Talbot Family Network
The mission of the Talbot Family Network is, through collaboration with public and private entities, to identify and develop support systems for a safe, healthy and caring community for all Talbot County children and families.

About the Talbot Family Network
Talbot Family Network concentrates on early intervention and intervention services to children, youth and families in Talbot County. Tasks include planning, developing and monitoring family-oriented, community-based programs that are culturally and racially relevant. To prevent fragmented and duplicated services in the county, Talbot Family Network strives to serve as the coordinating body for community-level grants and initiatives. Talbot Family Network develops long-range plans based on community input, proven or innovative strategies, and previously collected local, regional, state and national data. These efforts focus on four outcomes: Families are Safe and Economically Stable, Youth will Complete School, Youth have Opportunities for Employment or Career Readiness and Healthy Children. Talbot Family Network also works within the Governor's strategic goals to: Reduce the Impact of Incarceration on Children, Families and Communities, Reduce Youth Homelessness, Reduce Childhood Hunger and Improve Outcomes for Disconnected/Opportunity Youth.

Role of Talbot Family Network in Talbot County
The Talbot Family Network is Talbot County's Local Management Board. Local Management Boards receive an annual allocation of State funding from
the Children’s Cabinet. Each Local Management Board is then responsible for ensuring that services are provided to families in its jurisdiction. In addition, as more funds are identified and secured, the Local Management Board must carry out these responsibilities:

To continually assess the needs and identify gaps in services to children, youth and families in Talbot County.
To develop and enhance communication between and among agencies and organizations that serve children, youth and families through partnership building.
To plan, coordinate, and evaluate programs and services that benefit children, youth and families to improve child and family outcomes.
To secure, distribute and monitor public/private funding for the benefit of children, youth and families.
To provide information to the public on the status of services for children, youth and families.

Currently Funded Programs and Activities

- **Healthy Talbot** – On-line resource to help Talbot County families learn about events, programs and resources in the area.
- **Bridges Out of Poverty** training and **Getting Ahead in a Just-Gettin’-By World** Workgroups
- **Conversation on Race** – Beyond Diversity workshops offered in partnership with Talbot County Public Schools. Racial Equity Community of Practice quarterly meetings.
- **Community Nutrition and Gardening Education** – University of Maryland Extension
- **Healthy Habits** – Chesapeake Multicultural Resource Center and Tilghman Area Youth Association
- **Afterschool hunger and nutrition education programs**
- **Mentoring and Support** – Talbot Mentors provides one-on-one mentoring, family engagement events, individual needs assessments, case management services and trauma informed therapeutic support group for children, as well as case management and support groups for caregivers impacted by incarceration.
- **Healthy Families Mid-Shore**
- **Reengagement Coordinator** – Talbot County Public Schools
- **Career Pathways** – Opportunity Youth develop critical employment skills and receive training opportunities.
- **Local Care Team** – A family-friendly resource team of Talbot County agencies to assist families with children facing behavioral, school, mental health or physical challenges.
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**Healthy Talbot Guidebook**
The Talbot County Local Care Team’s (LCT) primary goal is to connect children and families in Talbot County with the services and resources they need to reach their potential and live successfully in our community. Our LCT is comprised of experienced professionals that understand the ins and outs of the maze of programs and systems at the local and state level and are ready to help you figure out why your child is struggling to meet their goals.

- You feel like you’re getting nowhere.
- You’re not sure where to turn for services.
- You know what you need, but you can’t seem to locate it.
- You feel overwhelmed with reports and recommendations.
- You’re concerned and don’t know where to turn for help.

Are you experiencing any of the following with getting your child help?:

What can the LCT do to help?

- Listen to your concerns/needs
- Help you understand confusing documentation
- Gather appropriate professionals to problem solve
- Assist with resource availability and qualifications
- Connect you with a care manager
- Learn for you to help make the system better

Visit TalbotLCT.org for more information
The Healthy Talbot Family Resource Guide

This Resource Guide, made possible by Talbot Family Network, is a compilation of local resource listings for individuals and families looking for medical, educational, developmental, wellness, and community support services in Talbot County, Maryland. Whether you’re an expecting mom, managing an aging parent, struggling to pay the bills, or dealing with an unexpected crisis, everyone needs help in their life at one point or another. However, we all know that it can be difficult to ask for help. It is our hope that this guide will be your first step, and out of it will come healthier families for a stronger community.

Visit our website: www.healthytalbot.org for more information, helpful articles, and local community events to keep your family happy and healthy all year round, and be sure to keep a copy of this guide in a place that you can access it quickly in a time of need.

If you have comments and suggestions for this guide, please email: healthytalbot@talbotcountymd.gov. To add your resource to this guide and to our website, please visit: www.healthytalbot.org/resource-submission/.
ADULT PROTECTIVE SERVICES
- TALBOT COUNTY DSS
1-800-91-PREVENT (1-800-917-7383)
If an elderly or vulnerable person in your family or in your community is being abused, neglected, or exploited, please call.
www.dhr.maryland.gov/office-of-adult-services

CHILD PROTECTIVE SERVICES
- TALBOT COUNTY DSS
301 Bay Street Unit 5, Easton MD 21601
(410) 770-4848; After-hours: (410) 819-4747 (State Police)
Assists children believed to be neglected or abused by parents or other adults having permanent or temporary care or custody, or parental responsibility.
www.dhr.maryland.gov/local-offices/talbot-county

DEPARTMENT OF CORRECTIONS
115 W Dover Street, Easton, MD 21601
(410) 770-8120
A modern, “state of the art” facility, the Talbot County Detention Center opened in July 1992 with a capacity for 148 inmates.
www.talbotcountymd.gov/index.php?page=Department_Corrections

DEPARTMENT OF EMERGENCY SERVICES
605 Port Street, Easton, MD 21601
(410) 770-8160
Services include 911, Emergency Medical, and Emergency Management. CPR classes and Ride Along Program also offered.
www.talbotdes.org

DEPARTMENT OF SOCIAL SERVICES (DSS)
301 Bay Street, Easton, MD 21601
(410) 770-4848
Provides Financial Assistance including Food Stamps, Temporary Cash Assistance and Temporary Disability for those who qualify, and Medical Assistance.
www.dhr.maryland.gov/local-offices/talbot-county

DOMESTIC VIOLENCE UNIT - TALBOT COUNTY SHERIFF’S OFFICE
28712 Glebe Rd. Suite #1, Easton, MD 21601
(410) 822-1020
The lead agency in Talbot County for the service of Domestic Violence Petitions, Protective Orders, Emergency Evaluation Petitions, and Peace Orders.

