPARTMENT

106 W Dover Street, Easton, MD 21601  
(410) 822-1111

Charged to prevent crime, preserve the peace, protect life and property, detect and arrest violators of the law, and enforce local, state, and federal laws.

[www.eastonmd.gov/196/Police](http://www.eastonmd.gov/196/Police)

## FOR ALL SEASONS, INC. HOTLINE

(410) 820-5600 (English)

(410) 829-6143 (Spanish and Text Line)

24-hour crisis hotline providing counseling, advocacy, and education to victims of rape, sexual assault and abuse, and those in crisis.

[www.forallseasonsinc.org](http://www.forallseasonsinc.org)

## HEALTH DEPARTMENT

100 S. Hanson Street, Easton MD 21601  
(410) 819-5600

Provides Addiction services, Birth/Death Certificates, Cancer Prevention, DDA, Disease Surveillance, Family Planning, Home Based Services, and more!

[www.health.maryland.gov/talbotcounty](http://www.health.maryland.gov/talbotcounty)

## LOCAL CARE TEAM

(443) 366-2511

A family friendly resource team of Talbot County family serving agencies to assist families with children facing behavioral, school, mental health or physical challenges. Email: [talbotlct@talbotfamilynetwork.org](mailto:talbotlct@talbotfamilynetwork.org) for more information.

[www.talbotlct.org](http://www.talbotlct.org)

## LOCATE CHILD CARE

877-261-0060

A service with detailed information on all regulated child care in MD. Trained referral specialists will help you identify care based on personal preferences.

[www.marylandfamilynetwork.org/programs-services/locate](http://www.marylandfamilynetwork.org/programs-services/locate)

## MEDICATION DROP BOX

Dispose of unneeded prescription medications safely, conveniently and anonymously by using Talbot County's free drug disposal service.

Maryland State Police Barrack  
7053 Ocean Gateway, Easton  
Hours: 24 hours/day

## MID-SHORE COUNCIL ON FAMILY VIOLENCE

8626 Brooks Drive, Suite 102, Easton MD, 21601  
(410) 690-3222

A comprehensive domestic violence program which provides support and services to victims in crisis and through their transition to self-sufficiency and independence.

[www.msfcv.org](http://www.msfcv.org)

## MOTOR VEHICLE ADMINISTRATION

9148 Centreville Road, Easton, MD 21601  
410-768-7000

1-800-492-4575 TTY for the Hearing Impaired Driver's License and ID Card Services, Business Kiosk Services, Tag Return, Vehicle Titling and Registration, Disability Placard, Learner's Permits Testing, Commercial and Non-Commercial Driver's Tests, Motorcycle Skills Test, and Insurance Services.

[www.mva.maryland.gov/locations/Pages/easton.aspx](http://www.mva.maryland.gov/locations/Pages/easton.aspx)

## OFFICE OF CHILD SUPPORT

301 Bay Street, Unit 5, Easton, MD 21601

1-800-332-6347; Payment Information: 1-844-324-3855  
Works with both parents to provide the financial, medical and emotional support their children need to grow and thrive.

[www.dhr.maryland.gov/local-offices/talbot-county](http://www.dhr.maryland.gov/local-offices/talbot-county)



## OXFORD POLICE DEPARTMENT

101 Market St, Oxford, MD 21654

(410) 226-5650

Charged to prevent crime, preserve the peace, protect life and property, detect and arrest violators of the law, and enforce local, state, and federal laws.

[www.oxfordmd.net](http://www.oxfordmd.net)

## POISON CONTROL

1-800-222-1222

Poison Control is available 24 hours a day to provide free, expert and confidential guidance and recommendations in a poison emergency.

[www.poison.org](http://www.poison.org)

## POSTPARTUM SUPPORT HOTLINE

1-800-944-4773 (4PPD)

Provides basic information, support and resources for mothers suffering from postpartum depression.

[www.postpartum.net](http://www.postpartum.net)

## RESOURCE GUIDE - BEHAVIORAL HEALTH

Produced by Mid Shore Behavioral Health, Inc.

[www.midshorebehavioralhealth.org](http://www.midshorebehavioralhealth.org)

## RESOURCE GUIDE - HOMELESSNESS

Produced by the local Continuum of Care

[www.midshorebehavioralhealth.org/continuum-of-care-housing-program](http://www.midshorebehavioralhealth.org/continuum-of-care-housing-program)

## RESOURCE GUIDE - REINTEGRATION AND RELOCATION IN RECOVERY

Produced by the Talbot County Addictions Program

[health.maryland.gov/talbotcounty/Pages/home.aspx](http://health.maryland.gov/talbotcounty/Pages/home.aspx)

## SHERIFF'S DEPARTMENT

28712 Glebe Rd. Suite #1, Easton, MD 21601

(410) 822-1020

Under the leadership of the Talbot Sheriff, local deputies carry out the law enforcement in the county.

[www.talbotcountymd.gov/index.php?page=Sheriff](http://www.talbotcountymd.gov/index.php?page=Sheriff)

## ST. MICHAELS POLICE DEPARTMENT

100 S. Fremont Street, St. Michael's, MD 21663

(410) 745-9500

Charged to prevent crime, preserve the peace, protect life and property, detect and arrest violators of the law, and enforce local, state, and federal laws.

[www.townofstmichaels.com/government/town-government/police-department](http://www.townofstmichaels.com/government/town-government/police-department)

## STATE'S ATTORNEY

20 N West St, Easton, MD 21601

(410) 770-8060

The State's Attorney's Office is primarily responsible for the investigation and prosecution of criminal cases at the trial level.

[www.talbotcountymd.gov/index.php?page=States\\_Attorney](http://www.talbotcountymd.gov/index.php?page=States_Attorney)

## SUICIDE HOTLINE

1-800-273-TALK (8255) or 1-800-SUICIDE (784-2433)

Provides counseling for suicide prevention. Chat services also available.

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## TREVOR PROJECT CRISIS LINE

1-866-488-7386

The leading national organization providing crisis intervention and suicide prevention services to LGBTQ persons ages 13-24. Chat and Text services also provided.

[www.thetrevorproject.org](http://www.thetrevorproject.org)

## UNIVERSITY OF MARYLAND SHORE MEDICAL CENTER AT EASTON

219 S. Washington Street, Easton, MD 21601

(410) 822-1000

With 112 licensed beds, and a 20-bed acute inpatient rehabilitation center, UMSSMC at Easton serves primarily Caroline, Dorchester, Queen Anne's and Talbot counties.

[www.umshoreregional.org/about/facilities/easton](http://www.umshoreregional.org/about/facilities/easton)

## VETERANS CRISIS HOTLINE

1-800-273-8255, Press 1

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline. Text and Chat also available.

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)



## CHILD CARE

### CHESAPEAKE CHILD CARE EXCHANGE

Chesapeake College, 1000 College Circle, Wye Mills, MD  
(410) 822-5400 ext. 2339

A community based program that provides training to child care providers and the community in order to improve the quality and accessibility of early childhood education and care for Caroline, Dorchester, Kent, Queen Anne's and Talbot counties.  
[www.childcareexchange.org](http://www.childcareexchange.org)

### CHILD CARE CENTERS IN TALBOT COUNTY

If you're interested in learning more about home child care in Talbot County, you've come to the right place!  
[www.childcarecenter.us/county/talbot\\_md](http://www.childcarecenter.us/county/talbot_md)

### BEST BUDDIES LEARNING CENTER @ THE SHORE INC

8706 Commerce Drive Unit 8, Easton, MD 21601  
(410) 822-2123

Day care instruction providing classes from 6 weeks of age to Pre-K. We believe in a family and child-friendly environment to create a partnership with our families to develop a plan to meet the needs of your child.

<https://bestbuddieslearningcenter.com/>

### CRITCHLOW ADKINS CHILDREN'S CENTERS

All programs operate from 6:45 a.m.-5:30 p.m. CACC is accredited by the Maryland State Department of Education's (MSDE) Early Learning Division and licensed by MSDE's Office of Child Care.  
[www.cacckids.org](http://www.cacckids.org)

#### PRE-SCHOOL SITE

11 Magnolia Street, Easton, MD 21601  
(410) 822-7181

Offers year-round, full day two year old, preschool, and pre-kindergarten programs. In addition, the pre-kindergarten program is MSDE approved as a licensed non-public nursery school program.

#### CORDOVA SITE (PRESCHOOL, PRE-K AND SCHOOL AGE PROGRAMS)

11430 Cordova Road, Cordova, MD 21625  
(410) 822-6293

Offers a year-round, full day preschool program, wrap around pre-kindergarten program, and before and after school programs for children in kindergarten through fifth grade. The program for school age children is offered all day during most school closings and the summer months.

#### ST. MICHAEL'S SITE (PRESCHOOL, PRE-K WRAP AND SCHOOL AGE PROGRAMS)

100 Seymour Avenue, St. Michaels, MD 21663  
(410) 745-5842

Offers year-round, full day two year old, preschool, and wrap around pre-kindergarten programs. A before and after school program is offered for school age children in kindergarten through sixth grade. The program for school age children is offered all day during most school closings and the summer months.

#### EASTON ELEMENTARY - SCHOOL AGE SITE (PRE-K WRAP, SCHOOL AGE PROGRAMS)

307 Glenwood Avenue . Easton, MD 21601  
(410) 829-3534

Offers a wrap around pre-kindergarten program, as well as before and after school programs for children in kindergarten through fifth grade. The program for school age children is offered all day during most school closings and the summer months.

#### WHITE MARSH SITE

4322 Lovers Lane, Trappe, MD 21673  
(410) 829-3274

Offers a before and after school program for children in kindergarten through fifth grade. The program for school age children is offered all day during most school closings and the summer months.

### THE KINDER GARDEN

8701 Brooks Dr, Easton, MD 21601

(410) 820-8440

Provides care for children 18 months to 5 years of age.

[www.kindergardensite.com](http://www.kindergardensite.com)

### KIDZ LEARNING THROUGH PLAY FAMILY DAYCARE, LLC

603 Dutchmans Ln, Easton, MD 21601

(410) 819-0249

Kidz Learning Through Play Family Daycare, LLC believes that our program and services offer developmentally appropriate curriculum and strive to enhance social, emotional, physical, and intellectual growth in young children.

<https://www.kltpfamilydaycarecenter.com/>

### MANOR DISCOVERY CENTER

702 Idlewild Avenue, Easton, MD 21601

(410) 822-5555

Provides a program of total care that includes exploratory learning, personal and social development, and cultural enrichment.

Children 12 months to 5 years. Before- and/or After-school programs and Summer Camp also available.

[www.manordiscovery.com](http://www.manordiscovery.com)

### MID-SHORE EARLY LEARNING CENTER

222 Port Street, Easton, MD 21601

(410) 690-7354

Licensed child care for Infants (6 weeks and up) through School Age (age 12) accredited by MSDE. TCPS provides transportation to and from Easton Elementary School and White Marsh Elementary School.

[www.mselc.org](http://www.mselc.org)

### OFFICE OF CHILD CARE - UPPER SHORE

301 Bay St. Suite 305, Easton, MD 21629

(410) 819-5801

Responsible for licensing and inspecting all child care centers and family child care providers in Maryland and administers Maryland's subsidized child care program for working families and the state's Child Care Credentialing System.

[earlychildhood.marylandpublicschools.org/region-8-upper-shore-office-caroline-dorchester-kent-queen-annes-talbot-counties](http://earlychildhood.marylandpublicschools.org/region-8-upper-shore-office-caroline-dorchester-kent-queen-annes-talbot-counties)

### SHORE UP! HEAD START

Licensed childcare facility for children ages 3 to 5.

Development, social and educational, are our primary focus, which enhances the families ability to also focus on goals and self-sufficiency.

[www.shoreup.org/education/head-start/](http://www.shoreup.org/education/head-start/)

#### EASTON

305 Glenwood Avenue, Easton, MD 21601

(410) 822-6641

#### ST. MICHAELS

100 Seymour Avenue, St. Michaels, MD 21663

(410) 745-2851

### TALBOT COUNTY EARLY HEAD START

215 Bay Street, Suite 1, Easton, MD 21601

(410) 820-6940

Provides services to pregnant women and children 0-3 years of age, to become self-sufficient members of their community by providing education, resources, and opportunities that nurture children, empower parents, and strengthen families.

[www.health.maryland.gov/talbotcounty/Pages/Early-Head-Start.aspx](http://www.health.maryland.gov/talbotcounty/Pages/Early-Head-Start.aspx)

## EARLY CHILDHOOD DEVELOPMENT

### CHILD FIND

12 Magnolia Street, Easton, MD 21601

(410) 822-0330, ext. 139 or ext. 141

Child Find is a process in which children with special needs are identified. Preschoolers and school-age children who have suspected or already identified problems in development may which interfere with their educational progress may be referred.

[www.tcps.k12.md.us/index.php/departments/special-education/child-find](http://www.tcps.k12.md.us/index.php/departments/special-education/child-find)

### HEALTHY FAMILIES MID-SHORE

100 S. Hanson Street, Easton MD 21601

(410) 819-5600; (443) 262-4464

Highly trained Family Support Workers deliver home visiting services to families facing some challenges and offer support services, resources and education for prenatal / postpartum women, fathers, and infants.

[health.maryland.gov/qahealth/community-health/Pages/Healthy-Families-MS.aspx](http://health.maryland.gov/qahealth/community-health/Pages/Healthy-Families-MS.aspx)



### IMAGINATION LIBRARY

410-690-0975

Addresses the very important need to expose children birth to age 5 to a literature and vocabulary rich environment by mailing high quality, age-appropriate books directly to their homes each month at no cost to their families. All preschool-aged children under the age of five, who live in Talbot County are eligible for this program.  
[www.imaginationlibrary.com/usa/affiliate/MDTALBOT/](http://www.imaginationlibrary.com/usa/affiliate/MDTALBOT/)

### INFANTS AND TODDLERS PROGRAM

307 Glenwood Avenue, Easton, MD 21601  
(410) 822-0330

The Talbot County Infants & Toddlers Program provides early intervention services, at no cost to the families, for eligible children, ages birth to three years, with developmental delays.

[www.tcps.k12.md.us/students-and-families/academics/special-education/infant-and-toddlers/](http://www.tcps.k12.md.us/students-and-families/academics/special-education/infant-and-toddlers/)

### PROJECT RIGHT STEPS

P.O. Box 8, Wye Mills, MD 21679  
(410) 822-5400 ext 2321

Project Right Steps provides FREE behavioral consultation for parents and child care providers of young children (infancy through 5 years of age) struggling with challenging behaviors, to help the child be successful in a child care setting or school.

[www.childcareexchange.org/project-right-steps](http://www.childcareexchange.org/project-right-steps)

### TALBOT COUNTY JUDY CENTER PARTNERSHIP

The Easton Judy Center Early Learning Hub  
305 Glenwood Avenue, Easton, MD 21601  
(410) 822-0689

The Judy Center Early Learning Hub  
at St. Michael's Elementary School  
S100 Seymour Ave, St. Michaels, MD 21663

Providing high quality, accredited, full day/full year and wrap around childcare services for children 6 weeks through Kindergarten.