EASTERN SHORE CRISIS RESPONSE SERVICES - AFFILIATED SANTE GROUP
1-888-407-8018
Crisis Hotline available 24/7 and serves all 9 counties on the Eastern Shore. Mobile Crisis teams are available 9am-midnight 7 days a week.
www.thesantegroup.org/eastern-shore-crisis

EASTON POLICE DEPARTMENT
106 W Dover Street, Easton, MD 21601
(410) 822-1111
Charged to prevent crime, preserve the peace, protect life and property, detect and arrest violators of the law, and enforce local, state, and federal laws.
www.eastonmd.gov/Police/EPDmain.html
FOR ALL SEASONS, INC. HOTLINE
(410) 820-5600 / (410) 829-6143 (Spanish)
24 hour crisis hotline providing counseling, advocacy, and education to victims of rape, sexual assault and abuse.
www.forallseasonsinc.org

HEALTH DEPARTMENT
100 S. Hanson Street, Easton MD 21601
(410) 819-5600
Provides Addiction services, Birth/Death Certificates, Cancer Prevention, DDA, Disease Surveillance, Family Planning, Home Based Services, and more!
www.talbothealth.gov

LOCAL CARE TEAM
(443) 366-2511
A family friendly resource team of Talbot County family serving agencies to assist families with children facing behavioral, school, mental health or physical challenges. Email: Talbotlct@talbotcountymd.gov for more information.
www.talbotlct.org

LOCATE CHILD CARE
877-261-0060
A service with detailed information on all regulated child care in MD. Our trained referral specialists will help you identify care based on personal preferences.
www.marylandfamilynetwork.org/programs-services/locate

MARYLAND CRISIS HOTLINE
1-800-422-0009

MEDICATION DROP BOXES
Dispose of unneeded prescription medications safely, conveniently and anonymously by using Talbot County’s free drug disposal service.

WHERE?
Maryland State Police Barrack
7053 Ocean Gateway, Easton
Hours: 24 hours/day

St. Michaels Police Department
100 South Fremont St., St. Michaels
Hours: 8:00am – 4:00pm/weekdays

MID-SHORE COUNCIL ON FAMILY VIOLENCE
8626 Brooks Drive, Suite 102, Easton MD, 21601
(410) 690-3222
A comprehensive domestic violence program which provides support and services to victims in crisis and through their transition to self-sufficiency and independence.
www.mscfv.org

MOTOR VEHICLE ADMINISTRATION
9148 Centreville Road, Easton, MD 21601
410-768-7000
1-800-492-4575 TTY for the Hearing Impaired Kiosk Services, Driver’s Road Test, Commercial Driver’s Skills Test (CDL), License information, Car Registration and Tags. Hours - Monday-Wednesday, Friday 8:30am to 4:30pm, Thursday 8:30am to 6:30pm for all services and every Saturday 8:00am to noon for Driver’s License Services Only. Closed every Sunday and on the following holidays and service reduction days.
www.mva.maryland.gov

OFFICE OF CHILD SUPPORT
301 Bay Street, Unit 5, Easton, MD 21601
1-800-332-6347; Payment Information: 1-800-723-9937
Works with both parents to provide the financial, medical and emotional support their children need to grow and thrive.
www.dhr.maryland.gov/local-offices/talbot-county

OXFORD POLICE DEPARTMENT
101 Market St, Oxford, MD 21654
(410) 226-5650
Charged to prevent crime, preserve the peace, protect life and property, detect and arrest violators of the law, and enforce local, state, and federal laws.
www.oxfordmd.net/departments.html
POISON CONTROL
1-800-222-1222
Poison Control is available 24 hours a day to provide free, expert and confidential guidance and recommendations in a poison emergency.
www.poison.org

POSTPARTUM DEPRESSION (PPD) HOTLINE
1-800-PPDMOMS (773-6667)
Provides peer support and referrals for mothers suffering from postpartum depression.
www.1800ppdmoms.org

RESOURCE GUIDE - BEHAVIORAL HEALTH
Produced by Mid Shore Behavioral Health, Inc.
www.midshorebehavioralhealth.org

RESOURCE GUIDE - HOMELESSNESS
Produced by the local Continuum of Care
www.midshorebehavioralhealth.org/continuum-of-care-housing-program

RESOURCE GUIDE - REINTEGRATION AND RELOCATION IN RECOVERY
Produced by the Talbot County Addictions Program
www.health.maryland.gov/talbotcounty

SHERIFF’S DEPARTMENT
28712 Glebe Rd. Suite #1, Easton, MD 21601
(410) 822-1020
Under the leadership of the Talbot Sheriff, local deputies carry out the law enforcement in the county.

ST. MICHAELS POLICE DEPARTMENT
100 S. Fremont Street, St. Michael’s, MD 21663
(410) 745-9500
Charged to prevent crime, preserve the peace, protect life and property, detect and arrest violators of the law, and enforce local, state, and federal laws.

STATE’S ATTORNEY
20 N West St, Easton, MD 21601
(410) 770-8060
The State’s Attorney’s Office is primarily responsible for the investigation and prosecution of criminal cases at the trial level.
www.talbotcountymd.gov/index.php?page=States_Attorney

SUICIDE HOTLINE
1-800-273-TALK (8255) or 1-800-SUICIDE (784-2433)
Provides counseling for suicide prevention.
www.suicidepreventionlifeline.org

TREVOR PROJECT CRISIS LINE
1-866-488-7386
The leading national organization providing crisis intervention and suicide prevention services to LGBTQ persons ages 13-24. Chat and Text services also provided.
www.thetrevorproject.org

UNIVERSITY OF MARYLAND SHORE MEDICAL CENTER AT EASTON
219 S. Washington Street, Easton, MD 21601
(410) 822-1000
With 112 licensed beds, and a 20-bed acute inpatient rehabilitation center, UMSMC at Easton serves primarily Caroline, Dorchester, Queen Anne’s and Talbot counties.
www.umshoreregional.org/about/facilities/easton

VETERANS CRISIS HOTLINE
1-800-273-8255, Press 1
The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline.
www.veteranscrisisline.net
CHILD CARE

CHESAPEAKE CHILD CARE RESOURCE CENTER
Early Childhood Development Building, Chesapeake College, 1000 College Circle, Wye Mills, MD 21679
(410) 822-5400
Provides comprehensive child care training services including certification courses, on-site training, training sessions that meet MSDE’s child care licensing requirements.
www.cccrc.org

CHILD CARE CENTERS IN TALBOT COUNTY
If you’re interested in learning more about home childcare in Talbot County, you’ve come to the right place!
www.childcarecenter.us/maryland_homecare/talbot_md_county

CREATIVE CORNER EARLY LEARNING CENTER
8706 Commerce Drive Unit 8, Easton, MD 21601
(410) 822-2123
Offers preschool classes for children 6 weeks - 4 years. Our School Age Program serves before and after school care for Easton and St. Michael's school districts and a School Age Summer Camp program.
www.creative-corner.com

CRITCHLOW ADKINS CHILDREN’S CENTERS
All programs operate from 6:45 a.m.-5:30 p.m. CSS is accredited by the Maryland State Department of Education’s (MSDE) Early Learning Division and licensed by MSDE’s Office of Child Care.
www.cacckids.org

PRE-SCHOOL SITE
11 Magnolia Street, Easton, MD 21601
(410) 822-7181
Offers year-round, full day two year old, preschool, and pre-kindergarten programs. In addition, the pre-kindergarten program is MSDE approved as a licensed non-public nursery school program.

CORDOVA SITE (PRESCHOOL, PRE-K AND SCHOOL AGE PROGRAMS)
11430 Cordova Road, Cordova, MD 21625
(410) 822-6293
Offers a year-round, full day preschool program, wrap around pre-kindergarten program, and before and after school programs for children in kindergarten through fifth grade. The program for school age children is offered all day during most school closings and the summer months.

ST. MICHAEL’S SITE (PRESCHOOL, PRE-K WRAP AND SCHOOL AGE PROGRAMS)
100 Seymour Avenue, St. Michaels, MD 21663
(410) 745-5842
Offers year-round, full day two year old, preschool, and wrap around pre-kindergarten programs. A before and after school program is offered for school age children in kindergarten through sixth grade. The program for school age children is offered all day during most school closings and the summer months.

EASTON ELEMENTARY - SCHOOL AGE SITE (PRE-K WRAP, SCHOOL AGE PROGRAMS)
307 Glenwood Avenue, Easton, MD 21601
(410) 820-8906
Offers a wrap around pre-kindergarten program, as well as before and after school programs for children in kindergarten through fifth grade. The program for school age children is offered all day during most school closings and the summer months.

WHITE MARSH SITE
4322 Lovers Lane, Trappe, MD 21673
(410) 829-3274
Offers a before and after school program for children in kindergarten through fifth grade. The program for school age children is offered all day during most school closings and the summer months.

THE KINDER GARDEN
8701 Brooks Dr, Easton, MD 21601
(410) 820-8440
We provide care for infants & children up to 5 years of age, along with before & after care, for school-age children, 5-8 years of age. Please call to inquire.
www.kindergardensite.com
MANOR DISCOVERY CENTER
702 Idlewild Ave, Easton, MD 21601
(410) 822-5555
We are proud to provide a program of total care that includes exploratory learning, personal and social development, and cultural enrichment. Within our safe, happy, nurturing environment, children discover many facets of themselves and the world.
www.manordiscovery.com

MID-SHORE EARLY LEARNING CENTER
133 Vine Street, Easton, MD 21601
(410) 690-7354
We are licensed child care for Infants (6 weeks and up) through School Age (age 12) accredited by MSDE. TCPS provide transportation to and from Easton Elementary Schools and White Marsh Elementary School.
www.mselc.org

OFFICE OF CHILD CARE - UPPER SHORE
301 Bay St. Suite 305, Easton, MD 21629
(410) 819-5801
Responsible for licensing and inspecting all child care centers and family child care providers in Maryland and administers Maryland’s subsidized child care program for working families and the state’s Child Care Credentialing System.
earlychildhood.marylandpublicschools.org

SHORE UP! HEAD START - EASTON
305 Glenwood Avenue, Easton, MD 21601
(410) 822-6641
Licensed childcare facility for children ages 3 to 5.
www.shoreup.org/eastern-shore-md-services-programs/ Early-Childhood-Programs

SHORE UP! HEAD START - ST. MICHAELS
100 Seymour Avenue, St. Michaels, MD 21663
(410) 745-2851
Licensed childcare facility for children ages 3 to 5.
www.shoreup.org/eastern-shore-md-services-programs/ Early-Childhood-Programs

TALBOT COUNTY EARLY HEAD START
215 Bay Street, Suite 1, Easton, MD 21601
(410) 820-6940
Provides services to pregnant women and children 0-3 years of age, to become self-sufficient members of their community by providing education, resources, and opportunities that nurture children, empower parents, and strengthen families.
www.dhmh.maryland.gov/talbotcounty/ehs/Pages/Home.aspx

EARLY CHILDHOOD DEVELOPMENT

CHILD FIND
12 Magnolia St Easton, MD 21601
(410) 822-0330, ext. 139 or ext. 141
Child Find is a process in which children with special needs are identified. Preschoolers and school-age children who have suspected or already identified problems in development may which interfere with their educational progress may be referred.
www.tcps.k12.md.us/index.php/departments/special-education/child-find

HEALTHY FAMILIES MID-SHORE
100 S. Hanson Street, Easton MD 21601
(410) 819-5600
Highly trained Family Support Workers deliver home visiting services to families facing some challenges and offer support services, resources and education for prenatal / postpartum women, fathers, and infants.
www.health.maryland.gov/qahealth/community-health/ Pages/Healthy-Families-MS.aspx

IMAGINATION LIBRARY
122 Hughlett Street, Easton, MD 21601
(410) 770-8732
Addresses the very important need to expose children birth to age 5 to a literature and vocabulary rich environment by mailing high quality, age-appropriate books directly to their homes each month at no cost to their families. All preschool-aged children under the age of five, who live in Talbot County are eligible for this program.
www.ImaginationLibraryofTalbotCounty.org
INFANTS AND TODDLERS
12 Magnolia Street, Easton, MD 21601
(410) 822-0330 ext.150
The Talbot County Infants & Toddlers Program provides early intervention services, at no cost to the families, for eligible children, ages birth to three years, with developmental delays.
http://marylandpublicschools.org/programs/Pages/Special-Education/MITP/localprogram.aspx

PROJECT RIGHT STEPS
P.O. Box 8, Wye Mills, MD 21679
(410) 822-5400 ext 2321
Project Right Steps provides FREE behavioral consultation for parents and child care providers of young children (infancy through 5 years of age) struggling with challenging behaviors, to help the child be successful in a child care setting or school.
www.cccrc.org/PRS_main.htm

TALBOT COUNTY JUDY CENTER PARTNERSHIP
305 Glenwood Avenue, Easton, MD 21601
(410) 822-0689
A partnership between Talbot County Public Schools, community programs, agencies and organizations, as well as private businesses and most importantly families, with the goal of assuring that ALL children enter school with the readiness skills they need to succeed.
www.tcps.k12.md.us/index.php/departments/curriculum/judy-center
SCHOOLS PRE-K - 12

BENEDICTINE SCHOOL
14299 Benedictine Lane, Ridgely, MD 21660
(410) 634-2112
The Benedictine School is a non-graded, twelve-month residential and day school for males and females, ages 5-21, grades K-12 with mild-severe intellectual disabilities, multiple disabilities, and autism.
www.benschool.org

CHAPEL DISTRICT ELEMENTARY
11430 Cordova Rd, Cordova, MD 21625
(410) 822-2391
Public School Pre-K-5th
www.tcps.k12.md.us/index.php/schools/chapel-district

CHESAPEAKE CHRISTIAN SCHOOL
1009 N. Washington Street, Easton, MD 21601
(410) 822-7600
Striving for academic excellence, our K-4 through 12th grade facility offers the traditional classroom setting with an average teacher-student ratio of 1:15. Additional academics opportunities include independent studies, dual enrollment, and internship programs.
www.chesapeakechristian.org

CHESAPEAKE COLLEGE
Chesapeake College, P.O. Box 8, Wye Mills, MD 21679
(410) 822-5400
Founded as Maryland's first regional community college in 1965, Chesapeake College offers a range of educational opportunities that combine excellence, convenience, and affordability.
www.chesapeake.edu

COUNTRY SCHOOL
716 Goldsborough Street, Easton, MD 21601
(410) 822-1935
The Country School is an independent, coeducational, K-8 school founded in 1934. The Country School’s mission is to provide an outstanding academic experience for our students through small classes and individual attention.
www.countryschool.org

EASTON ELEMENTARY - DOBSON
305 Glenwood Ave, Easton, MD 21601
(410) 822-0550
Public School, Pre-K-1st
www.tcps.k12.md.us/index.php/schools/EES-dobson

EASTON ELEMENTARY - MOTON
305 Glenwood Ave, Easton, MD 21601
(410) 822-0686
Public School, 2nd -5th
www.tcps.k12.md.us/index.php/schools/EES-moton

EASTON MIDDLE
201 Peach Blossom Lane, Easton, MD 21601
(410) 822-2910
Public School, 6th-8th
www.tcps.k12.md.us/index.php/schools/EMS

EASTON HIGH
723 Mecklenberg Ave, Easton, MD 21601
(410) 822-4180
Public School, 9th-12th
www.tcps.k12.md.us/index.php/schools/EHS

ST. MICHAELS MIDDLE HIGH
200 Seymour Ave, St. Michaels, MD 21663
(410) 745-2852
Public School, 6th-12th
www.tcps.k12.md.us/index.php/schools/SMMHS