[www.tcps.k12.md.us/students-and-families/academics/judy-center](http://www.tcps.k12.md.us/students-and-families/academics/judy-center)



## SCHOOLS PRE-K - 12

### BENEDICTINE SCHOOL

14299 Benedictine Lane, Ridgely, MD 21660  
(410) 634-2112

A non-graded, twelve-month residential and day school for males and females, ages 5-21, grades K-12 with mild-severe intellectual disabilities, multiple disabilities, and autism.  
[www.benschool.org](http://www.benschool.org)

### CHAPEL DISTRICT ELEMENTARY

11430 Cordova Road, Cordova, MD 21625  
(410) 822-2391

Public School Pre-K-5th  
[www.tcps.k12.md.us/chapel-district-elementary/chapel-district-elementary/](http://www.tcps.k12.md.us/chapel-district-elementary/chapel-district-elementary/)

### CHESAPEAKE CHRISTIAN SCHOOL

1009 N. Washington Street, Easton, MD 21601  
(410) 822-7600

Striving for academic excellence, our K-4 through 12th grade facility offers the traditional classroom setting with an average teacher-student ratio of 1:15. Additional academics opportunities include independent studies, dual enrollment, and internship programs. CCS offers many opportunities to produce well-rounded students with Christian values.  
[www.chesapeakechristian.org](http://www.chesapeakechristian.org)

### CHESAPEAKE COLLEGE

Chesapeake College, P.O. Box 8, Wye Mills, MD 21679  
(410) 822-5400

Offers a range of educational opportunities that combine excellence, convenience, and affordability. Dual enrollment available for high school school students. English Language courses offered.  
[www.chesapeake.edu](http://www.chesapeake.edu)

### COUNTRY SCHOOL

716 Goldsborough Street, Easton, MD 21601  
(410) 822-1935

An independent, coeducational, K-8 school founded in 1934. The Country School's mission is to provide an outstanding academic experience for our students through small classes and individual attention.  
[www.countryschool.org](http://www.countryschool.org)

### EASTON ELEMENTARY

307 Glenwood Ave, Easton, MD 21601  
(410) 822-0686  
Public School, Pre-K-5th  
[www.tcps.k12.md.us/easton-elementary/easton-elementary/](http://www.tcps.k12.md.us/easton-elementary/easton-elementary/)

### EASTON MIDDLE

201 Peachblossom Road, Easton, MD 21601  
(410) 822-2910  
Public School, 6th-8th  
[www.tcps.k12.md.us/easton-middle/easton-middle/](http://www.tcps.k12.md.us/easton-middle/easton-middle/)

### EASTON HIGH

723 Mecklenberg Avenue, Easton, MD 21601  
(410) 822-4180  
Public School, 9th-12th  
[www.tcps.k12.md.us/easton-high/easton-high/](http://www.tcps.k12.md.us/easton-high/easton-high/)

### POLARIS VILLAGE ACADEMY

31 Jowite Street, Easton, MD 21601  
(301) 332-1279  
Polaris Village Academy (PVA) is a tuition-free private school pursuing equitable access to an excellent, joyful, and rigorous education in pursuit of equity and justice for all our Scholars.  
[www.polarisvillageacademy.org](http://www.polarisvillageacademy.org)

### ST. MICHAELS ELEMENTARY

100 Seymour Ave, St. Michaels, MD 21663  
(410) 745-2882  
Public School, Pre-K-5th  
[www.tcps.k12.md.us/st-michaels-elementary/st-michaels-elementary/](http://www.tcps.k12.md.us/st-michaels-elementary/st-michaels-elementary/)

### ST. MICHAELS MIDDLE HIGH

200 Seymour Avenue, St. Michaels, MD 21663  
(410) 745-2852  
Public School, 6th-12th  
[www.tcps.k12.md.us/st-michaels-middle-high/st-michaels-middle-high/](http://www.tcps.k12.md.us/st-michaels-middle-high/st-michaels-middle-high/)



## SAINTS PETER & PAUL SCHOOL

900 High Street, Easton, MD 21601 (Elementary)  
1212 S. Washington Street, Easton, MD 21601 (High)  
(410) 822-2251 (Elementary) / (410) 822-2275 (High)  
SSPP Parish and School is a dynamic Catholic community. Our Parish community is represented by three church and one PreK-12 school and is best described as an inclusive family of individuals that uses God's gifts to be the Face of Christ to others.  
[www.ssppeaston.org](http://www.ssppeaston.org)

## TALBOT COUNTY BOARD OF EDUCATION

Talbot County Education Center  
12 Magnolia Street, Easton, MD 21601  
(410) 822-0330  
The local school board is a critical public link to public schools. Whether elected or appointed, school board members serve their communities in several important ways.  
[www.tcps.k12.md.us/board-of-education](http://www.tcps.k12.md.us/board-of-education)

## TALBOT COUNTY PUBLIC SCHOOLS

12 Magnolia Street, Easton, MD 21601  
(410) 822-0330  
A highly driven team of over 600 educators, leaders, managers and administrators, wholly dedicated to serving eight schools spanning Talbot County.  
[www.tcps.k12.md.us](http://www.tcps.k12.md.us)

## TILGHMAN ELEMENTARY

21374 Foster Avenue, Tilghman, MD 21671  
(410) 886-2391  
Public School, Pre-K-5th  
[www.tcps.k12.md.us/tilghman-elementary/tilghman-elementary/](http://www.tcps.k12.md.us/tilghman-elementary/tilghman-elementary/)

## WHITE MARSH ELEMENTARY

4322 Lovers Lane, Trappe, MD 21673  
(410) 476-3144  
Public School, Pre-K-5th  
[www.tcps.k12.md.us/white-marsh-elementary/white-marsh-elementary/](http://www.tcps.k12.md.us/white-marsh-elementary/white-marsh-elementary/)

## YOUTH DEVELOPMENT

### 4-H YOUTH DEVELOPMENT PROGRAM - UNIVERSITY OF MARYLAND

28577 Mary's Court, Suite 1, Easton, MD 21601  
(410) 822-1244  
All youth ages 5-18 are welcome to participate. Youth choose from a wide range of projects including public speaking, leadership, community service, career education, visual arts, food and nutrition, clothing and textiles, photography, animal and plant sciences, woodworking, and science/technology.  
[www.extension.umd.edu/locations/talbot-county/local-4-h-youth-education](http://www.extension.umd.edu/locations/talbot-county/local-4-h-youth-education)

### BUILDING AFRICAN AMERICAN MINDS (BAAM)

P.O. Box 1066, Easton, MD 21601  
31 Jowite Street, Easton, MD 21601 (Athletic Center)  
(410) 714-3838  
Offers afterschool and summer programming for African American students (boys/girls) in grades 1-5 from Easton Elementary School and for Middle/High School students. We aim to recognize and address socioeconomic barriers that inhibit their ability to learn effectively and provide academic enrichment in a safe, caring, and structured environment. BAAM also has an Athletic Center with a state-of-the-art gymnasium that is open to the general public for basketball, indoor soccer as well as other wellness programming.  
[www.baamboys.com](http://www.baamboys.com)

### EMPOWER ME - TALBOT COUNTY DSS

301 Bay Street, Unit 5, Easton, MD 21601  
(410) 770-5870  
Empower Me is a child abuse prevention program that teaches safety skills to children ages 3-12. There is also a training available for adults to educate them about the Empower Me program.  
[www.dhr.maryland.gov/local-offices/talbot-county](http://www.dhr.maryland.gov/local-offices/talbot-county)



## FOUNDATION OF HOPE

P.O. Box 1604, Easton, MD 21601  
(410) 443-9936

The first program was launched as The Economic Development & Empowerment Plan; today's program which was established to help girls and young women is now known in our community as "Foundation of Hope". The target audience for this program is sixth grade girls across Talbot County. The goal is for participants to envision themselves as viable contributors to the workforce. Some of the topics included in a session may address low self-esteem, bullying, financial literacy or more. For more information, check out our website.

[www.foundationofhopemaryland.org](http://www.foundationofhopemaryland.org)

## TALBOT COUNTY FREE LIBRARY -

100 W. Dover Street, Easton, MD 21601  
(410) 822-1626

106 Fremont Street, St. Michaels, MD 21663  
(410) 745-5877

Offering a wide range of free electronic resources including: downloadable ebooks, audiobooks, magazines, movies, instructor led courses, help with resumes, job searching, homework, scholarships, and more. 40 public access computers with 4 hour limits, free printing for the first 5 pages, free high-speed Wi-Fi inside and outside our buildings available 24/7, and free Wi-Fi hotspots for checkout. Free scanning to email, free study rooms and meeting rooms. and educational programs for all ages. Color printing/photocopies and black and white computer printing for minimal costs. Everyone is welcome!

[www.tcfl.org](http://www.tcfl.org)

## TALBOT FAMILY NETWORK

11 North Washington Street, Easton, MD 21601  
(410) 770-6870

Talbot Family Network concentrates on prevention and early intervention services to children, youth and families in Talbot County. Tasks include planning, developing and monitoring family-oriented, community-based programs that are culturally relevant.

[www.talbotfamilynetwork.org](http://www.talbotfamilynetwork.org)

## TALBOT MENTORS

108 Maryland Ave, Suite 102 and 202, Easton, MD 21601  
(410) 770-5999

Formerly Talbot Mentors & Midshore Scholars, this beneficial group now calls themselves "Talbot Mentors", and continues to do important work providing each youth with the opportunity to develop a relationship with a supportive adult committed to making a difference in the life of a child. The Talbot Mentors' mission is to advocate for our community by identifying and mitigating the systemic barriers to a young person's success through the power of a healthy mentoring relationship. Talbot Mentors empowers young people by building strong, multi-generational mentoring connections, providing academic support, and developing soft skills for lifelong success.

[www.talbotmentors.org](http://www.talbotmentors.org)

## TILGHMAN AREA YOUTH ASSOCIATION

P.O. Box 55, Tilghman, MD 21671  
(505) 750-TAYA (8292)

Provides enrichment for our "tweens" and teens with the goal to connect our children to family and community. TAYA also sponsors summer camps for grades K-6, involving grades 7-12 as assistants.

[www.tilghmanyouth.org](http://www.tilghmanyouth.org)

## UNIVERSITY OF MARYLAND EXTENSION - TALBOT COUNTY

28577 Mary's Court, Suite 1, Easton, MD 21601  
(410) 822-1244

Through nutrition, health and fitness programs, Extension educators enable families to make healthier choices and provides citizens with consultations, fact sheets, community 4-H clubs and programs for youth, workshops, and more.

[www.extension.umd.edu/talbot-county](http://www.extension.umd.edu/talbot-county)

## AFTERSCHOOL

### BUILDING AFRICAN AMERICAN MINDS (BAAM)

P.O. Box 1066, Easton, MD 21601  
31 Jowite Street, Easton, MD 21601 (Athletic Center)  
(410) 714-3838

Offers afterschool and summer programming for African American students (boys/girls) in grades 1-5 from Easton Elementary School and for Middle/High School students.  
[www.baamboys.com](http://www.baamboys.com)



## HEALTHY HABITS PROGRAM - CHESAPEAKE MULTICULTURAL RESOURCE CENTER

331 E Dover Street, Easton MD 21601  
(877) 772-9832

Nutrition classes and meals in the ChesMRC after school program. Open to all age eligible students.  
[www.chesmrc.org](http://www.chesmrc.org)

## ST. MICHAELS COMMUNITY CENTER

103 Railroad Avenue, St. Michaels, MD 21663  
(410) 745-6073

Provides supervised program opportunities for the enrichment of our children and teens, activities and services for senior citizens, and affordable recreational, social, and educational activities to the community residents of all ages regardless of ethnicity gender or economic status.  
[www.stmichaelscc.org](http://www.stmichaelscc.org)

## THE LAB

26 Creamery Lane, Easton, MD 21601  
(443) 336-3218

The LAB offers a safe and supervised environment for students who need to be dropped off before and picked up after regular school hours. They will take part in structured classes, be provided time to work on home work and of course have FUN! Challenge Island STEAM (STEM + Art) enrichment program.  
[www.thelabeaston.com](http://www.thelabeaston.com)

## TILGHMAN AFTER SCHOOL KIDS (TASK)

P.O. Box 55, Tilghman, MD 21671  
(505) 750-TAYA (8292)

Provides after school enrichment programs for our K-5th graders. Programs are open to all area children regardless of their ability to pay.  
[www.tilghmanyouth.org](http://www.tilghmanyouth.org)

## YMCA - EASTON @ PEACHBLOSSOM

202 Peachblossom Road, Easton, MD 21601  
(410) 822-0566

The YMCA offers programs for all ages. Visit [www.ymcachesapeake.org/programs/](http://www.ymcachesapeake.org/programs/) for program information by location. Child Watch available.  
[www.ymcachesapeake.org](http://www.ymcachesapeake.org)

## ADULT EDUCATION

### CHESAPEAKE COLLEGE

(410) 822-5400

Adult Education; Adult Basic Education; Adult High School Diploma Programs; GED/High School Equivalency Test Instruction; ESL; Work Force Training; Computer Training; Skilled Trades Programs; Youth Programs. Many of the GED prep classes are free.

[www.chesapeake.edu/continuing-education](http://www.chesapeake.edu/continuing-education)

### CHESAPEAKE FORUM: AN ACADEMY FOR LIFELONG LEARNING

PO Box 544, Easton, MD 21601  
(410) 829-8652

An intellectual cooperative of lifelong learning, with courses planned, run, and led by dedicated volunteer faculty. Open to everyone who wishes to learn, and welcomes anyone willing to listen and discuss a myriad of topics with an open mind and a respectful curiosity for the views of others.

[www.chesapeakeforum.org](http://www.chesapeakeforum.org)

### REENGAGEMENT COORDINATOR - TCPS STUDENT SERVICES

12 Magnolia St, Easton, MD 21601  
(410) 822-0330

Assistance reconnecting with school or work to Talbot County residents, between the ages of 16 and 24, that are not in school or working.

[www.tcps.k12.md.us](http://www.tcps.k12.md.us)

### RESPONSIBLE FATHERS PROGRAM

331 Laurel Street, Easton MD 21601  
(410) 829-5661

Focuses on promoting a healthy father-child relationship as well as a better working relationship with the mother. Program uses evidence based materials from the National Fatherhood Initiative (NFI). NFI is a leader in fatherhood training, facilitation and curriculum development. Community sessions are held at both the Neighborhood Service Center and Delmarva Community Services, using the 24/7 Dad curriculum. Partners with other community resources to give parents additional wrap-around services. Email [responsiblefathers@outlook.com](mailto:responsiblefathers@outlook.com) for more information.



### TALBOT COUNTY FREE LIBRARY -

100 W. Dover Street, Easton, MD 21601

(410) 822-1626

106 Fremont Street, St. Michaels, MD 21663

(410) 745-5877

Offering a wide range of free electronic resources including: downloadable ebooks, audiobooks, magazines, movies, instructor led courses, help with resumes, job searching, homework, scholarships, and more.

40 public access computers with 4 hour limits, free printing for the first 5 pages, free high-speed Wi-Fi inside and outside our buildings available 24/7, and free Wi-Fi hotspots for checkout. Free scanning to email, free study rooms and meeting rooms. and educational programs for all ages. Color printing/ photocopies at minimal costs. Everyone is welcome!  
[www.tcfl.org](http://www.tcfl.org)

## EMPLOYMENT

### CAREER PATHWAYS - NEIGHBORHOOD SERVICE CENTER

(410) 822-5015

Talbot County residents between the ages of 16 and 24 that are not in school or working are eligible for free employment training. This program will assist Opportunity Youth develop critical employment soft skills and offer training opportunities as they move along their path to achieving their educational and/or employment goals.

### MARYLAND WORKFORCE EXCHANGE

A powerful online job seeker/workforce services system that provides fast access to a complete set of employment tools in one website. It was specifically designed for job seekers, students, case managers, employers, training providers, workforce professionals, and others seeking benefits and services.

Talbot County residents, aged 16-24 who are not currently attending school or working may be eligible for free employment training. This opportunity will assist youth in developing critical employment soft skills as they progress on their path in careers or achieving educational goals. Lorem ipsum  
[mwejobs.maryland.gov](http://mwejobs.maryland.gov)

### UPPER SHORE AMERICAN JOB CENTER

300 Bay Street, Easton, MD 21601

(410) 822-3030

Provides training and career coaching to help you find a great job! Training scholarships are available. Gain new skills at little or no cost! No appointment needed! Training programs are available in healthcare, truck driving, computers, manufacturing, and other areas!  
[www.uppershorejobcenters.com](http://www.uppershorejobcenters.com)

### UPPER SHORE WORKFORCE INVESTMENT BOARD

P.O. Box 8, Wye Mills, MD 21679

(410) 822-1716 ext. 2270

Our mission is to provide Career and Training services that will lead to employment that is relevant and supportive to the local five-county economy. Committed to assisting employers by offering in-demand training options designed to qualify individuals for careers in the region.

[www.uswib.org](http://www.uswib.org)

ESSENTIAL  
needs



# FOOD AND NUTRITION ASSISTANCE

## CAREPACKS OF TALBOT COUNTY

(443) 637-2061

Carepacks is a weekend food program aimed at preventing hunger among Talbot County's most economically vulnerable students. We serve students at ALL Talbot County schools.

## FOOD PANTRIES:

For a current list of food pantries in the Easton and Bay Hundred areas, visit:

[www.feedtalbot.org](http://www.feedtalbot.org)

## FOOD SUPPLEMENT PROGRAM (FOOD STAMPS) - TALBOT COUNTY DSS

301 Bay Street, Easton, MD 21601

(410) 770-4848

The Supplemental Nutrition Assistance Program (SNAP), called the Food Supplement Program (FSP) in Maryland, formerly known as Food Stamps, helps low-income households buy the food they need for good health. Everyone has the right to apply for FSP.

[www.dhr.maryland.gov/food-supplement-program](http://www.dhr.maryland.gov/food-supplement-program)

## MARYLAND FOOD BANK

28500 Owens Branch Road, Salisbury, MD 21803

(410) 742-0050

The Maryland Food Bank Eastern Shore Branch distributes food to eight counties: Caroline, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester.

[www.mdfoodbank.org/locations/eastern-shore-branch](http://www.mdfoodbank.org/locations/eastern-shore-branch)

## MEALS ON WHEELS

400 Brookletts Ave, Easton, MD 21601

(410) 822-2869

Meals on Wheels is a national non-profit volunteer community service providing nutritional home-delivered meals, at cost, to qualified home bound seniors 60 years of age or older. Meals are also provided to disabled individuals unable to prepare or obtain adequate meals.

[www.brooklettsplace.org/meals-on-wheels](http://www.brooklettsplace.org/meals-on-wheels)

## MOM'S MEALS

1-877-508-6667

Mom's Meals is a leading national provider of fresh -made, home-delivered meals and nutrition services for individuals desiring convenience or independent living and for patients recuperating at home or managing a chronic disease.

[www.momsmeals.com](http://www.momsmeals.com)

## MOVABLE FEAST

901 Milton Ave, Baltimore, MD 21205

(410) 327-3420

Moveable Feast provides food to low income residents suffering from life-threatening diseases like AIDS, diabetes and cancer. Moveable Feast serves 15 of the 24 counties in Maryland, including Talbot.

[www.mfeast.org](http://www.mfeast.org)

## TALBOT COUNTY HUNGER COALITION

The Talbot County Hunger Coalition is a network of community members, providers and caring individuals working together with the Talbot Family Network to end hunger and improve access to healthy, nutritious food for our most vulnerable residents.

[www.feedtalbot.org](http://www.feedtalbot.org)

## WOMEN, INFANTS AND CHILDREN (WIC) MID-SHORE

100 S. Hanson Street, Easton, MD 21601

(410) 479-8060 / 1-866-551-2139

WIC is a nutrition and supplemental food program for Women, Infants, and Children. To be eligible a woman has to be pregnant, breastfeeding an infant under one year, or has to have delivered within the past 6 months.

[www.carolinehd.org/wic-midshore](http://www.carolinehd.org/wic-midshore)



## FARMER'S MARKETS

### EASTON FARMER'S MARKET

100 Block of N. Harrison Street, Easton, MD 21601  
Provides a marketplace for farmers and vendors to sustain their local operations, while at the same time offering consumers a venue that fills their whole plate with local produce. Open Saturdays, April through December from 8am to 1pm  
[www.avalonfoundation.org/easton-farmers-market](http://www.avalonfoundation.org/easton-farmers-market)

### HARRIS FARMS

101 Marlboro Avenue, Easton, MD 21601  
Open June through September located at the Easton Bowl parking lot selling fresh produce everyday. Also located at the Easton Farmer's Markets on Saturday mornings.  
[www.harrisfarmsmarket.com](http://www.harrisfarmsmarket.com)

### ST. MICHAELS FARMER'S MARKET

204 S. Talbot Street, St. Michaels, MD 21663  
Open April through November, the market is a Saturday destination for locals, weekenders, and boaters. Farmers offer fresh fruits and vegetables, grass fed meats and pastured eggs, honey, locally roasted coffee, cut flowers, potted plants, and more.  
[www.stmichaelsfarmersmarket.org](http://www.stmichaelsfarmersmarket.org)

## HOUSING AND UTILITY ASSISTANCE

### EMERGENCY ASSISTANCE FOR FAMILIES & CHILDREN (EAFC) - TALBOT COUNTY DSS

301 Bay Street Easton, MD 21601  
(410) 770-4848  
Provides emergency cash assistance to families who need help paying an eviction notice, emergency fuel/heating shortage.  
[www.dhr.maryland.gov/local-offices/talbot-county](http://www.dhr.maryland.gov/local-offices/talbot-county)

### HABITAT FOR HUMANITY CHOPTANK

29349 W. Maple Avenue, Trappe, MD 21673  
(410) 476-3204  
Through financial coaching, education and support, and access to affordable financing, Habitat Choptank provides an opportunity for individuals and families in our communities to purchase a quality construction, energy efficient, affordable home.  
[www.habitatchoptank.org](http://www.habitatchoptank.org)

## MAIN STREET HOUSING

(410) 540-9067 ext. 17

We develop and manage quality, affordable, independent housing for individuals and families living with psychiatric disabilities. Visit our website for an application and qualification guidelines.

[www.mainstreethousing.org](http://www.mainstreethousing.org)

## MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP) - NEIGHBORHOOD SERVICE CENTER

126 Port Street, Easton, MD 21601

(410) 822-5015

Nationally known as the Low Income Home Energy Assistance Program (LIHEAP), MEAP is a federally-funded program that helps low-income households with their home energy bills.

[www.nsctalbotmd.org/programs](http://www.nsctalbotmd.org/programs)

## MARYLAND HOMEOWNER ASSISTANCE FUND

1-877-462-7555

The Maryland Homeowner Assistance Fund will support mortgage relief, weatherization, housing counseling, and legal services.

<http://homeownerassistance.maryland.gov>

## SALVATION ARMY OF THE MID SHORE

200 Washington St. Cambridge, MD 21613

(410) 228-2442

Providing rent, mortgage, and utility assistance.

[salvationarmypotomac.org/cambridge](http://salvationarmypotomac.org/cambridge)

## TALBOT INTERFAITH SHELTER (AND TRANSITIONAL HOUSING)

107 Goldsborough Street, Easton, MD 21601

(410) 690-3120

Provides safe shelter, nutritious meals, and compassionate support to families and individuals who are homeless or on the brink of homelessness; also provides transitional housing to guests ready to move toward self-sufficiency.

[www.talbotinterfaithshelter.org](http://www.talbotinterfaithshelter.org)

## WEBB'S HOPE

36 West Street, Easton, MD 21601

(410) 822-5015

Webb's Hope is Neighborhood Service Center's low-income rental property.

[www.nsctalbotmd.org/webbs-hope](http://www.nsctalbotmd.org/webbs-hope)

## TRANSPORTATION

### BAY COUNTRY TAXI AND TRANSPORTATION COMPANY

218 N Washington St., Ste. 19, Easton, MD 21601

(410) 770-9030

Count on us to provide fast and friendly pick-up and drop-off services at competitive prices.

[www.baycountrytaxi.com](http://www.baycountrytaxi.com)

### BAY RUNNER SHUTTLE SERVICES

547C Riverside Dr, Salisbury, MD 21801

(410) 822-5444, (410)-912-6000

BayRunner Shuttle provides daily, scheduled, high quality transport services for airline passengers traveling from Cambridge, Salisbury, Easton, Kent Island, Ocean Pines and Ocean City to Baltimore-Washington International Airport or the Baltimore Greyhound Bus Terminal.

[www.bayrunnershuttle.com](http://www.bayrunnershuttle.com)

### BEST CARE AMBULANCE INC

29468 Laurwayn Dr., Unit 11, Trappe, MD 21673

(410) 476-3688, (410) 758-1999

Best Care Ambulance, Inc. operates transports from hospital to hospital, rehabilitation centers, nursing homes, doctor offices, residences, and hospital medical appointments. Call for pricing, availability and/or information!

[www.bestcareambulance.net](http://www.bestcareambulance.net)



## DELMARVA COMMUNITY SERVICES

2450 Cambridge Beltway, Cambridge, MD 21613  
(410) 221-1900

MUST is a collaborative public transportation effort between Delmarva Community Transit and Queen Anne's County, County Ride providing fixed route and deviated fixed route services to the general public throughout the Eastern Shore. Special services are available for persons with disabilities or who are unable to use the regional fixed routes. Contact your local transportation provider for trip availability. Door-to-door transportation is available at no cost to veterans who need transportation to mental health appointments. MUST - 866-330-6878

[www.dcsdct.org/transportation--mobility.html](http://www.dcsdct.org/transportation--mobility.html)

### DELMARVA COMMUNITY TRANSIT

- o Dorchester County - 410-221-1910
  - o Caroline County - 410-479-3867
  - o Kent County - 410-778-5187
  - o Talbot County - 410-822-4155
  - o Travel Training Information - 1-866-645-7111
- Queen Anne's County, County Ride - 410-758-2357  
Shore Transit - 443-260-2300  
MTA Commuter Bus - 800-543-9809  
Annapolis Transit - 410-263-7964  
MD Relay #711

## EXECUTIVE TAXI AND TRANSPORTATION SERVICE

(410) 820-TAXI (8294)

Whether you don't have a car or just don't want to drive, our taxi service is the most convenient way to get around.

Our car service offers a safe, reliable, and affordable way to get where you need to go. Call for pricing details.

[www.executivetaxicabservices.com](http://www.executivetaxicabservices.com)

## MEDICAL ASSISTANCE TRANSPORTATION - HEALTH DEPARTMENT

100 South Hanson Street, Easton, MD 21601  
(410) 819-5609

This program provides non-emergency medical appointment transportation for Talbot County Medicaid recipients who have no other means of transportation. Riders must have an active MA number.

<http://health.maryland.gov/talbotcounty/Pages/Transportation.aspx>

## UBER

Daily commute. Errand across town. Early morning flight. Late night drinks. Wherever you're headed, count on Uber for a ride—no reservations required.

[www.uber.com](http://www.uber.com)

## PERSONAL FINANCE

### BAY COUNTRY FINANCIAL SERVICES

8221 Teal Drive, Suite 103, Easton, MD 21601  
(410) 822-0599

With 100 years of combined experience, we're the company to trust for fast, confidential, and flexible financial services. Get secured consumer personal loans and consolidation loans even if you don't have great credit. In addition to this, we offer loans (direct and indirect lending) for new and used automobiles, boats, trailers, RVs, motor-homes and motorcycles.

[www.baycountryfinance.com](http://www.baycountryfinance.com)

### MARINER FINANCE

8223 Elliott Road, Suite 13, Easton MD 21601  
(410) 443-0702

We'll match you with a personal loan near you that meets your immediate needs and helps you realize your long-term dreams. We understand that every borrower, and borrower need, is different. So we take the time get to know you.

[www.marinerfinance.com](http://www.marinerfinance.com)

## COLLEGE ASSISTANCE

### MARYLAND 529 - COLLEGE SAVINGS

217 E. Redwood Street, Suite 1350, Baltimore, MD 21202  
888.4MD.GRAD (463.4723)

Learn how you can invest in your child's future. With a 529 plan, saving for your child's college education is easier than you think, and the sooner you start, the better. It's never too early or too late to start saving for college. And now, up to \$10,000 per year, per beneficiary, may also be used for tuition expenses at a private, public or religious elementary or secondary school.