ST. MICHAELS ELEMENTARY
100 Seymour Ave, St. Michaels, MD 21663
(410) 745-2882
Public School, Pre-K-5th
www.tcps.k12.md.us/index.php/schools/SMES

SAINTS PETER & PAUL SCHOOL
900 High Street, Easton, MD 21601
(410) 822-2251 (Elementary) / (410) 822-2275 (High)
As a parish supported, co-educational school, we provide a safe, nurturing environment for academic excellence to children from pre-k - 8th grade. Our school community includes Catholic children from surrounding parishes as well as children of all faiths.
www.ssppeaston.org
The local school board is a critical public link to public schools. Whether elected or appointed, school board members serve their communities in several important ways.

www.tcps.k12.md.us/index.php/board-ed/board-members

We're a highly driven team of 752 educators, leaders, managers and administrators, wholly dedicated to serving eight schools spanning Talbot County in Maryland.

www.tcps.k12.md.us

Public School, Pre-K-5th

www.tcps.k12.md.us/index.php/schools/TES-2

Public School, Pre-K-5th

www.tcps.k12.md.us/index.php/schools/WMES

We're a highly driven team of 752 educators, leaders, managers and administrators, wholly dedicated to serving eight schools spanning Talbot County in Maryland.

www.tcps.k12.md.us

Public School, Pre-K-5th

www.tcps.k12.md.us/index.php/schools/TES-2

Public School, Pre-K-5th

www.tcps.k12.md.us/index.php/schools/WMES

All youth ages 5-18 are welcome to participate. Youth choose from a wide range of projects including public speaking, leadership, community service, career education, visual arts, food and nutrition, clothing and textiles, photography, animal and plant sciences, woodworking, and science/technology.

www.extension.umd.edu/talbot-county/4-h-youth-development-1
TALBOT COUNTY FREE LIBRARY -
100 W. Dover St., Easton, MD 21601
(410) 822-1626
106 Fremont Street, St. Michaels, MD 21663
(410) 745-5877
Free access to books, ebooks, audiobooks, DVD’s, magazines, newspapers, 24/7 research databases, online classes and tutoring, and more! Also free public computers with internet access and free wifi. Free scanning to email, free meeting rooms for qualified groups, quiet study rooms and educational programs for all ages. www.tcfl.org

TALBOT FAMILY NETWORK
11 North Washington Street, Easton, MD 21601
(410) 770-6870
Talbot Family Network concentrates on prevention and early intervention services to children, youth and families in Talbot County. Tasks include planning, developing and monitoring family-oriented, community-based programs that are culturally relevant. www.healthytalbot.org/about/talbot-family-network

TALBOT MENTORS
108 Maryland Ave, Suite 102, Easton, MD 21601
(410) 770-5999
Through consistent support, guidance, coaching and role modeling, our volunteer mentors strive to help young people prepare for success by fostering partnerships to support and expand the power of one-on-one mentoring. www.talbotmentors.org

TILGHMAN AREA YOUTH ASSOCIATION
P.O. Box 55, Tilghman, MD 21671
(443) 786-0761
Provides enrichment for our “tweens” and teens with the goal to connect our children to family and community. TAYA also sponsors summer camps for grades K-6, involving grades 7-12 as assistants. www.tayamd.org

UNIVERSITY OF MARYLAND EXTENSION - TALBOT COUNTY
28577 Mary’s Court, Suite 1, Easton, MD 21601
(410) 822-1244
Through nutrition, health and fitness programs, Extension educators enable families to make healthier choices and provides citizens with consultations, fact sheets, community 4-H clubs and programs for youth, workshops, and more. www.extension.umd.edu/talbot-county

AFTERSCHOOL

BUILDING AFRICAN AMERICAN MINDS (BAAM)
P.O. Box 1066, Easton, MD 21601
(410) 714-3838
An after school tutoring program for African American males in grades 1-5 from Easton Elementary School who are at risk for failure. We aim to recognize and address socioeconomic barriers that inhibit their ability to learn effectively and provide academic enrichment in a safe, caring, and structured environment. www.baamboys.com

CHESAPEAKE MULTICULTURAL RESOURCE CENTER
331 E Dover Street, Easton MD 21601
(443) 786-1120
Healthy Habits - nutrition classes and meals in the TAYA after school program. Open to all age eligible students. www.chesmrc.org

ST. MICHAELS COMMUNITY CENTER
103 Railroad Avenue, St. Michaels, MD 21663
(410) 745-6073
Provides supervised program opportunities for the enrichment of our children and teens, activities and services for senior citizens, and affordable recreational, social, and educational activities to the community residents of all ages regardless of ethnicity, gender or economic status. www.stmichaelscc.org
TILGHMAN AREA YOUTH ASSOCIATION (TAYA)
P.O. Box 55, Tilghman, MD 21671
(443) 786-0761 / (410) 886-2509
Healthy Habits - nutrition classes and meals in the TAYA after school program. Open to all age eligible students.
Tilghman After School Kids (TASK) - provides after school enrichment programs for our K-5th graders. Programs are open to all area children regardless of their ability to pay.
www.tayamd.org

YMCA - EASTON @ PEACH BLOSSOM
202 Peach Blossom Lane, Easton, MD 21601
(410) 822-0566
www.ymcachesapeake.org

ADULT EDUCATION

ADULT EDUCATION - CHESAPEAKE COLLEGE
(410) 822-5400
Adult Education; Adult Basic Education; Adult High School Diploma Programs; GED/High School Equivalency Test Instruction; ESL; Work Force Training; Computer Training; Skilled Trades Programs; Youth Programs. Many of the GED prep classes are free.
www.chesapeake.edu/continuing-education

CHESAPEAKE FORUM: AN ACADEMY FOR LIFELONG LEARNING
PO Box 544, Easton, MD 21601
(410) 829-8652
Chesapeake Forum is an intellectual cooperative of lifelong learning, with courses planned, run, and led by dedicated volunteer faculty. Chesapeake Forum is open to everyone who wishes to learn, and welcomes anyone willing to listen and discuss a myriad of topics with an open mind and a respectful curiosity for the views of others.
www.chesapeakeforum.org

REENGAGEMENT COORDINATOR - TCPS STUDENT SERVICES
12 Magnolia St, Easton, MD 21601
(410) 822-0330
Assistance reconnecting with school or work to Talbot County residents, between the ages of 16 and 24, that are not in school or working.
www.tcps.k12.md.us

TALBOT COUNTY FREE LIBRARY -
100 W. Dover St., Easton, MD 21601
(410) 822-1626
106 Fremont Street, St. Michaels, MD 21663
(410) 745-5877
Free access to books, ebooks, audiobooks, DVD’s, magazines, newspapers, 24/7 research databases, online classes and tutoring, and more! Also free public computers with internet access and free wifi. Free scanning to email, free meeting rooms for qualified groups, quiet study rooms and educational programs for all ages.
www.tcfl.org

EMPLOYMENT

CAREER PATHWAYS
(302) 650-8927
Email: moconnor@edsisolutions.com
Talbot County residents between the ages of 16 and 24 that are not in school or working are eligible for free employment training. This program will assist Opportunity Youth develop critical employment soft skills and offer training opportunities as they move along their path to achieving their educational and/or employment goals.