[www.maryland529.com](http://www.maryland529.com)





### MID-SHORE COMMUNITY FOUNDATION - SCHOLARSHIPS

102 East Dover Street, Easton, MD 21601  
(410) 820-8175

MSCF is committed to helping local students pursue postsecondary education and/or advance their careers. Thanks to the generosity of our donors, we have one of the largest scholarship programs in the region.  
[www.mscf.org/scholarships](http://www.mscf.org/scholarships)

## THRIFT STORES

### GOODWILL INDUSTRIES OF THE CHESAPEAKE

134 N. Washington Street, Easton, MD 21601  
(410) 770-4458

Collects reusable items for resale in their retail stores and uses the return to invest in hardworking individuals seeking stability and financial independence.  
[www.goodwillches.org](http://www.goodwillches.org)

### HABITAT FOR HUMANITY CHOPTANK RESTORE

8610 Commerce Drive, Easton MD 21601  
(410) 820-6186

Donated goods for resale - while every ReStore is a little different, most focus on home improvement goods: furniture, home accessories, building materials and appliances. These donated goods are sold to the general public at a fraction of the retail price to help local affiliates fund their self-help housing program.  
[www.habitatchoptank.org/restore](http://www.habitatchoptank.org/restore)

### ST. MARK'S THRIFT SHOP - ST. MARK'S UNITED METHODIST CHURCH

425 East Dover Street, Easton, MD 21601  
(410) 819-0971

The St. Mark's Thrift Shop serves a diverse community offering quality, second-hand merchandise including clothing, housewares, etc.. The net proceeds from the shop's operation supports St. Mark's Mission Fund and is a primary source of income for the fund.  
[www.stmarkseaston.org/thrift-shop](http://www.stmarkseaston.org/thrift-shop)

### ST. VINCENT DE PAUL - THRIFT STORE

29533 Canvasback Drive, Easton, MD 21601  
(410) 770-4505

Clothing is available for purchase. For people having emergencies such as homelessness or major losses due to fires or accidents, it is available for little or no money. Housewares, furniture, and kids toys also available. ALL proceeds from your clothing purchases help SVdP buy items for our Food Pantry.  
[www.svdpeastonmd.org](http://www.svdpeastonmd.org)

### TREASURE COVE THRIFT SHOP - ST. MICHAELS COMMUNITY CENTER

200 Railroad Ave., St. Michaels, MD 21663  
(410) 745-0669

This quaint resale shop collects donations from area residents and offers them to the public at extremely discounted prices. Even after hours, the Treasure Cove also is available to assist anyone in need of clothing, shoes, household items or furniture—entirely free of charge.  
[www.stmichaelscc.org/treasure-cove-thrift-shop.html](http://www.stmichaelscc.org/treasure-cove-thrift-shop.html)

**HEALTH**  
and wellness



## PERSONAL FITNESS AND WELLNESS

### ANOTHER LEVEL FITNESS - CROSSFIT NATION

411 Needwood Avenue, Easton, MD, 21601  
(410) 324-6945

We are here to empower you to boldly remove obstacles and fearlessly pursue your fitness goals. We have the tools you need to get where you want to be and the coaching staff to get you there, Fitness, Personal Training, and Nutrition Coaching.

[www.anotherlevel.fitness](http://www.anotherlevel.fitness)

### BAY PILATES AND WELLNESS

295 Bay Street, Easton, MD 21601  
(410) 924-0451

Bay Pilates and Wellness in Easton is a boutique fitness studio with a strong commitment towards personalized service and individual attention for those seeking to achieve a healthier lifestyle.

[www.baypilates.com](http://www.baypilates.com)

### COASTAL RETREAT STUDIOS AND WELLNESS

717 Goldsborough Street, Easton, MD 21601 /  
201 Tilghman Street, Oxford, MD 21654  
(410) 829-2998

A healing space and nourishing environment have been created to support your unique mind, body and spirit.

[www.coastal-retreat.com](http://www.coastal-retreat.com)

### CONTINUUM DANCE COMPANY

8626 Brooks Dr. #303, PO Box 3282 Easton MD 21601  
(410) 200-7503

Continuum Dance Co. seeks to provide greater accessibility and opportunities for the community to experience dance. Offering classes for individuals of all ages and backgrounds, our classes nurture creativity, and celebrate physical expression in a relaxed non-judgemental environment.

<https://www.continuumdanceco.com/>

### EASTERN SHORE YOGA

29512 Canvasback Drive, Easton, MD 21601  
(410) 443-3467

We hope to bring the joy and power of yoga to our community - one person at a time.

[www.easternshoreyogamd.com](http://www.easternshoreyogamd.com)

### EASTON FIT 4 LIFE

8859 Mistletoe Dr., Suite C, Easton, MD 21601  
(443) 786-2320

We are a personal training gym specializing in custom training programs for youth sports, strength training, all-around fitness, seniors' balance and flexibility training, and wellness programs for men, women, and youth of all ages.

[www.personaltrainingeaston.com](http://www.personaltrainingeaston.com)

### EVERGREEN - EASTON POINT

770 Port St, Easton, MD 21601  
(410) 819-3395

Our program offerings are wide ranging, encompassing personal and spiritual growth, health and wellness, relationships, creative self expression and more.

[www.evergreeneaston.org](http://www.evergreeneaston.org)

### FITNESS RX

101 Marlboro Ave, Ste 37, Easton, MD 21601  
(443) 385-0506

We offer members a wide range of group classes, personal training, 24/7 access, nutritional education, and all the encouragement they'll ever need.

[www.fitnessrxworkout.com](http://www.fitnessrxworkout.com)

### HEARTHSTONE HEALTH AND FITNESS, INC.

8632-A Commerce Drive, Easton, MD 21601  
(410) 690-3838

A full service fitness, nutrition and wellness center. The staff of fitness trainers, nutrition coaches, and life coaches provides the knowledge and guidance you need to help you look better, feel better, gain more energy, improve your health, perform better in your favorite sport, and breeze through your daily activities.

[www.hearthstonehealthandfitness.com](http://www.hearthstonehealthandfitness.com)

### THE LAB - MARTIAL ARTS AND FITNESS

26 Creamery Lane, Easton, MD 21601  
(443) 336-3218

The LAB is different from the ordinary concept of a traditional Martial Arts facility. The LAB takes each person's physical, mental and personal goals and designs a plan to bring out the very best in them individually.

[www.thelabeaston.com](http://www.thelabeaston.com)

### MID SHORE MARTIAL ARTS

Fitness RX, 101 Marlboro Avenue, #37, Easton, MD 21601  
(443) 385-0506

Mid-Shore Martial Arts offers a number of programs for physical fitness and instruction in martial arts including Kids Karate and Women's Self Defense classes.

[www.facebook.com/midshoremartialarts](http://www.facebook.com/midshoremartialarts)



## MID SHORE DANCE ACADEMY

8221 Teal Dr., #101, Easton, MD 21601

(410) 443-4878

Whether as a recreational hobby or an intensive training program, studying dance benefits children in a wide variety of ways...In this world of instant-everything, preparing for a performance engages the student in long-term memory and planning, skills that are less well-developed in our younger generations.

[www.midshoredance.org](http://www.midshoredance.org)

## PLANET FITNESS

28579 Marlboro Ave, Easton, MD 21601

(410) 441-5624

We strive to create a workout environment where everyone feels accepted and respected. That's why at Planet Fitness we take care to make sure our club is clean and welcoming, our staff is friendly, and our certified trainers are ready to help. Whether you're a first-time gym user or a fitness veteran, you'll always have a home in our Judgement Free Zone.

[www.planetfitness.com/gyms/easton-md](http://www.planetfitness.com/gyms/easton-md)

## YMCA

The YMCA offers programs for all ages.

[www.ymcachesaapeake.org](http://www.ymcachesaapeake.org)

### EASTON FAMILY YMCA @ PEACHBLOSSOM

202 Peachblossom Road Easton, MD 21601

(410) 822-0566

The YMCA offers programs for all ages. Includes Fitness Center, Gymnasium, Cycling Studio, 2 Swimming Pools, Water Exercise Classes, Before & After School Programs, Interactive Fitness Room, Group Exercise Classes, Summer Camps, and much more!

### EASTON FAMILY YMCA @ WASHINGTON

1180 S Washington Street, Easton, MD 21601

(410) 822-1515

The YMCA offers programs for all ages. Includes 4 Indoor Tennis Courts, 3 Outdoor Tennis Courts, Fitness Center, Gymnasium, Cycling Studio, Group Exercise Classes, and much more!

## PERKINS FAMILY YMCA

300 Seymour Avenue, St. Michaels, MD

(410) 745-5963

The YMCA offers programs for all ages. Includes 3 Lane lap pool, Gymnasium, Cardio Classes, Strength Training Classes, Yoga, Pilates, Zumba, and much more!

## PRENATAL/PREGNANCY

### CHOICES FOR LIFE PREGNANCY CENTER

505 Dutchman's Lane, Bldg B1, Easton, MD 21601

(410) 822-3311, 24-Hour Helpline (800) 712-HELP (4357)

Choices Pregnancy Center exists to help women know and understand all their pregnancy options. Services are free, confidential, and professional.

[www.cpcshore.org](http://www.cpcshore.org)

### PLANNED PARENTHOOD OF MARYLAND

8579 Commerce Drive, Easton, MD 21601

(410) 576-1414

Planned Parenthood of Easton offers: Abortion Services, Birth Control, HIV Testing, LGBT Services, Men's Health Care, Morning-After Pill, Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women's Health Care. We accept many insurance plans. If you don't have insurance, affordable coverage options may be available.

[www.plannedparenthood.org/maryland](http://www.plannedparenthood.org/maryland)



# PHYSICAL HEALTH AND FAMILY PRACTICE

## ALCHEMY ACUPUNCTURE AND APOTHECARY

29512 Canvasback Drive, Easton, MD 21601

(443) 362-9355

We are your one stop shoppe for holistic products and services, nestled in a boutique atmosphere offering acupuncture, massage and skin care.

<https://alchemyacupunctureandapothecarywixsite.janeapp.com>

## AUDIOLOGY ASSOCIATES

609 Dutchmans Ln, Easton, MD 21601

(410) 820-9826

Offering Balance & Vestibular Testing, Diagnostic Hearing Evaluations, Hearing Aids Services and Cochlear Implant Evaluations.

[www.aiaaudiology.com/locations/easton](http://www.aiaaudiology.com/locations/easton)

## BAY PEDIATRIC CENTER

606 Dutchman's Lane, Easton, MD 21601

(410) 763-8272

Provides quality, family-centered comprehensive care to all patients from birth through adolescence.

[www.baypeds.com](http://www.baypeds.com)

## BAYSIDE FAMILY PRACTICE, LLC

538 Cynwood Drive, Suite 2, Easton, MD 21601

(410) 763-8999

Family Medicine physicians are trained to manage a large variety of medical problems.

## CHASE BREXTON HEALTH CARE

500 Cadmus La #203, Easton, MD 21601

(410) 837-2050

Our services include: Adult Primary Care, HIV/ Infectious Disease Care, Free, Walk-in HIV Testing, Case Management Services, Same-day Services.

Everyone is welcome. We provide compassionate, state-of-the-art health care to all. We accept most insurance plans, medicare, and medicaid.

[www.chasebrexton.org/locations/easton](http://www.chasebrexton.org/locations/easton)

## CHOPTANK COMMUNITY HEALTH - BAY HUNDRED MEDICAL

933 South Talbot Street, Unit 4, St. Michaels, MD 21663

(410) 745-0200

CCHS is a private, nonprofit community health center providing primary health care services including a full range of primary medical, dental, and behavioral health services. A sliding fee scale is available for any patient without insurance. School-based services at TCPS.

[www.choptankhealth.org](http://www.choptankhealth.org)

## CHOPTANK COMMUNITY HEALTH - EASTON HEALTH CENTER

522 Cynwood Drive, Easton, MD 21601

(410) 770-8910

CCHS is a private, nonprofit community health center providing primary health care services including a full range of primary medical, dental, and behavioral health services. A sliding fee scale is available for any patient without insurance. School-based services at TCPS.

[www.choptankhealth.org](http://www.choptankhealth.org)

## EASTERN SHORE ACUPUNCTURE AND HEALING ARTS

8706 Commerce Drive, Suites 5, Easton, MD 21601

(410) 820-9988

Our caring, non-judgmental approaches to healing the body, mind, and spirit recognizes that acupuncture and Chinese medicine can help your body heal itself and are effective complements to other modalities such as massage, naturopathy, and Western medicine.

[www.easternshoreacupuncture.com](http://www.easternshoreacupuncture.com)

## EASTON ACUPUNCTURE WITH JEN COLEMAN, RN, MAC

21 N Harrison Street, Easton, MD 21601

(410) 310-1599

Offering acupuncture, fire cupping, gua sha, moxa, and smoking cessation program. Acupuncture is an ancient healing approach based on natural laws describing the movement of life in nature and in the body.

[www.eastonacu.com](http://www.eastonacu.com)



### EASTON INTEGRATIVE MEDICINE

129 N West Street, Easton MD 21601

(240) 389-4588

Providing integrative medicine, nutritional support, health coaching, lifestyle medicine, craniosacral therapy and herbal medicine. Focus areas include pain syndromes, autoimmune diseases, cardiovascular diseases, migraines, asthma and eczema.

[www.drkvirdee.com](http://www.drkvirdee.com)

### HAL o WHOLISTICS

933 S. Talbot Street, Suite 14

St. Michaels, Maryland 21663

(410) 253-5310

HALo Wholistics is a unique and wholistic medical clinic.

If you have tried other treatments for pain, fertility, digestive complaints, autoimmune disease, CIRS or other medically complex illnesses and you have not had success, please reach out.

[www.halowholistics.com](http://www.halowholistics.com)

### HEALING ELEMENTS

7 S. Park St, Easton, MD 21601

(410) 690-4831

A person-centered approach to wellness offering Acupuncture and Massage. Accepting insurance for Acupuncture.

[www.facebook.com/healingelementseaston](http://www.facebook.com/healingelementseaston)

### LUMINIS HEALTH EASTON PAVILION (ANNE ARUNDEL MEDICAL CENTER)

28438 Marlboro Ave., Easton, MD 21601

(443) 481-1000

Luminis Health Easton Pavilion features a diagnostic radiology center, lab services, and services to support physical therapy, primary care, breast care, bariatrics, cardiology, pelvic health, and orthopedics.

[www.aahs.org/easton](http://www.aahs.org/easton)

### SHORE INTEGRATIVE HEALTH

508 Idlewild Avenue, Unit 5 Easton, MD 21601

(443) 339-9713

Rebalancing your body does not happen overnight. It takes consistency, lifestyle modifications and ongoing support. Offering support for weight loss, detox, hormone balancing, and other body dysregulations.

[www.shoreintegrativehealth.com](http://www.shoreintegrativehealth.com)

### TALBOT HOSPICE

586 Cynwood Drive, Easton, MD 21601

(410) 822-6681, 24-Hour Access Line (410) 822-2724

Offering hope, compassionate support and services to all members of our community facing end-of-life issues. We provide patient and family care, community education and advocacy while respecting both curative and palliative treatment choices.

[www.talbothospice.org](http://www.talbothospice.org)

### TIDEWATER PHYSICAL THERAPY & REHABILITATION ASSOCIATES, P.A.

406 Marvel Court, Easton, MD 21601

1013 South Talbot Street, St. Michaels, MD 21663

(410) 822-3891 (Easton), (410) 745-3701 (St. Michaels)

Providing a full range of high quality physical rehabilitation choices to area residents.

[www.tidewaterpt.com](http://www.tidewaterpt.com)

### UNIVERSITY OF MARYLAND COMMUNITY MEDICAL GROUP - PEDIATRICS

500 Cadmus Ln #210, Easton, MD 21601

(410) 822-8550

The providers at UM Community Medical Group - Pediatrics offer care to pediatric patients from birth through college, caring for patients in their office locations as well as in the nursery and Pediatric Unit at University of Maryland Shore Medical Center at Easton.

[www.umms.org/shore/locations/smg-pediatrics-easton](http://www.umms.org/shore/locations/smg-pediatrics-easton)

### UNIVERSITY OF MD URGENT CARE

28522 Marlboro Avenue, Suite C, Easton, MD 21601

(443) 746-0086

COVID Testing, Athlete Care, Concussions, Illness Care, Flu Shots, Occupational Health, Pre-op Evals, Sports Physicals, Telemedicine, X-Rays and Labs. Simple payment options available.

[www.umms.org/health-services/urgent-care/locations/easton](http://www.umms.org/health-services/urgent-care/locations/easton)



### WHITE LOTUS HOLISTICS

308 Needwood Ave, Easton, MD 21601

(443) 786-7108

White Lotus Holistics brings you a variety of complementary evidence-based alternatives to enrich your life including Reiki, Craniosacral Therapy, Yoga Classes, Whole Health Wellness education, Coaching, and Meditation training.

[www.whitelotusholistics.com](http://www.whitelotusholistics.com)

### YOUR DOC'S IN

8163 Ocean Gateway, Easton, MD 21601

(877) 222-4934

Whether you have allergies, fever, stomach ache or a broken arm, we can help! Your Doc's In also offers x-rays, drug tests, sports physicals and flu shots.

[www.yourdocsin.com/easton-md](http://www.yourdocsin.com/easton-md)

## HEALTH INSURANCE

### MARYLAND CHILDREN'S HEALTH PROGRAM (MCHP)

(410) 819-5600

MCHP gives full health benefits for children up to age 19. MCHP enrollees obtain care from a variety of Managed Care Organizations (MCOs) through the Maryland HealthChoice Program.

[health.maryland.gov/mmcp/chp](http://health.maryland.gov/mmcp/chp)

### MARYLAND HEALTH CONNECTION

1-855-642-8572

The state's official health insurance marketplace where you can compare and enroll in health insurance, and access financial help to make coverage more affordable.

[www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)



## DENTAL

### ASPEN DENTAL

213 Marlboro Avenue, Easton, MD 21601  
(410) 200-9268

Providing a full range of dental services to help you get the care you need. Aspen Dental believes in providing comprehensive treatment and skilled dental services that address both your short- and long-term dental care needs in an honest, judgment-free environment where it all comes down to great care.  
[www.aspendental.com/dentist/md/easton/13-marlboro-ave](http://www.aspendental.com/dentist/md/easton/13-marlboro-ave)

### CENTERS FOR SPECIALIZED DENTISTRY -JOHN V LOUIS, DMD, LLC

218 Bay Street, Easton, MD 21601  
(410) 820-9599

We understand that all of our patients are unique and deserve the best dental care that reflects their specific needs. We are proud to say, our experienced and talented dental team is committed to working with you to create a comfortable, stress-free, and rewarding dental experience each time you visit the practice..  
[www.cfsd-md.com](http://www.cfsd-md.com)

### CHOPTANK COMMUNITY HEALTH - DENTAL CENTER

933 South Talbot Street, Unit 4, St. Michaels, MD 21663  
(410) 745-0200

Access to care prioritized for Mid-Shore residents who are covered by MA or without insurance; are under 20 years old; women who are pregnant; and patients with medical conditions referred by their PCP for whom dental care is critical to the management of their health condition.

[www.choptankhealth.org](http://www.choptankhealth.org)

### DELAWARE MARYLAND DENTAL

8695 Commerce Drive #4, Easton, MD 21601  
(410) 822-6696

Providing a wide range of dental services, such as teeth whitening, extractions, and root canal therapy. We advocate preventative care and can create a comprehensive treatment plan for you..

[www.demddental.com](http://www.demddental.com)



### DENTAL CHOICE

503 Dutchman's Lane, Suite A, Easton, MD 21601

(410) 822-4310

Providing Dental Implants, Teeth Whitening, Porcelain Veneers, Cosmetic Dentistry, Crowns and Bridges, and preventative care.

[www.dentalchoicееaston.com](http://www.dentalchoicееaston.com)

### DENTISTRY FOR CHILDREN

508-B Cynwood Dr, Easton, MD 21601

(410) 819-0726

Providing the finest in pediatric dental care in a relaxed and enjoyable setting for infants, children, and teens.

[www.dentistryforchildrenmd.com](http://www.dentistryforchildrenmd.com)

### NICHOLAS F. DIBENEDETTO, DDS

604 Dutchmans Lane Ste 1-2, Easton, MD 21601

(410) 822-2212

We strive to provide you and your family with the highest level of dental care and focus on prevention.

[www.dentisteaston.com](http://www.dentisteaston.com)

### EASTERN SHORE SMILE SOLUTIONS

29276 Erickson Drive, Easton, MD 21601

(443) 213-0948 (New Patients)

(443) 213-0984 (Current Patients)

Eastern Shore Smile Solutions offers a full array of dental services to help you maintain healthy teeth.

[www.easternshoresmilesolutions.com](http://www.easternshoresmilesolutions.com)

### EASTON FAMILY DENTAL

127 N West Street, Easton, MD 21601

(410) 820-0230

Offering family and cosmetic dentistry, our dedicated and friendly staff will make the visit to our dental office pleasant and rewarding.

[www.eastonfamilydentist.com](http://www.eastonfamilydentist.com)

### MARGRET QUIMBY, DDS, MAGD

538 Cynwood Drive C, Easton, MD 21601

(410) 770-9590

From whitening to contouring, Margret Quimby, D.D.S. is equipped to handle all your cosmetic dentistry needs. There's a wide range of exciting possibilities for men and women of any age. At our office, you'll get the best modern dentistry has to offer!

[www.drquimbydds.com](http://www.drquimbydds.com)

### SERINO ORTHODONTICS

538 Cynwood Drive, Easton, MD 21601

(410) 822-9411

Offering outstanding orthodontic care for the entire family in a clean, relaxing atmosphere. We offer a wide range of orthodontic treatment to meet the needs and desires of each individual patient.

[www.serinoortho.com](http://www.serinoortho.com)

### SHORE FAMILY DENTISTRY

29466 Pintail Drive #16, Easton, MD 21601

(443) 385-0285

Shore Family Dentistry creates a relaxing environment where we can offer caring attention to each patient with state-of-the-art technologies. Our goal is to improve the smiles of the community, one family at a time.

[www.shorefamilydentistry.com](http://www.shorefamilydentistry.com)

## VISION

### DELMARVA LASER EYE CENTER

405 Marvel Court, Easton, MD 21601

(410) 822-9801

Offering a variety of comprehensive medical and surgical treatments to help restore and maintain your optimal ocular health. We welcome patients from all over the Eastern Shore.

[www.delmarvaeye.com](http://www.delmarvaeye.com)

### EASTON EYE CARE

210 Marlboro Ave, Suite 31, Easton, MD 21601

(410) 822-3937

Providing full service eye care by licensed optometrists offering comprehensive eye exams, emergency visits, contact lens fittings, laser vision and cataract surgery case management, and medical treatment of eye diseases and disorders.

[www.eastoneyecare.net](http://www.eastoneyecare.net)

### JAMES & DYER, M.D. OPHTHALMOLOGY

4 Caulk Lane, Easton, MD 21601

(410) 822-7931

We handle everything from routine eye care to medical eye problems such as cataracts, Glaucoma, and diabetic eye problems. We also accept most insurance plans and payments.

[www.jamesanddyer.com/complete-eye-care](http://www.jamesanddyer.com/complete-eye-care)

### MID SHORE SURGICAL EYE CENTER

8420 Ocean Gateway, Easton, MD 21601

(410) 822-0424

Our offices are well-equipped with cutting edge eye care technology. For the past three decades we have been providing communities on the Eastern Shore with attentive and personalized eye care. At Midshore Surgical Eye Center, it is our personal goal and professional commitment that you and your family receive the highest quality in eye care. We pride ourselves on our experience, state-of-the-art equipment & technology, and commitment to our community. We look forward to serving you and all of your visual needs.

[www.midshoreeye.com](http://www.midshoreeye.com)

### MY EYE DOCTOR

28522 Malboro Ave A, Easton, MD 21601

(410) 690-8844

Optometrists at MyEyeDr. have years of clinical expertise in helping people see clearer through general eye and visual health evaluations. MyEyeDr. has the right fit for you, whether it's glasses or prescription contact lenses.

[www.myeyedr.com/locations/easton](http://www.myeyedr.com/locations/easton)

## BEHAVIORAL HEALTH

### CHANNEL MARKER, INC.

8865 Glebe Park Drive, Unit 1, Easton, MD 21601

(410) 822-4619

A licensed psychiatric rehabilitation program reducing the stigma of mental illness and providing programs to enhance the functioning of individuals with psychiatric disorders. Provides a variety of support services including independent living skills, social skills, coping strategies, and health promotions to clients with serious mental illness such as major depression, bi-polar disorder, mood disorders, ADHD, and schizophrenia, as well as co-occurring substance abuse disorders. Operates day, residential, health home, vocational, clinical group practice, and community support services in for adults, as well as community support services for youth.

[www.channelmarker.org](http://www.channelmarker.org)

### CHESAPEAKE VOYAGERS, INC. (CVI)

607 Dutchman's Lane, Easton, MD 21601

(410) 822-1601

Offers Peer Support to anyone living with behavioral health (mental health and addiction) issues. We offer support groups, individual peer support and social activities geared towards promoting wellness and recovery.

[www.chesapeakevoyagers.org](http://www.chesapeakevoyagers.org)

### CHOPTANK COMMUNITY HEALTH

522 Cynwood Drive, Easton, MD 21601

(410) 770-8910

933 South Talbot Street, Unit 4, St. Michaels, MD, 21663

(410) 745-0200

21374 Foster Ave, Tilghman, MD 21671

Inside Tilghman Elementary

(410) 745-0200

Located on the Eastern Shore of Maryland, Choptank Community Health System, Inc. (CCHS) is a private, non-profit community health center providing primary health care services in Caroline, Dorchester, and Talbot Counties and the surrounding areas.

CCHS health centers provide a full range of primary medical, dental, and behavioral health services. CCHS is a participating provider with most major insurance companies and HMOs.

A sliding fee scale is available for any patient without insurance. As a community health center, CCHS is able to use federal funding to expand current services and develop new programs to meet the health care needs in our area.

School-based services at Easton Elementary, Easton Middle, Easton High, and St. Michaels Middle/High.

<https://www.choptankhealth.org/>

### COMMUNITY BEHAVIORAL HEALTH

8614 Ocean Gateway Easton, MD 21601

(844) 224-5264 ext. 19

We offer collaborative comprehensive services to children, adolescents, and adults. Our services include Medication Evaluation and Management, Skills-based Individual, Family, and Couples Therapy, Addiction Treatment, School-based Mental Health Services, Forensics Mental Health Clinic, Behavioral Health Home, Psychiatric Rehabilitation Program (PRP) services, Intensive Outpatient Programs (IOP), and Transcranial Magnetic Stimulation (TMS).

[www.communitybehavioralhealth.net](http://www.communitybehavioralhealth.net)



### FOR ALL SEASONS, INC.

300 Talbot Street, Easton, MD 21601

(410) 822-1018

English Hotline: (410) 820-5600

Spanish (Español) Hotline and Text line: (410) 829-6143

Provides bilingual (English-Spanish) outpatient behavioral health services, regardless of ability to pay. Mental health services include: Individual, Family & Group Therapy, Adult & Child and Adolescent Psychiatry, Marriage and Couples Counseling, Grief Counseling, Co-Occurring Disorder Treatment, and Urgent Care Services. Our Rape Crisis Center services include: 24 hour Advocacy Response including response to local emergency depts., 24 hour English and Spanish hotlines for victims of sexual assault, sexual abuse and trauma, Crisis Counseling and Support, Case Management, Education and outreach programming. [www.forallseasonsinc.org](http://www.forallseasonsinc.org)

### GREENBROOK TMS NEUROHEALTH CENTER

218 N Washington St, Easton, MD 21601

1-855-940-4867

Provides Transcranial Magnetic Stimulation (TMS) Therapy, an FDA-cleared, non-invasive therapy for the treatment of Major Depressive Disorder and other mental health disorders in the United States. TMS Therapy provides local electromagnetic stimulation to specific brain regions known to be directly associated with mood regulation. [www.greenbrooktms.com](http://www.greenbrooktms.com)



### LIFE'S ENERGY WELLNESS CENTER

8737 Brooks Drive, Suite 108 Easton, MD 21601  
(800) 867-2395

Provides culturally and linguistically appropriate services that include but are not limited to individual, group, and family counseling and education on wellness, recovery and resiliency. These programs may address a variety of needs, including, but not limited to situational stressors, family relations, interpersonal relationships, mental health issues, life span issues, psychiatric illness, and substance use disorders and other addictive behaviors.  
[www.lewcinc.org](http://www.lewcinc.org)

### MARYLAND COALITION OF FAMILIES

(410) 730-8267

Our trained staff, who themselves have cared for a loved one with mental health, substance use or gambling issues will work one-on-one to help you understand the services available in your community and how to access them. Visit our website for a list of Peer Support Specialists on the Eastern Shore!  
[www.mdcoalition.org](http://www.mdcoalition.org)

### MID SHORE BEHAVIORAL HEALTH, INC.

28578 Mary's Court, Suite 1, Easton, MD 21601  
(410) 770-4801

Although we are NOT a treatment provider, our purpose is to develop a full array of quality, accessible behavioral health services, resources and supports throughout our rural region. We provide education and guidance to consumers, family members, providers and community leaders about behavioral health. Please visit our website for our Behavioral Health Resource Guide for the Mid Shore region, as well as more information on our services and programs including housing, behavioral health evaluations for the criminally involved, consumer support funding, population-based workgroups, and much more.  
[www.midshorebehavioralhealth.org](http://www.midshorebehavioralhealth.org)

### NEW DAY NEW START

29520-200 Canvasback Drive, 2nd Floor  
Easton, MD 21601  
(443) 815-3941

Provide comprehensive, holistic and recovery services to adolescents, children, and adults by providing education and person-centered care in a culturally competent manner.  
[www.newdaynewstart.com/](http://www.newdaynewstart.com/)

### PEACE OF MIND MENTAL HEALTH SERVICES, LLC

29315 Erikson Drive, Easton, MD 21601  
(410) 690-8181

Serving children, teens, adults, and the elderly, we provide the following services: Individual Therapy, Couples Counseling, Family Therapy, Group Therapy, Social Skills, Adult Wellness, Women's Trauma Group, Assessments for bariatric surgery, organ transplants, and other medical procedures. Types of treatment available at our practice include but limited to: CBT, DBT, ACT, Emotionally Focused Treatment, Trauma-Informed Care, Trauma-Focused CBT, EMDR, play therapy, and medication management. Accepts most insurances.  
[www.peaceofmindmhs.com](http://www.peaceofmindmhs.com)

### TALBOT HOSPICE BEREAVEMENT CENTER

586 Cynwood Drive, Easton, MD 21601  
(410) 822-6681

Offering individual and family consultation, as well as a number of support groups that meet on a regular basis. Our services are offered without charge and there is no requirement for your loved one to have been a hospice patient. We offer our bereavement services to anyone, regardless of county of residence. Talking with others who are experienced with loss and grief can be helpful.  
[www.talbothospice.org/programs/berereavement](http://www.talbothospice.org/programs/berereavement)

## SUBSTANCE USE RECOVERY AND EDUCATION

### AL-ANON MARYLAND

1-888-425-2666 (888-4AL-ANON)

Al-Anon is a worldwide organization that offers a program of recovery for families and friends of alcoholics, whether or not the alcoholic seeks help or even recognizes the existence of a drinking problem. Members give and receive comfort and understanding through sharing experience, strength and hope. No dues or fees. No appointments - walk in and attend a meeting. See website for meeting information.  
[www.al-anon.org](http://www.al-anon.org)

## ALCOHOLICS ANONYMOUS - MID-SHORE INTERGROUP

114 N. Washington Street, Suite 8, Easton, MD 21601  
(410) 822-4226

The primary purpose of Mid-Shore Intergroup is to be sure help is available when a still-suffering alcoholic requests it. Sometimes a person will call for information, and sometimes they just show up. Like the regular A.A. groups, our primary purpose is to carry the message of Alcoholics Anonymous. The only requirement of membership is the desire to stop drinking. No dues or fees.