GETTING AHEAD - TALBOT COUNTY DSS
301 Bay Street, Easton, MD 21601
(410) 770-4848
Workshops for community members seeking to move from financial instability to stability.
www.dhr.maryland.gov/local-offices/talbot-county
MARYLAND WORKFORCE EXCHANGE
A powerful online job seeker/workforce services system that provides fast access to a complete set of employment tools in one website. It was specifically designed for job seekers, students, case managers, employers, training providers, workforce professionals, and others seeking benefits and services.
http://mwejobs.maryland.gov

UPPER SHORE WORKFORCE INVESTMENT BOARD
P.O. Box 8, Wye Mills, MD 21679
(410) 822-1716
Our mission is to provide Career and Training services that will lead to employment that is relevant and supportive to the local five-county economy. We are committed to assisting employers by offering in-demand training options designed to qualify individuals for careers in the region.
www.uswib.org

UPPER SHORE AMERICAN JOB CENTER
300 Bay Street, Easton, MD 21601
(410) 822-3030
Looking for a new career? American Job Centers provide training and career coaching to help you find a great job! Training scholarships are available. Gain new skills at little or no cost! The Upper Shore Network of American Job Centers serves Caroline, Dorchester, Kent, Queen Anne’s, and Talbot Counties. You are welcome to visit any of our five locations to get started - no appointment needed! Training programs are available in healthcare, truck driving, computers, manufacturing, and many other areas!
www.uppershorejobcenters.com
ESSENTIAL needs

Essential Needs
FOOD AND NUTRITION ASSISTANCE

CAREPACKS OF TALBOT COUNTY
305 Glenwood Avenue, Easton, MD 21601
(410) 822-0550
Carepacks is a weekend food program aimed at preventing hunger among Talbot County’s most economically vulnerable students. We serve students at ALL Talbot County elementary schools.
www.eescarepacks.org

COMMUNITY NUTRITION AND GARDENING EDUCATION - UNIVERSITY OF MARYLAND EXTENSION
28577 Mary’s Court, Suite 1, Easton, MD 21601
(410) 822-1244
Provides nutrition and gardening education to community groups in coordination with the Talbot County Hunger Coalition.
www.extension.umd.edu/talbot-county

FOOD SUPPLEMENT PROGRAM (FOOD STAMPS) - TALBOT COUNTY DSS
301 Bay Street, Easton, MD 21601
(410) 770-4848
The Supplemental Nutrition Assistance Program (SNAP), called the Food Supplement Program (FSP) in Maryland, formerly known as Food Stamps, helps low-income households buy the food they need for good health. Everyone has the right to apply for FSP.
www.dhr.maryland.gov/food-supplement-program

GROWING HEALTHY HABITS - UNIVERSITY OF MARYLAND EXTENSION
28577 Mary’s Court, Suite 1, Easton, MD 21601
(410) 715-6903
University of Maryland Extension’s Growing Healthy Habits is a gardening and nutrition education curriculum used in classrooms, after-school clubs, and summer programs for youth. The Growing Healthy Habits program uses growing food to teach about the link between nutrition and gardening.
www.extension.umd.edu/fsne/fsne-youth-programs/growing-healthy-habits

HARVEST OF HOPE - EASTON CHURCH OF GOD
1009 N Washington Street, Easton, MD 21601
(410) 822-3088
Our mission is to be a resource united in providing food to families in their time of need. Senior Citizen Meals are delivered on Mondays and Tuesdays - to sign up for meal delivery, please email kathytaylor@eastoncog.org.
www.eastoncog.org/harvest-of-hope

INTERFAITH COALITION AGAINST HUNGER
To help combat the increasing problem of hunger in the community, this group of nine local faith congregations make and deliver lunches throughout the year to people in Easton.
www.uufeaston.org/our-ministry-2/social-justice-committee/hunger-lunches

MARYLAND FOOD BANK, EASTERN SHORE BRANCH
28500 Owens Branch Road, Salisbury, MD 21803
(410) 742-0050
The Maryland Food Bank – Eastern Shore Branch distributes food to eight counties: Caroline, Dorchester, Kent, Queen Anne’s, Somerset, Talbot, Wicomico, and Worcester.
www.mdfoodbank.org/locations/eastern-shore-branch

MEALS ON WHEELS
400 Brookletts Ave, Easton, MD 21601
(410) 822-2869
Meals on Wheels is a national non-profit volunteer community service providing nutritional home-delivered meals, at cost, to qualified home bound seniors 60 years of age or older. Meals are also provided to disabled individuals unable to prepare or obtain adequate meals.
www.brooklettsplace.org/meals-on-wheels

MOM’S MEALS
1-877-508-6667
Mom’s Meals is a leading national provider of -made, home-delivered meals and nutrition services for individuals desiring convenience or independent living and for patients recuperating at home or managing a chronic disease.
www.momsmeals.com
MOVABLE FEAST
901 Milton Ave, Baltimore, MD 21205
(410) 327-3420
Moveable Feast provides food to low income residents suffering from life-threatening diseases like AIDS, diabetes and cancer. Since 1989, Moveable Feast has delivered 12.3 million healthy meals at no cost to more than 14,600 sick and poor people in Maryland counties.
www.mfeast.org

MUSCLE INC SPORTS NUTRITION
201 Marlboro Avenue Suite B, Easton, MD 21601
(410) 770-3770
MuscleInc is a sports nutrition and vitamin store located in Easton Maryland. Boasting 2500 square feet of the latest in muscle builders and fat burners, we are open six days a week to serve you.
www.facebook.com/pg/muscleincmd

PRESBYTERIAN CHURCH OF EASTON - FOOD PANTRY
617 North Washington Street, Easton, MD 21601
(410) 822-3324
Distributes food through Emergency Food Pantry; provides meeting space for Alanon, Mental Health, Stroke and other support programs; Worship Services are at 10:00 every Sunday morning - Childrens’ Sunday School and Nursery are available during the service.
www.pceaston.com

SCOTTS UNITED METHODIST CHURCH - FOOD BANK
3748 Main Street, Trappe, MD 21673
(410) 476-3980 / (410) 822-8308
Everyone is Welcome! Call for more information.
www.lightbythelight.org/history.html

ST. MICHAELS COMMUNITY FOOD PANTRY
103 Railroad Ave., St. Michaels, MD 21663
(410) 745-6073
Food Distribution site helping the St. Vincent de Paul Society expand its reach for the Maryland Food Bank. To receive food donations from the Maryland Food Bank, please feel free to stop by our Railroad Ave. location anytime between 1-3 p.m. on Mondays and Wednesdays.
www.stmichaelscc.org/food-donations.html

ST. MICHAELS FOOD PANTRY - CHRIST CHURCH
100 Willow Street, PO Box S, St. Michaels, MD 21663
(410) 745-4141
Non-perishable foods, frozen meat, fresh produce, storybooks for children, good cheer and other area resources for family assistance.
www.christstmichaels.org/outreach-contributions

TALBOT COUNTY HUNGER COALITION
The Talbot County Hunger Coalition is a network of community members, providers and caring individuals working together with the Talbot Family Network to end hunger and improve access to healthy, nutritious food for our most vulnerable residents.
www.healthytalbot.org/about/talbot-county-hunger-coalition

TILGHMAN FOOD PANTRY - UNITED METHODIST CHURCH
5731 Tilghman Island Rd, Tilghman, MD 21671
(410) 886-2009
Food pantry for those in need.
www.facebook.com/TIlghmanUMC