[www.midshoreintergroup.org](http://www.midshoreintergroup.org)

## CHESAPEAKE TREATMENT SERVICES

402 Marvel Court, Easton, MD 21601  
(410) 822-7150, After Hours: (443) 736-6777

Chesapeake Treatment Services' clinics are dedicated to the recovery of individuals struggling with opioid addiction. We will offer Suboxone and daily doses of methadone. We provide affordable care in a respectful and welcoming environment for individuals who are suffering with the disease of addiction.

[www.chesapeake treatmentservices.com](http://www.chesapeake treatmentservices.com)

## CHESAPEAKE VOYAGERS, INC (CVI)

607 Dutchman's Lane, Easton, MD 21601  
(410) 822-1601

CVI offers Peer Support to anyone living with behavioral health (mental health and addiction) issues. We offer support groups, individual peer support and social activities geared towards promoting wellness and recovery. Whether you're just looking for guidance through a difficult situation or you're looking to empower yourself and head in a new direction in life, we can help you achieve your goals.

[www.chesapeakevoyagers.org](http://www.chesapeakevoyagers.org)

## FAMILY AND FRIENDS OF SMART RECOVERY

9249 High Banks Drive, Easton, MD 21601  
(410) 310-8299

Provides support and tools for people who are affected by the addictive behavior of someone close to them. The program aims to help participants develop more effective coping strategies and find a greater sense of fulfillment in their own lives. Self-Management And Recovery Training (SMART) is a global community of mutual-support groups. At meetings, participants help one another resolve problems with any addiction (to drugs or alcohol or to activities such as gambling or over-eating).

[www.smartrecovery.org](http://www.smartrecovery.org)

## FOUNDATIONS RECOVERY HOUSE

(240) 626-4933

Foundations Recovery House located in Easton provides a stable, structured, supportive environment for women learning to live life free from substance abuse.

[www.foundationsrecoveryhouse.com](http://www.foundationsrecoveryhouse.com)

## GRACE STREET

(240) 626-4933

Grace Street is recovery community organization (RCO) dedicated to saving lives and fostering healing for anyone affected by substance use disorder. Our peers help identify needs and barriers, then work toward addressing those gaps to create and sustain healthy, stable lives.

<https://www.gracestreetrecovery.org/>

## THE GRATITUDE HOUSE

(410) 924-4513, (443) 618-0296  
214 Davis Avenue, Easton, MD 21601

The Gratitude House is recovery residences for men and women. We are M-SARR and M-CORR certified. We are a program of total abstinence based on the 12-steps of recovery in a caring, family atmosphere.

[www.thegratitudehouse.info](http://www.thegratitudehouse.info)

## MID SHORE OPIOID MISUSE PREVENTION PROGRAM (OMPP)

Text IWIK to 71441

This is a website with conversations, resources, and media tools specific to the Mid Shore of Maryland - Dorchester, Talbot, Caroline, Queen Anne's, and Kent Counties - around the opioid crisis underway nationwide.

[www.iwishiknewmidshore.org](http://www.iwishiknewmidshore.org)



### MID-SHORE RESTORING H.O.P.E. IN WOMEN

12400 River Rd, Ridgely, MD 21660  
(410) 310-9842

Mid-Shore Restoring HOPE in Women will provide the network resources to get help from addiction. Afterwards we will provide GED, Job Training, Celebrate Recovery Programs, Counseling, Sponsorship and a Loving Church Family.

[www.restoringhopeinwomen.org](http://www.restoringhopeinwomen.org)

### NARCOTICS ANONYMOUS - EAST OF THE BAY NA

1-800-317-3222

We offer recovery from the effects of addiction through working a twelve-step program. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Membership is free, and we have no affiliation with any organizations outside of NA.

[www.eastofthebayna.org](http://www.eastofthebayna.org)

### RISING ABOVE DISEASE

29242 W. Kennedy St, Easton, MD 21601  
(410) 725-7028

We are dedicated to assisting and encouraging women on their journey in recovery from addiction. We provide the most basic of human needs, a roof over their heads, a comfortable bed, a clean shower and the comfort of other women who want to help. We provide assistance in obtaining medical care, dental care and mental health services.

[www.risingabovedisease.com](http://www.risingabovedisease.com)

### SMOKING CESSATION AND TOBACCO EDUCATION - TC HEALTH DEPARTMENT

100 S. Hanson St, Easton MD, 21629  
(410) 819-5600

Our smoking cessation program is FREE to Talbot County residents, regardless of income or insurance. Cessation medications, including Chantix, bupropion, nicotine patches, gum, and lozenges are offered FREE to those with consent from a physician.

[health.maryland.gov/talbotcounty/Pages/SmokeCess.aspx](http://health.maryland.gov/talbotcounty/Pages/SmokeCess.aspx)

## TALBOT COUNTY ADDICTIONS PROGRAM

100 South Hanson Street, Easton, MD 21601

(410) 819-5602

TCAP provides care coordination services and peer recovery support to adults and their families who are experiencing problems with alcohol and/or other drugs. TCAP provides screenings and referrals for addiction services, as well as assistance with the Medicaid and Health Choice insurance application process for those who qualify. NARCAN PROGRAM - Narcan is a drug that reverses an overdose caused by the use of Opioids, including prescription medications and heroin. The Health Department (TCHD) provides training for individuals and organizations who are interested in administering this lifesaving drug. Call 410-819-5600 to register or for more information about the program. [health.maryland.gov/talbotcounty/Addictions/Pages/Home.aspx](http://health.maryland.gov/talbotcounty/Addictions/Pages/Home.aspx)

## TALBOT GOES PURPLE

Talbot Goes Purple is a substance abuse awareness program that engages our community and youth to stand against substance abuse.

[www.talbotgoespurple.org](http://www.talbotgoespurple.org)

## SERVICES FOR PEOPLE WITH DISABILITIES

### BAY AREA CENTER FOR INDEPENDENT LIVING, INC. (BACIL)

909 Progress Circle, Suite 300, Salisbury, MD 21804  
(443) 260-0822

Information and assistance to support individuals with disabilities to live, learn, work and participate in their community activities. An array of services to support independent living, including peer mentoring, assistive technology, benefits counseling, advocacy, skills training, job readiness, and transitioning support.

Main Office: Salisbury; Satellite offices: Caroline, Dorchester, Kent, Queen Anne's and Talbot Counties

[www.bayareacil.org](http://www.bayareacil.org)

## BENEDICTINE SCHOOL

14299 Benedictine Lane, Ridgely, MD 21660

(410) 634-2112

A non-graded, twelve-month residential and day school for males and females, ages 5-21, grades K-12 with mild-severe intellectual disabilities, multiple disabilities, and autism.

[www.benschool.org](http://www.benschool.org)

## CHESAPEAKE CENTER, INC.

713 Dover Road, Easton, MD 21601

(410) 822-4122

Provides Vocational Training so employees with disabilities can earn a paycheck for work performed. Many vocational consumers live in residences owned and operated by Chesapeake Center. Living with 3 to 8 other adults, Group Home residents learn how to take care of themselves and their house. Drop-in Support Services by trained staff. Respite Care is also available.

[www.chesapeakecenter.org](http://www.chesapeakecenter.org)

## CHILD FIND

12 Magnolia Street, Easton, MD 21601

(410) 822-0330, ext. 139 or ext. 141

Child Find is a process in which children with special needs are identified. Preschoolers and school-age children who have suspected or already identified problems in development which interfere with their educational progress may be referred.

[www.tcps.k12.md.us/students-and-families/academics/special-education/child-find/](http://www.tcps.k12.md.us/students-and-families/academics/special-education/child-find/)

## DEVELOPMENTAL DISABILITIES RESOURCE COORDINATION

100 S. Hanson Street, Easton, MD 21601

(410) 819-5600; After Hours: (443) 890-9912

The Developmental Disabilities Program/Resource Coordination is the local link to the Developmental Disabilities Administration. This program is designed to assist individuals with disabilities by processing eligibility for DDA, to identify appropriate services and resources, to obtain needed services, and to enable them to gain as much independence as possible in their lives.

[health.maryland.gov/DDA/pages/home.aspx](http://health.maryland.gov/DDA/pages/home.aspx)



## DISABILITY RIGHTS MARYLAND

1500 Union Avenue, Suite 2000, Baltimore, MD 21211  
(410) 727-6352; Toll Free 1-(800) 233-7201

We provide free legal services to Marylanders of any age with all types of disabilities (developmental, intellectual, psychiatric, physical, sensory, learning, traumatic brain injury), who live in facilities, in the community or who are homeless.

[www.disabilityrightsmd.org](http://www.disabilityrightsmd.org)

## DIVISION OF REHABILITATION SERVICES (DORS)

8737 Brooks Drive, Suite 106, Easton, MD 21601  
(410) 770-4646

DORS helps people with physical, emotional, intellectual, developmental, sensory and learning disabilities go to work and keep their jobs by providing services such as career assessment and counseling, assistive technology, job training, higher education and job placement.

[www.dors.maryland.gov](http://www.dors.maryland.gov)

## FAMILY SUPPORT AND RESOURCE CENTER

12 Magnolia Street, Easton, MD 21601  
(410) 822-0330 ext.179

School Liaison for families with children with disabilities to assist them in navigating the Special Education process and accessing general resources.

[www.tcps.k12.md.us/students-and-families/academics/special-education/family-support-resource-center/](http://www.tcps.k12.md.us/students-and-families/academics/special-education/family-support-resource-center/)

## INFANTS AND TODDLERS PROGRAM

307 Glenwood Avenue, Easton, MD 21601  
(410) 822-0330

The Talbot County Infants & Toddlers Program provides early intervention services, at no cost to the families, for eligible children, ages birth to three years, with developmental delays.

[www.tcps.k12.md.us/students-and-families/academics/special-education/infant-and-toddlers/](http://www.tcps.k12.md.us/students-and-families/academics/special-education/infant-and-toddlers/)

## MEDICAL ASSISTANCE PERSONAL CARE PROGRAM - HEALTH DEPARTMENT UPPER SHORE

S Hanson St, Easton, MD 21601  
(410) 819-5640

Helps individuals who have a chronic illness, medical condition, or disability remain in their homes. Services provided assist individuals with basic domestic activities of daily living. Services provided: Community Options Waiver, Community First Choice (CFC), Community Personal Assistance Services (CPAS). These programs work hand-in-hand to provide community services and supports.

[health.maryland.gov/talbotcounty/Pages/MAPC.aspx](http://health.maryland.gov/talbotcounty/Pages/MAPC.aspx)

## POSITIVE STRIDES THERAPEUTIC RIDING CENTER

TimberGrove Farm  
6292 Statum Road, Preston, MD 21655  
(443) 239-4953

Positive Strides provides physical and emotional therapy to individuals using horses. Our curriculum is adjusted to the individual needs or requirements and/or capabilities of our clients. Our goal is not to turn out great equestrians, but to build confidence, self-esteem and a sense of accomplishment.

[www.positivestridescenter.org](http://www.positivestridescenter.org)

## SPECIAL OLYMPICS MARYLAND

(301) 343-3113

Provides year-round sports training and athletic competition in a variety of Olympic-type sports for citizens with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympic athletes and the community.

[www.somd.org/sous](http://www.somd.org/sous)





### THE ARC - EASTERN SHORE OFFICE

18 N. Hanson Street, Easton, MD 21601

(410) 269-1883

The largest community-based organization advocating for and serving children and adults with intellectual disabilities and their families within the Chesapeake Region. Our dedicated staff works on the front-lines providing life changing interventions, grants, services and programs to individuals throughout their lifetimes.

[www.thearcccr.org](http://www.thearcccr.org)

### THE LEARNING CONNECTIONS: LEARNING CONSULTANT & ADHD COACH

(410) 829-9561

Beverly Rohman is a Learning Consultant and Board-Certified ADHD Coach dedicated to assisting, encouraging and providing support for individuals and families who struggle with Attention Deficit Hyperactivity Disorder (ADHD) and other learning differences.

[www.thelearningconnections.net](http://www.thelearningconnections.net)

### THE PARENTS' PLACE OF MARYLAND

(800) 394-5694

The Parents' Place of Maryland began in 1990 as a grass-roots effort of families, professionals, and community leaders determined to provide resources, support, and information to parents of children with disabilities and special health care needs. Our philosophy of "families helping families" reflects our commitment to supporting families of diverse backgrounds. Today, the Parents' Place offers a variety of programs and services that continue to support families of children with disabilities and special health care needs. Parents' Place, staffed primarily by parents who have faced these challenges, believes that experienced parents are a key source of knowledge and support to help other families become effective voices for their own children. Explore our website for programs, services, and resources.

[www.ppmd.org](http://www.ppmd.org)

COMMUNITY



## RESOURCE CENTERS

### NEIGHBORHOOD SERVICE CENTER

126 Port Street, Easton, MD 21601  
(410) 822- 5015

Services include emergency food pantry, electric service program, rental allowance program, energy and emergency assistance programs, representative payee program, on the job training for homeless individuals, and rapid rehousing program.

[www.nsctalbotmd.org](http://www.nsctalbotmd.org)

### CHESAPEAKE MULTICULTURAL RESOURCE CENTER

331 E. Dover Street, Easton MD 21601  
(877) 772-9832

Services include legal, immigration, health, education, employment, counseling, translation, recreation, family support, citizenship, school enrollment, health education and outreach.

[www.chesmrc.org](http://www.chesmrc.org)

### ST. VINCENT DE PAUL SOCIETY

29533 Canvasback Drive, Easton, MD 21601  
(410) 770-4505

Services include: free and low cost food to those who know hunger, emergency payments for utilities, rent, mortgage to maintain a viable life, emergency shelter-temporary housing for the homeless, furniture and household goods to provide a comfortable place to live, Clothing - free and low cost clothes for the disadvantaged.

[www.svdpeastonmd.org](http://www.svdpeastonmd.org)

## LEGAL / MEDIATION SERVICES

### CASA OF THE MID-SHORE

1 S. Washington Street, Suite 2, Easton, MD 21601  
(410) 822-2866

Advocates for children who are under the protection of the circuit court because of abuse, neglect or abandonment. Court Appointed Special Advocates (CASAs) are officers of the court and, as such, are ordered to make assessments and recommendations to the judge regarding the best interest of the child to whom they are appointed.

[www.casamidshore.org](http://www.casamidshore.org)

### CIRCUIT COURT OF TALBOT COUNTY

Court House: 11 N. Washington Street, Easton, MD 21601  
(410) 822-2611

Files, processes and maintains civil, criminal and juvenile actions. The Clerk also commissions Notaries Public. Family Service Programs including co-parenting seminars, supervised parent-child time, and Pro Se Litigants Family Law.

[www.courts.state.md.us/clerks/talbot](http://www.courts.state.md.us/clerks/talbot)

### DISTRICT COURT OF TALBOT COUNTY

108 W. Dover Street, Easton, MD 21601  
(410) 819-5850

Toll-free Number (In-state only) 1-800-941-2195

The District Court hears landlord/tenant cases, replevin actions, traffic violations, criminal cases classified as misdemeanors and certain felonies, and civil cases in the amount of \$30,000 or less. The District Court does not conduct jury trials.

[mdcourts.gov/district/directories/talbot](http://mdcourts.gov/district/directories/talbot)

### MARYLAND LEGAL AID BUREAU UPPER EASTERN SHORE

106 N. Washington St., Suite 101, Easton, MD 21601  
(410) 763-9676

A non-profit law firm which provides free legal assistance. Helps with most civil (non-criminal) legal problems. Categories include the following issues: family and domestic, children in need of supervision, housing problems, public benefits, consumer problems and institutional problems.

[www.mdlab.org](http://www.mdlab.org)

### MID SHORE COMMUNITY MEDIATION CENTER

8626 Brooks Drive, Suite 204, Easton, MD 21601  
(410) 820-5553

Mediation is a voluntary and confidential problem-solving process where non-judgmental mediators help people develop solutions to their conflict. Community mediators guide participants through a process that helps identify problems, generate solutions and create agreements acceptable to all. In addition to mediation, we offer group meeting facilitation and conflict management workshops.

[www.midshoremiation.org](http://www.midshoremiation.org)



## SHORE LEGAL ACCESS

499 Idlewild Ave, Suite 102, Easton, MD 21601

(410) 690-8128

Shore Legal's mission is to provide access to free legal services and is committed to strengthening the communities of Maryland's Mid-Shore by offering resolution to a variety of civil issues.

<https://shorelegal.org/>

## REGISTER OF WILLS

11 North Washington Street, Easton, MD 21601

(410) 770-6700

The Register of Wills is responsible for appointing personal representatives to administer decedents' estates and for overseeing the proper and timely administration of these proceedings.

[www.registers.maryland.gov/main/talbot.html](http://www.registers.maryland.gov/main/talbot.html)

## TALBOT TEEN COURT

The Talbot County Sheriff's Office's Teen Court is a voluntary diversion program that allows first-time juvenile misdemeanor offenders to be judged by a jury of peers. The program is open to all Talbot County residents ages 13-17. Student volunteers (non-offenders) are eligible for student service learning hours through Talbot County Public Schools.

[www.talbotteencourt.org](http://www.talbotteencourt.org)

## ARTS

### ACADEMY ART MUSEUM

106 South Street, Easton, MD 21601

(410) 822-2787

With ample exhibition space and art-making studios, AAM offers visitors of all ages opportunities to look closely at art, experiment in making it, and get inspired by talks, tours, and performances. Free admission daily.

[www.academyartmuseum.org](http://www.academyartmuseum.org)

### ALLEGRO ACADEMY

114 North Washington St, Easton, MD 21601

(410) 603-8361

Allegro Academy is a small non-profit music conservatory in Easton with the ambition of inspiring a lifelong appreciation for the joy of music. Connecting musicians of all ages – from beginner, intermediate, and advanced students to the best local and international artists – through workshops, lessons, ensembles, and public instrumental and choral performances to enrich the lives of musicians and enthusiasts of all ages and incomes in our community.

[www.allegroacademyeaston.com](http://www.allegroacademyeaston.com)



## AVALON FOUNDATION

40 E. Dover Street, Easton, MD 21601

(410) 822-0345

Musical performances, stand-up comedy, opera, theatrical performances and musicals, showcases for local talent, kids' summer camps and educational performers are the core of our repertoire.

[www.avalonfoundation.org](http://www.avalonfoundation.org)

## BOARD AND BRUSH

314 N. Aurora Street, Suite A, Easton, MD 21601

(410) 690-7545

Our goal is to turn you into a "DIY master" by educating you to understand and appreciate the beauty of raw materials—the wood, the knots, the color variations and the simple imperfections that will make your project unique. Distressing, sanding with the grain, and staining are a few of the important steps we will guide you through to make your personalized wood sign look as though it has been with you for years—like a vintage heirloom. Private parties, corporate events, and kids workshops available.

[www.boardandbrush.com/eastonmd](http://www.boardandbrush.com/eastonmd)

## KILN BORN CREATIONS

114 S. Washington St. Suite 106, Easton, MD 21601

(410) 770-9091

A paint your own pottery studio offering a variety of services including pottery painting, glass fusing, canvas painting, and hand-building raw clay.

[www.kilnborncreations.com](http://www.kilnborncreations.com)

## RECREATION

### ADKINS ARBORETUM

12610 Eveland Road, Ridgely, MD  
(410) 634-2847

A 400-acre preserve and educational center dedicated to promoting the appreciation and conservation of the region's native plants. Located 15 miles north east of Easton in Ridgely.  
[www.adkinsarboretum.org](http://www.adkinsarboretum.org)

### CHESAPEAKE BAY MARITIME MUSEUM

213 North Talbot Street, St. Michaels, MD 21663  
(410) 745-2916

The Museum in St. Michaels, Maryland, is a world-class maritime museum dedicated to preserving and exploring the history, environment and people of the entire Chesapeake Bay. FREE – Active Military, Children (ages five and under), and CBMM Members  
\*\*Visit CBMM for a minimal fee of \$3 per person for up to four people with the presentation of an Electronic Benefits Transfer (EBT) card and photo ID.  
[www.cbmm.org](http://www.cbmm.org)

### EASTON BOWL

103 Marlboro Road, P.O. Box 206, Easton, MD 21601  
(410) 822-3426

Bowling and arcade for the whole family. Book a private room for your next event, party, or fundraiser.  
[www.eastonbowl.com](http://www.eastonbowl.com)

### EASTON CYCLE AND SPORTS

723 Goldsborough Street, Easton, MD 21601  
(410) 822-7433

From bikes to kayaks, stand-up paddleboards, or even a Hobie Cat sailboat, and all the equipment and accessories for a safe and comfortable outing. You can even have it all delivered to you. Rental rates available online.  
[www.eastoncycleandsport.com](http://www.eastoncycleandsport.com)

### EASTON PREMIER CINEMAS

Tred Avon Plaza, 210 Marlboro Avenue, Easton, MD 21601  
(410) 822-9950  
Local family movie theater. Handicapped accessible.  
[www.flagshipcinemas.com/easton/](http://www.flagshipcinemas.com/easton/)

### OXFORD COMMUNITY CENTER

200 Oxford Road, Oxford, MD 21654  
(410) 226-5904

The Oxford Community Center (OCC) serves as a cultural activities center and meeting place. OCC provides to residents and visitors alike a year-round schedule of social, cultural, and recreational programs and events.  
[www.oxfordcc.org](http://www.oxfordcc.org)

### PHILLIPS WHARF ENVIRONMENTAL CENTER

(410) 886-9200

Phillips Wharf Environmental Center is a non-profit organization created to provide a hands-on experience and education with the animals and plants that inhabit the Chesapeake Bay region.  
[www.phillipswharf.org](http://www.phillipswharf.org)

### PICKERING CREEK AUDUBON CENTER

11450 Audubon Lane, Easton, MD 21601  
(410) 822-4903

Explore, restore, volunteer, enjoy our 400-acre working farm on the Eastern Shore of Maryland situated next to the tidal Pickering Creek. Many trails and activities available as well as programs for children and youth.  
[www.pickeringcreek.audubon.org](http://www.pickeringcreek.audubon.org)

### PORTALS GAMES AND COMICS

415A E Dover Street, Easton, MD 21601  
(410) 800-8787

We deal in comics, tabletop games, and more. Our location is half play space and the other half retail.  
[www.portalsshop.com](http://www.portalsshop.com)

### SHORE PEDAL AND PADDLE

500 South Talbot Street, St. Michaels, MD  
(410) 745-2320

Bicycle, Kayak and Stand up paddleboard rentals, sales, tours and instruction. We have a floating dock in St. Michaels Marina and a kayak launch down the street on San Domingo Creek. We rent by the hour, 1/2 day, full day and weekly. Our season is April 1st - October 31st.  
[www.shorepedalandpaddle.com](http://www.shorepedalandpaddle.com)





## UNIVERSITY OF MARYLAND EXTENSION - TALBOT COUNTY

28577 Mary's Court, Suite 1, Easton, MD 21601  
(410) 822-1244

We are a local service to residents of Talbot County who are looking for educational programs in many topics that relate to agriculture, the Chesapeake Bay, youth programs, gardening, nutrition, health, the environment, and more... We achieve our mission by providing citizens with consultations, fact sheets, community 4-H clubs and programs for youth, workshops, courses, and newsletters.  
[www.extension.umd.edu/talbot-county](http://www.extension.umd.edu/talbot-county)

### ST. MICHAELS COMMUNITY CENTER

103 Railroad Avenue, St. Michaels, MD 21663  
(410) 745-6073

Provides supervised program opportunities for the enrichment of our children and teens, activities and services for senior citizens, and affordable recreational, social, and educational activities to the community residents of all ages regardless of ethnicity gender or economic status.

[www.stmichaelscc.org](http://www.stmichaelscc.org)

### TALBOT COUNTY HISTORICAL SOCIETY

30 S Washington Street, Easton, MD 21601  
(410) 822-0773

Providing educational opportunities to the citizens of our county so they may learn from the past and use that knowledge to build a future that preserves Talbot County as one of the best places to live. Administrative offices located on the 2nd floor. of the historic Mary Jenkins House.

[www.talbothistory.org](http://www.talbothistory.org)

### TALBOT COUNTY PARKS AND RECREATION

10028 Ocean Gateway, Easton, MD 21601  
(410) 770-8050

We are responsible for public recreation programs, as well as the maintenance, procurement, and development of county-owned recreational facilities. TCDPR also operates the Talbot County Community Center, George Murphy Community Pool, Bay Hundred Community Pool, manages 13 public park sites and 29 public landings.

[www.talbotparks.org](http://www.talbotparks.org)

### YMCA

The YMCA offers programs for all ages.  
[www.ymcachesapeake.org](http://www.ymcachesapeake.org)

#### EASTON FAMILY YMCA @ PEACHBLOSSOM

202 Peachblossom Road Easton, MD 21601  
(410) 822-0566

The YMCA offers programs for all ages. Includes Fitness Center, Gymnasium, Cycling Studio, 2 Swimming Pools, Water Exercise Classes, Before & After School Programs, Interactive Fitness Room, Group Exercise Classes, Summer Camps, and much more!

#### EASTON FAMILY YMCA @ WASHINGTON

1180 S Washington Street, Easton, MD 21601  
(410) 822-1515

The YMCA offers programs for all ages. Includes 4 Indoor Tennis Courts, 3 Outdoor Tennis Courts, Fitness Center, Gymnasium, Cycling Studio, Group Exercise Classes, and much more!

#### PERKINS FAMILY YMCA

300 Seymour Avenue, St. Michaels, MD  
(410) 745-5963

The YMCA offers programs for all ages. Includes 3 Lane lap pool, Gymnasium, Cardio Classes, Strength Training Classes, Yoga, Pilates, Zumba, and much more!



## IMMIGRANT SERVICES

### CHESAPEAKE MULTICULTURAL RESOURCE CENTER

331 E. Dover Street, Easton MD 2160  
(877) 772-9832

Services include legal, immigration, health, education, employment, counseling, translation, recreation, family support, citizenship, school enrollment, health education and outreach.

[www.chesmrc.org](http://www.chesmrc.org)

### CHOPTANK MIGRANT HEALTH PROGRAM

301 Randolph Street, Denton, MD 21629  
(410) 479-4306

Offers outreach and primary care services to migrant camps and crab house workers. Outreach workers provide a variety of services including transportation, interpretation services, medical and social referrals and health education.

[www.choptankhealth.org](http://www.choptankhealth.org)

## FAMILIES IMPACTED BY INCARCERATION

### RESPONSIBLE FATHERS PROGRAM

331 Laurel Street, Easton MD 2160  
(410) 829-5661

Focuses on promoting a healthy father-child relationship as well as a better working relationship with the mother. Program uses evidence based materials from the National Fatherhood Initiative (NFI). NFI is a leader in fatherhood training, facilitation and curriculum development. The Program works with incarcerated fathers and mothers using the 'Inside Out Dad' and 'Understanding Dad for Moms' lessons. Email [responsiblefathers@outlook.com](mailto:responsiblefathers@outlook.com) for more information.



## CIVIC ORGANIZATIONS

### AMERICAN LEGION TALBOT POST 70

29511 Canvasback Drive, Easton, MD 21601  
(410) 822-9138

The American Legion was chartered and incorporated by Congress in 1919 as a patriotic veterans organization devoted to mutual helpfulness.

[www.post70.org](http://www.post70.org)

### AMERICAN LEGION BLAKE BLACKSTON POST 77

102 Glenwood Avenue, Easton, MD 21601  
(410) 822-4486

The American Legion was chartered and incorporated by Congress in 1919 as a patriotic veterans organization devoted to mutual helpfulness.

[www.post70.org/blake-blackston-post-77](http://www.post70.org/blake-blackston-post-77)

### LION'S CLUB - EASTON

(410) 829-4190

Meets @ the VFW, 355 Glebe Road, Easton, MD 21601

The world's largest service club organization. Local Projects: Kids Sight Program, Christmas Tree Sales, Volunteering with Care Packs, Work With Leos, Pickering Creek Hoe Down, Eyeglass Program, Low Vision Testing, Waterfowl Festival.

[www.e-clubhouse.org/sites/eastonmd/](http://www.e-clubhouse.org/sites/eastonmd/)

### NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE, NAACP

P.O. Box 716, Easton, MD 21601  
(410) 745-3462

The mission of the National Association for the Advancement of Colored People is to ensure the political, educational, social, and economic equality of rights of all persons and to eliminate race-based discrimination.