WOMEN, INFANTS AND CHILDREN (WIC) MID-SHORE
100 S. Hanson Street, Easton, MD 21601
(410) 479-8060 / 1-866-551-2139
Serving Caroline, Talbot, and Dorchester Counties - The curriculum introduces children to fruits and vegetables through multiple tasting experiences as they grow, harvest, and prepare foods that they have grown. The curriculum can be implemented in any type/size garden, including a container garden but can also be used without the gardening activities.
www.carolinehd.org/wic-midshore
FARMER’S MARKETS

EASTON FARMER’S MARKET
100 Block of N. Harrison Street, Easton, MD 21601
The mission of the Easton Farmers Market is to provide a marketplace for farmers and vendors to sustain their local operations, while at the same time offering consumers a venue that fills their whole plate with local produce.
www.avalonfoundation.org/easton-farmers-market

HARRIS FARMS
101 Marlboro Ave, Easton, MD 21601
Open June through September - Located at the Easton Bowl parking lot selling fresh produce everyday. Monday - Saturday 10 AM to 6 PM and Sundays 10 AM to 3 PM
www.harrisharmsmarket.com

ST. MICHAEL’S MARKET
204 S. Talbot Street, St. Michaels, MD 21663
The market is a Saturday destination for locals, weekenders, and boaters. Farmers offer fresh fruits and vegetables, grass fed meats and pastured eggs, honey, locally roasted coffee, cut flowers, potted plants, and more.
www.facebook.com/loveyourfarmer/
HOUSING AND UTILITY ASSISTANCE

EMERGENCY ASSISTANCE FOR FAMILIES & CHILDREN (EAFC) - TALBOT COUNTY DSS
301 Bay Street  Easton, MD 21601
(410) 770-4848
Provides emergency cash assistance to families who need help paying an eviction notice, emergency fuel/heating shortage.
www.dhr.maryland.gov/local-offices/talbot-county

FORECLOSURE PREVENTION - MD HOPE
1-877-462-7555
Mortgage late? Don’t wait! You have options. We can help. Call the Maryland HOPE Hotline today! Foreclosure prevention workshops available.
www.dhcd.maryland.gov/Residents/Pages/HOPE/MDHope.aspx

FRIENDS HELPING FRIENDS NETWORK, INC.
(443) 477-3324
We are a Christian-based organization that helps single moms and homeless families by providing temporary shelter, helping them set and reach goals, while working on a budget and a goal plan; teaching them to become independent while helping them to focus by taking away burdens that hold them back.
www.facebook.com/Friends-Helping-Friends-Network-Inc-236012023101372/

HABITAT FOR HUMANITY CHOPTANK
29350 Maple Avenue, Trappe, MD 21673
(410) 476-3204
Through financial coaching, education and support, and access to affordable financing, Habitat Choptank provides an opportunity for individuals and families in our communities to purchase a quality construction, energy efficient, affordable home.
www.habitatchoptank.org

MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP) - NEIGHBORHOOD SERVICE CENTER
126 Port Street, Easton, MD 21601
(410) 822-5015
Nationally known as the Low Income Home Energy Assistance Program (LIHEAP), MEAP is a federally-funded program that helps low-income households with their home energy bills.
www.nsctalbotmd.org

RIDGEWAY HOUSE - TRANSITIONAL HOMELESS SHELTER
120 North Aurora Street, Easton, MD 21601
(410) 820-7013
This program allows shelter staff to provide case management and life skills training and to network with community partners to help move the homeless population toward self-sufficiency.
www.nsctalbotmd.org/programs

MAIN STREET HOUSING
(410) 770-4801 ext. 308
We develop and manage quality, affordable, independent housing for individuals and families living with psychiatric disabilities. Visit our website for an application and qualification guidelines.
www.mainstreethousing.org
TALBOT INTERFAITH SHELTER (AND TRANSITIONAL HOUSING)
107 Goldsborough Street, Easton, MD 21601
(410) 690-3120
Provides safe shelter, nutritious meals, and compassionate support to families and individuals who are homeless or on the brink of homelessness; also provides transitional housing to guests ready to move toward self-sufficiency.
www.talbotinterfaithshelter.org

WEBB’S HOPE
36 West Street, Easton, MD 21601
(410) 822-5015
Webb’s Hope is Neighborhood Service Center’s low-income rental property.
https://www.nsctalbotmd.org/webb-s-hope

TRANSPORTATION

BAY COUNTRY TAXI AND TRANSPORTATION COMPANY
218 N Washington St., Ste. 19, Easton, MD 21601
(410) 770-9030
Count on us to provide fast and friendly pick-up and drop-off services at competitive prices.
www.baycountrytaxi.com/home

BAY RUNNER SHUTTLE SERVICES
547C Riverside Dr, Salisbury, MD 21801
(410) 822-5444
BayRunner Shuttle provides daily, scheduled, high quality transport services for airline passengers traveling from Cambridge, Salisbury, Easton, Kent Island, Ocean Pines and Ocean City to Baltimore-Washington International Airport or the Baltimore Greyhound Bus Terminal.
www.bayrunnershuttle.com/east/default.asp

BEST CARE AMBULANCE INC
29468 Laurwayn Dr., Unit 11, Trappe, MD 21673
(410) 476-3688, (410)758-1999
Best Care Ambulance, Inc. operates transports from hospital to hospital, rehabilitation centers, nursing homes, doctor offices, residences, and hospital medical appointments. Call for pricing, availability and/or information!
www.bestcareambulance.net

DELMARVA COMMUNITY TRANSIT
2450 Cambridge Beltway, Cambridge, MD 21613
(410) 221-1900
MUST is a collaborative public transportation effort between Delmarva Community Transit and Queen Anne’s County, County Ride providing fixed route and deviated fixed route services to the general public throughout Maryland’s Mid-and-Upper Eastern Shore. Special services are available for persons with disabilities or who are unable to use the regional fixed routes. Contact your local transportation provider for trip availability.
MUST - 866-330-6878
www.mustbus.org

DELMARVA COMMUNITY TRANSIT
o Dorchester County - 410-221-1910
o Caroline County - 410-479-3867
o Kent County - 410-778-5187
o Talbot County - 410-822-4155
o Travel Training Information - 1-866-645-7111
Queen Anne’s County, County Ride - 410-758-2357
Shore Transit - 443-260-2300
MTA Commuter Bus - 800-543-9809
Annapolis Transit – 410-263-7964
MD Relay #711

EXECUTIVE TAXI AND TRANSPORTATION SERVICE
(410) 820-TAXI (8294)
Whether you don’t have a car or just don’t want to drive, our taxi service is the most convenient way to get around. Our car service offers a safe, reliable, and affordable way to get where you need to go. Call for pricing details.
www.executivetaxicabservices.com/easton-md-taxi-service.htm

KEY LIME TAXI OF THE EASTERN SHORE
(410) 870-7832
Great rates, excellent service and Easton’s best in Professional Driving. Whether for personal or commercial transportation reasons, we have exactly what you need.
www.elktontaxi.com
MEDICAL ASSISTANCE TRANSPORTATION
- HEALTH DEPARTMENT
100 South Hanson Street, Easton, MD 21601
(410) 819-5609
This program is NOT for emergency medical transportation services, nor does it cover transportation for other services than medical appointments. This program provides a nonemergency medical transportation source for Talbot County Medicaid recipients who have no other means of transportation. Riders must have an active medical assistance number.
www.health.maryland.gov/talbotcounty/TRANSPORTATION/Pages/Home.aspx

MARYLAND 529
217 E. Redwood Street, Suite 1350, Baltimore, MD 21202
888.4MD.GRAD (463.4723)
Learn how you can invest in your child's future with 529 College Savings Plans. With a 529 plan, saving for your child’s college education is easier than you think, and the sooner you start, the better. It’s never too early or too late to start saving for college. And now, up to $10,000 per year, per beneficiary, may also be used for tuition expenses at a private, public or religious elementary or secondary school. Investing early and regularly in a 529 plan may provide the potential for long term growth.
www.maryland529.