[www.naacptalbot.org](http://www.naacptalbot.org)

### ROTARY CLUB OF EASTON

P. O. Box 1444, Easton, MD 21601  
(410) 924-1002

Rotary is an organization of business and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary club membership represents a cross-section of the community's business and professional men and women.

[www.EastonRotary.org](http://www.EastonRotary.org)

### TALBOT COUNTY YOUNG PROFESSIONALS

101 Marlboro Ave, Easton Plaza, Suite 53 Easton, MD  
(410) 822-4606

Provides young professionals of the Mid-Shore region opportunities for personal and professional development through business and social events. Membership is FREE! Email [yp@talbotchamber.org](mailto:yp@talbotchamber.org) to join.

[www.talbotyp.org](http://www.talbotyp.org)

### THE RACE THING

EMAIL: [theracething@gmail.com](mailto:theracething@gmail.com)

The Race Thing, Inc is a BIPOC Women-owned, Queer-owned Media Company focused on the education and impact of systemic racism on the Eastern Shore of Maryland.

[www.racething.com](http://www.racething.com)

### TIDEWATER ROTARY

P. O. Box 96, Easton, MD 21601  
(410) 924-1002

Comprised of professional men and women committed to the Rotary Motto "Service Above Self." They are part of a global network of more than 1.2 million volunteers that are changing lives in their own communities and around the world. Meets on Thursdays at 7:30am at Talbot Senior Center at Brooklett's Place. All are welcome!

[www.tidewatereastonrotary.org](http://www.tidewatereastonrotary.org)



## TIDEWATER TOASTMASTERS CLUB

(443) 864-1342

We offer a supportive, enjoyable environment in which you will rapidly improve your public speaking and leadership skills. Guests are always welcome! Meets twice a month at the Talbot Senior Center.  
[tidewater.toastmastersclubs.org](http://tidewater.toastmastersclubs.org)

## VFW 5118

355 Glebe Road, Easton MD 21601

(410) 822-8619

Our mission is to foster camaraderie among United States veterans of overseas conflicts; to serve our veterans, the military, and our communities; to advocate on behalf of all veterans.  
[www.vfw5118.com](http://www.vfw5118.com)

## SENIOR SERVICES

### AARP MARYLAND

One Park Place, Suite 475, Annapolis, MD 21401-347  
(866) 542-8163

Paid Membership. Benefits Include: Movies for Grownups, Driver Safety, Member Discounts, Tax-Aide, Walgreens "Way to Well" Health Tour, Create The Good, Drive to End Hunger, Livable Communities, Technology Training, Caregiving Resources, Travel discounts, etc. Visit the web for resources.  
[www.local.aarp.org/easton-md](http://www.local.aarp.org/easton-md)

### ADULT EVALUATION AND REVIEW SERVICES (AERS)

100 S. Hanson Street, Easton, MD 21601  
(410) 819-5640

AERS is a Maryland program based in local health departments which provides assistance to frail, aged, and disabled adults by conducting a comprehensive evaluation to identify public services available to help people remain in the community, or in their least restrictive environment, with as much independence as possible.  
[health.maryland.gov/talbotcounty/Pages/AERS.aspx](http://health.maryland.gov/talbotcounty/Pages/AERS.aspx)

## ALZHEIMER'S ASSOCIATION - GREATER MARYLAND OFFICE

909 Progress Circle, Suite 400, Salisbury, MD 21804  
(410) 543-1163 or (800) 272-3900

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. Support Hotline: (800) 272-3900. Resources, event information, and support group listings for Talbot County available on their website.  
[www.alz.org/maryland](http://www.alz.org/maryland)

## BAYLEIGH CHASE

501 Dutchman's Lane, Easton, MD 21601  
(410) 822-8888

Independent Living, Assisted Living, Full Nursing Care, Memory Care, Respite Care, and Short Term Rehab for Seniors.  
[www.actsretirement.org/communities/maryland/bayleigh-chase-easton](http://www.actsretirement.org/communities/maryland/bayleigh-chase-easton)

## BRIGHTSTAR CARE EASTON

8709 Brooks Drive, Unit 2A, Easton, MD  
(410) 820-4200

Our BrightStar Care team is available to help you and your family 24 hours a day, 7 days a week. We bring our quality home care services to these and other local communities.  
[www.brightstarcare.com/easton](http://www.brightstarcare.com/easton)

## BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER

400 Brookletts Avenue, Easton, MD 21601  
(410) 822-2869

A center for seniors to gather and socialize with each other. It provides an aspect of community engagement for individuals 60 or older through the Center's facilities and various events throughout the year.  
[www.brooklettsplace.org](http://www.brooklettsplace.org)

## CANDLE LIGHT COVE - INTEGRACARE

106 West Earl Avenue, Easton, MD 21601  
(410) 770-9707, (888) 347-5924

Talk to any of our family members and you will learn that Candle Light Cove's reputation is for consistently excellent care, in large part due to the quality of our team, our small size and our low care ratio. Assisted Living, 24/7 Personal Care, Memory Care, and Respite Care available!  
[www.candlelightcove.com](http://www.candlelightcove.com)



### COMFORT KEEPERS

8103 Ocean Gateway, Easton, MD 21601  
(410) 822-4414

A leading provider of in-home care and elderly care services. Our expert caregivers provide customized care plans that may include personal care and companionship-homemaker services. Our senior care agency will help seniors and other adults live an independent, quality life.  
[www.comfortkeepers.com/offices/maryland/easton](http://www.comfortkeepers.com/offices/maryland/easton)

### COMMUNITY FOR LIFE PROGRAM - PARTNERS IN CARE

8694 Commerce Drive #1, Easton, MD 21601  
(410) 822-1803

Offers guaranteed services to older adults. Members pay a monthly fee for a designated amount of round-trip transportation & hours of handymen services, social engagement and wellness classes. This program is for older adults who want to pay for guaranteed services. In some counties this service is called Community For Life.  
[www.partnersincare.org/partners-in-care-silver/](http://www.partnersincare.org/partners-in-care-silver/)

### DIXON HOUSE: INDEPENDENT AND ASSISTED LIVING

108 N. Higgins Street, Easton, MD 21601  
(410) 822-6661

The Dixon House maintains a reputation for consistent delivery of excellence in care, as well as a commitment to resident comfort and safety, giving peace of mind to residents and families.  
[www.dixonhouse.org](http://www.dixonhouse.org)

### FOREVERCARE

29512 Canvasback Drive, Suite 6, Easton, MD 21601  
(410) 443-0708

Provides home care services to adults in the comfort of their own homes with the following services: personal care, safety and fall prevention, ambulatory and mobility assistance, companionship, meal preparation, transportation/errands, registered nurses on call 24/7, respite care, medication reminders, and much more.  
[www.forevercare1st.com](http://www.forevercare1st.com)

## HEARTFIELDS ASSISTED LIVING AT EASTON

700 Port St, Easton, MD 21601

(410) 820-4400

A senior living community offering spacious assisted living apartments with kitchenette, as well as secure and comfortable accommodations in our award-winning Bridge to Rediscovery program for people with Alzheimer's or related dementias.

[www.fivestarseniorliving.com/communities/md/easton/heartfields-assisted-living-at-easton](http://www.fivestarseniorliving.com/communities/md/easton/heartfields-assisted-living-at-easton)

## HOME INSTEAD SENIOR CARE

8626 Brooks Drive, # 202, Easton, MD 21601

(410) 822-1230, (410) 709-1605

Provides non-medical home care services to older adults in their homes. These services include companionship, light housekeeping, safety assistance, medication reminders, meal preparation and transportation.

[www.homeinstead.com/561](http://www.homeinstead.com/561)

## HOME CALL OF EASTON

29509 Canvasback Drive Suite 204, Easton, MD 21601

(410) 822-4020

Provides personal services in the home including homemaker services and other help with the activities of daily living including toileting, light housekeeping, companionship, and dressing.

[www.lhcgroup.com/locations/homecall-of-easton](http://www.lhcgroup.com/locations/homecall-of-easton)

## MARYLAND ACCESS POINT (MAP)

(410) 822-2869

Part of Upper Shore Aging, MAP provides a link for caregivers, seniors, and disabled persons with resources in the community of Caroline, Talbot and Kent counties.

[www.marylandaccesspoint.info](http://www.marylandaccesspoint.info)

## MEDICAL ASSISTANCE PERSONAL CARE PROGRAM - HEALTH DEPARTMENT

100 S Hanson St, Easton, MD 21601

(410) 819-5640

Helps individuals who have a chronic illness, medical condition, or disability remain in their homes. Services provided assist individuals with basic domestic activities of daily living. Services provided: Community Options Waiver, Community First Choice (CFC), Community Personal Assistance Services (CPAS). These programs work hand-in-hand to provide community services and supports.

[health.maryland.gov/talbotcounty/Pages/MAPC.aspx](http://health.maryland.gov/talbotcounty/Pages/MAPC.aspx)

## NURSING HOME ABUSE CENTER

(877) 340-3714

An online resource center for information on nursing home abuse, nursing home neglect, elderly injuries, legal options, compensation and other resources. Get a free legal case review!

[www.nursinghomeabusecenter.com](http://www.nursinghomeabusecenter.com)

## PARK VIEW AT EASTON

640 Mecklenburg Avenue, Easton, MD 21601

(410) 770-3070

Senior Living Apartment offering robust and diverse activity schedules with opportunities for entertainment, education and socializing with neighbors. Enjoy the highest-quality apartment home, amenities and services at a price that won't break the bank and is comfortable, and convenient.

[easton.enterpriseresidential.org](http://easton.enterpriseresidential.org)

## PARTNERS IN CARE

8694 Commerce Drive #1, Easton, MD 21601

(410) 822-1803

We support the independence of older adults using the time and talents of our members, leadership, and staff. We promote active engagement of our members and their families by offering services in exchange for their donated time and talents. Our members remain actively involved in their community through transportation and home repair programs, as well as a meaningful social network of care.

[www.partnersincare.org](http://www.partnersincare.org)

## PERKINS FAMILY YMCA AND BAY HUNDRED SENIOR CENTER - ST. MICHAELS

300 Seymour Avenue, St. Michaels, MD

(410) 745-5963

Full Service Senior Center, for anyone in the community age 60 and over, operated through Upper Shore Aging, and co-located within the YMCA. Center provides congregate meals, arts enrichment, educational seminars, and access to services. Membership to the YMCA is NOT required to participate in the Bay Hundred Senior Center programs and activities.

[www.ymcachesapeake.org/locations/perkins-family-ymca-and-bay-hundred-senior-center](http://www.ymcachesapeake.org/locations/perkins-family-ymca-and-bay-hundred-senior-center)

## PRIVATE CARE DUTY

(410) 253-3787

Private Care Duty, LLC is a companion care solution for the residents of Maryland's Eastern Shore. We have over 25 years of experience, and ensure that our clients are treated with dignity, superior care, and reputable companion aides. Our services include:

- Medication Reminders
- Appointment Accompaniment
- Transportation
- Bathing and Grooming Assistance
- Chore Services
- Meal Preparation
- Socialization
- Dog Walking
- In-Home and In-Facility Care

<https://www.privatecaredutyllc.com/>

## SENIOR CARE PROGRAM

100 S. Hanson Street, Easton, MD 21601

(410) 819-5600

Provides case management and funds for services for people 65 or older who may be at risk of nursing home placement. Allows seniors to live with dignity and in the comfort of their own homes and at a lower cost than nursing facility care. Personal care, chore service, medications, medical supplies, adult day care, respite care, home delivered meals, etc. [health.maryland.gov/talbotcounty/Pages/Senior\\_Care.aspx](http://health.maryland.gov/talbotcounty/Pages/Senior_Care.aspx)

## SHORE HOME CARE - UNIVERSITY OF MARYLAND

121 Federal Street, Suite 3, Easton, MD, 21601

(410) 820-6052 or Toll Free 1-800-542-5005

Shore Home Care's goal is to help each patient maintain optimal health and independence in his or her home setting, whether a family residence, a group home, or a residential care facility.

[www.umms.org/shore/locations/home-care](http://www.umms.org/shore/locations/home-care)

## ST. MARKS VILLAGE

212 Bay Street, Easton, MD, 21601

(410) 822-1315

93 affordable housing units for seniors and handicap individuals. Participates in the USDA Rural Development Rental Assistance program.

## TALBOT HOSPICE

586 Cynwood Drive, Easton, MD 21601

(410) 822-6681, 24-Hour Access Line (410) 822-2724

Talbot Hospice offers hope, compassionate support and services to all members of our community facing end-of-life issues. We provide patient and family care, community education and advocacy while respecting both curative and palliative treatment choices. We care for patients regardless of their ability to pay

[www.talbothospice.org](http://www.talbothospice.org)

## THE PINES - GENESIS ELDERCARE

610 Dutchman's Lane, Easton, MD 21601

(410) 822-4000; 1-866-745-CARE (Care Helpline)

Provides 24-hour skilled nursing, discharge planning, case management, Individual treatment plans, nutritional needs management, wellness programs, dementia services, coordinated transportation, organized events, physical therapy, speech therapy. Visit the web for a full list of services and amenities.

[www.genesishcc.com](http://www.genesishcc.com)

## UPPER SHORE AGING

100 Schaubert Road, Chestertown, MD 21620

(410) 770-6000

Our organization develops and manages a coordinated program of services that work together with a goal of helping elders to remain, and live well, in the community as long as possible. Upper Shore Aging, Inc. works closely with the Maryland Department of Aging to serve the needs of its clients.

[www.uppershoreaging.org](http://www.uppershoreaging.org)

## VISITING ANGELS

221 Glenwood Avenue, Easton MD 21601

(443) 746-0494

Our agency provides non-medical senior care, elderly care, memory care, personal care, social care, companion care, and in home care to elderly persons throughout the Eastern Shore area. If you have an aging parent or loved one who wishes to remain independent at home, in home care from Visiting Angels Easton can help.

[www.visitingangels.com/mideasternshore](http://www.visitingangels.com/mideasternshore)



HealthyTalbot.org

# Visit *HealthyTalbot.org* for

- ✓ **Opportunities for families** - You and your family can use our interactive calendar to make plans for healthy family time.
- ✓ **Resource directory** - Whether you are seeking information about education, mental health, housing, or many other topics, Healthy Talbot features a searchable directory to give you the names, locations, and contact information for providers who can help you achieve your goals.
- ✓ **Articles** - Regularly features important topics to how you live your happiest, healthiest life.
- ✓ **Opportunities for professionals** - Building a healthy community requires collaboration. Submit articles, post events, and link to other professionals working in Talbot County.



## Healthy Talbot provides information and directories for:

- Physical, Mental and Oral Health
- Substance Abuse/ Addictions
- Nutrition, Food Assistance
- Exercise
- Education
- Parenting
- Disabilities
- Legal
- Safety
- Healthy Environment
- Public Assistance
- Senior Services
- Housing Needs
- Recreation and Entertainment
- And More!



HealthyTalbot.org

# NOTES

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**HealthyTalbot.org**

A project of Talbot Family Network