UBER
Daily commute. Errand across town. Early morning flight. Late night drinks. Wherever you’re headed, count on Uber for a ride—no reservations required.
www.uber.com

PERSONAL FINANCE

BAY COUNTRY FINANCIAL SERVICES
8221 Teal Drive, Suite 103, Easton, MD 21601
(410) 822-0599
With 100 years of combined experience, we’re the company to trust for fast, confidential, and flexible financial services. Get secured consumer personal loans and consolidation loans even if you don’t have great credit. In addition to this, we offer loans (direct and indirect lending) for new and used automobiles, boats, trailers, RVs, motorhomes and motorcycles.
www.baycountryfinance.com/easton-location

MARINER FINANCE
8223 Elliott Road, Suite 13, Easton MD 21601
(410) 443-0702
We’ll match you with a personal loan near you that meets your immediate needs and helps you realize your long-term dreams. We understand that every borrower, and borrower need, is different. So we take the time get to know you.
www.marinerfinance.com

THIFT STORES

GOODWILL INDUSTRIES OF THE CHESAPEAKE
134 N. Washington Street, Easton, MD 21601
(410) 770-4458
Goodwill has spent more than 96 years collecting reusable items for resale in our retail stores and using the return to invest in hardworking individuals seeking stability and financial independence.
www.goodwillches.org

HABITAT FOR HUMANITY RESTORE
8610 Commerce Drive, Easton MD 21601
(410) 820-6186
Donated goods for resale - while every ReStore is a little different, most focus on home improvement goods: furniture, home accessories, building materials and appliances. These donated goods are sold to the general public at a fraction of the retail price to help local affiliates fund their self-help housing program.
www.habitatchoptank.org/restore-2-2

ST. MARK’S THRIFT SHOP
311 East Dover Street, Easton, MD 21601
(410) 820-7106
It offers quality, second-hand merchandise including clothing, housewares, etc. The shop is open for business on Monday 10 am to 12:30 pm and Thursday, Friday & Saturday 10 am to 2:00 pm. The net proceeds from the shop’s operation supports St. Mark’s Mission Fund and is a primary source of income for the fund.
ST. VINCENT DE PAUL - THRIFT STORE
29533 Canvasback Drive, Easton, MD 21601
(410) 770-4505
Clothing is available for purchase. For people having emergencies such as homelessness or major losses due to fires or accidents, it is available for little or no money. Housewares, furniture, and kids toys also available. ALL proceeds from your clothing purchases help SVdP buy items for our Food Pantry.
www.svdpeastonmd.org

TREASURE COVE THRIFT SHOP
200 Railroad Ave., St. Michaels, MD 21663
(410) 745-0669
This quaint resale shop collects donations from area residents and offers them to the public at extremely discounted prices. Even after hours, the Treasure Cove also is available to assist anyone in need of clothing, shoes, household items or furniture—entirely free of charge.
www.stmichaelscc.org/thrift-store.html
PERSONAL FITNESS AND WELLNESS

ANOTHER LEVEL FITNESS - CROSSFIT NATION
411 Needwood Ave, Easton, MD, 21601
410-324-6945
We are here to empower you to boldly remove obstacles and fearlessly pursue your fitness goals. We have the tools you need to get where you want to be and the coaching staff to get you there, Fitness, Personal Training, and Nutrition Coaching.
www.anotherlevel.fitness

BAY PILATES AND WELLNESS
295 Bay St, Easton, MD 21601
(410) 924-0451
Bay Pilates and Wellness in Easton is a boutique fitness studio with a strong commitment towards personalized service and individual attention for those seeking to achieve a healthier lifestyle.
www.baypilates.com

COASTAL RETREAT STUDIOS AND WELLNESS
717 Goldsborough Street, Easton, MD 21601 / 201 Tilghman Street, Oxford, MD 21654
(410) 829-2998
A healing space and nourishing environment have been created to support your unique mind, body and spirit.
www.coastal-retreat.com

EASTERN SHORE YOGA
29512 Canvasback Dr, Easton, MD 21601
(410) 924-0919
We hope to bring the joy and power of yoga to our community - one person at a time.
www.easternshoreyogamd.com

EASTON FIT 4 LIFE
8859 Mistletoe Dr., Suite C, Easton, MD 21601
(443) 786-2320
We are a personal training gym specializing in custom training programs for youth sports, strength training, all-around fitness, seniors’ balance and flexibility training, and wellness programs for men, women, and youth of all ages.
www.personaltrainingeaston.com

EVERGREEN - EASTON POINT
770 Port St, Easton, MD 21601
(410) 819-3395
Our program offerings are wide ranging, encompassing personal and spiritual growth, health and wellness, relationships, creative self expression and more.
www.evergreeneaston.org

FITNESS RX
101 Marlboro Ave, Ste 37, Easton, MD 21601
(443) 385-0506
We offer members a wide range of group classes, personal training, 24/7 access, nutritional education, and all the encouragement they’ll ever need.
www.fitnessrxworkout.com

HEARTHSTONE HEALTH AND FITNESS, INC.
8632-A Commerce Drive, Easton, MD 21601
(410) 690-3838
A full service fitness, nutrition and wellness center. The staff of fitness trainers, nutrition coaches, and life coaches provides the knowledge and guidance you need to help you look better, feel better, gain more energy, improve your health, perform better in your favorite sport, and breeze through your daily activities.
www.hearthstonehealthandfitness.com

THE LAB
26 Creamery Lane, Easton, MD 21601
(443) 336-3218
The LAB is different from the ordinary concept of a traditional Martial Arts facility. The LAB takes each person’s physical, mental and personal goals and designs a plan to bring out the very best in them individually.
www.thelabeaston.com

MID SHORE MARTIAL ARTS
29000 Information Lane #105, Easton, MD 21601
(443) 205-1230
Mid-Shore Martial Arts offers a number of programs for physical fitness and instruction in martial arts.
www.midshoremartialarts.com
Whether as a recreational hobby or an intensive training program, studying dance benefits children in a wide variety of ways. In this world of instant-everything, preparing for a performance engages the student in long-term memory and planning, skills that are less well-developed in our younger generations.

www.midshoredance.org

Our mission is to bring yoga to our community, to make the benefits of yoga accessible to everyone, young and old, from beginner to experienced.

www.stmichaelsstudio.com


www.ymcachesapeake.org
YMCA - ST. MICHAELS
1013 South Talbot Street, St. Michaels, MD
(410) 745-5963
www.ymcachesapeake.org

PRENATAL/PREGNANCY

CHESAPEAKE WOMEN’S HEALTH
401 Purdy Street, Suite 102, Easton, MD 21601
(410) 820-0038
Chesapeake Women’s Health offers comprehensive Obstetrical and Gynecological services.
www.cwomenshealth.com

CHOICES PREGNANCY CENTER
8221 Teal Drive, Unit 408, Easton, MD 21601
(410) 822-3311, 24-Hour Helpline (800) 712-HELP (4357)
Choices Pregnancy Center exists to help women know and understand all their pregnancy options. Services are free, confidential, and professional.
www.cpcshore.org

HEALTHY NEW MOMS - FACEBOOK GROUP
For Pregnant and New Mothers on the Eastern Shore - we hope to create a safe, supportive environment for those who may have questions or concerns regarding their mental health as they go through the life changes of being pregnant and giving birth. We cannot provide counseling or therapy in this group, but we are here to offer support and resources.
www.facebook.com/groups/1678498659091681

PLANNED PARENTHOOD OF MARYLAND
8579 Commerce Drive, Easton, MD 21601
(410) 576-1414
Planned Parenthood of Easton offers: Abortion Services, Birth Control, HIV Testing, LGBT Services, Men’s Health Care, Morning-After Pill, Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care. We accept many insurance plans. If you don’t have insurance, affordable coverage options may be available.
www.plannedparenthood.org/maryland

PHYSICAL HEALTH AND FAMILY PRACTICE

ANNE ARUNDEL MEDICAL CENTER
28438 Marlboro Ave., Easton, MD 21601
(443) 481-1000
Easton features a diagnostic radiology center, lab services, and services to support physical therapy, primary care, breast care, bariatics, cardiology, pelvic health, and orthopedics.
https://www.aahs.org/Locations/AAMC-Pavilion-%E2%80%93-Easton/

AUDIOLOGY ASSOCIATES
609 Dutchmans Ln, Easton, MD 21601
(410) 820-9826
www.aaiaudiology.com/locations/easton

BAY PEDIATRIC CENTER
606 Dutchman’s Lane, Easton, MD 21601
(410) 763-8272
Our goal is to provide quality, family-centered care to all of our patients from birth through adolescence.
www.baypeds.com

BAYSIDE FAMILY PRACTICE, LLC
538 Cynwood Drive, Suite 2, Easton, MD 21601
(410) 763-8999
Family Medicine physicians are trained to manage a large variety of medical problems.
www.baysidefp.com

CHASE BREXTON HEALTH CARE
8221 Teal Drive, Suite 202, Easton, MD 21601
(866) 260-0412
Our services include: Adult Primary Care, HIV/Infectious Disease Care, Free, Walk-in HIV Testing, Case Management Services, Same-day Services. Everyone is welcome. New to the community or new to this country, gay or straight, insured or uninsured, we provide compassionate, state-of-the-art health care to all.
www.chasebrexton.org
CHOICE ONE URGENT CARE
28522 Marlboro Ave Ste C, Easton, MD 21601
(443) 746-0086
Urgent Care, Flu Shots, Occupational Health, Sports Physicals, Travel Medicine, X-Rays and Labs - Simple Payment Options available.
www.choiceoneuc.com/locations/easton

CHOPTANK COMMUNITY HEALTH - BAY HUNDRED MEDICAL
933 South Talbot Street, Unit 4, St. Michaels, MD 21663
(410) 745-0200
CCHS is a private, nonprofit community health center providing primary health care services including a full range of primary medical, dental, and behavioral health services. A sliding fee scale is available for any patient without insurance. School-based services at TCPS.
www.choptankhealth.org

EASTERN SHORE ACUPUNCTURE AND HEALING ARTS
8706 Commerce Drive, Suites 5, Easton, MD 21601
(410) 820-9988
Our caring, non-judgmental approaches to healing the body, mind, and spirit recognizes that acupuncture and Chinese medicine can help your body heal itself and are effective complements to other modalities such as massage, naturopathy, and Western medicine.
www.easternshoreacupuncture.com

EASTON ACUPUNCTURE WITH JEN COLEMAN, RN, MAC
21 N Harrison Street, Easton, MD 21601
(410) 310-1599
Offering acupuncture, fire cupping, gua sha, moxa, and smoking cessation program.
www.eastonacu.com

EBBTIDE WELLNESS STUDIO
114 S. Washington St., Ste 104, Easton, MD 21601
(410) 989-1947
EbbTide Wellness Studio specializes in Mindfulness and Acupuncture. We offer group and private mindfulness, guided meditation classes, group and private acupuncture treatments, yoga, and workshops as well as a quiet and accessible space for individual meditation.
www.ebbtidewellness.com

HALO WHOLISTICS
8737 Brooks Dr. #103, Easton, MD 21601
(410) 253-5310
HALo Wholistics is a unique and wholistic medical clinic. You are here because you have been searching for answers. You are here because you have tried other treatments for pain, for fertility, for digestive complaints, for autoimmune disease, for CIRS and other medically complex illnesses and you have not had success. You are here because you are ready to change your life AND you are committed.
www.halowholistics.com

HEALING ELEMENTS
7 S. Park St, Easton, MD 21601
(410) 690-4831
A person-centered approach to wellness offering Acupuncture and Massage. Accepting insurance for Acupuncture.
www.facebook.com/healingelementseaston

LINNEA VARNER ACUPUNCTURE
119 N. West Street, Easton, MD 21601
(410) 703-8387
Linnea brings together the best of Eastern and Western medicine to help you on your journey to optimal wellness including acupuncture, holistic nursing, chinese herbs, and sports medicine.
www.linneavarner.com
MID SHORE COMMUNITY ACUPUNCTURE
10 South Hanson Street, Suite 24, Easton, MD 21601
(410) 310-6140
Our Mission: To make acupuncture affordable and accessible to more people so that they can improve the quality of their health and the quality of their lives. In doing this we seek to reflect the values of humility, simplicity, compassionate care, and concern for the common good.
www.mid-shorecommunityacupuncture.com

RIVER FAMILY PHYSICIANS
555 Cynwood Drive, Easton, MD 21601
1110 S Talbot Street, St. Michaels, MD 21663
(410) 820-7270
Primary Care: The way we practice medicine is based upon your individual needs – from preventive and screening services to treating illness. Our goal is to see you not only for urgent medical needs, but also regularly for health checkups. We see patients of all ages – from babies to seniors.
www.myaamg.org/river-family-physicians

THE APOTHECARY AT EASTON
29512 Canvasback Drive, Easton, MD 21601
(443) 362-9355
We are your one stop shoppe for holistic products and services, nestled in a boutique atmosphere offering acupuncture, massage and skin care.
www.theapothecaryateaston.com/services

TIDEWATER PHYSICAL THERAPY & REHABILITATION ASSOCIATES, P.A.
406 Marvel Court, P.O. Box 1564 Easton, MD 21601
(410) 822-3891
Providing a full range of high quality physical rehabilitation choices to area residents.
www.tidewaterpt.com

UNIVERSITY OF MARYLAND COMMUNITY MEDICAL GROUP - PEDIATRICS
500 Cadmus Ln #210, Easton, MD 21601
(410) 822-8550
The providers at UM Community Medical Group - Pediatrics offer care to pediatric patients from birth through college, caring for patients in their office locations as well as in the nursery and Pediatric Unit at University of Maryland Shore Medical Center at Easton.
www.umcmg.org/specialties/pediatrics

TALBOT HOSPICE
586 Cynwood Drive, Easton, MD 21601
(410) 822-6681, 24-Hour Access Line (410) 822-2724
Offering hope, compassionate support and services to all members of our community facing end-of-life issues. We provide patient and family care, community education and advocacy while respecting both curative and palliative treatment choices.
www.talbothospice.org

WHITE LOTUS HOLISTICS
308 Needwood Ave, Easton, MD 21601
(443) 786-7108
White Lotus Holistics brings you a variety of complementary evidence-based alternatives to enrich your life including Reiki, Craniosacral Therapy, Yoga Classes, Whole Health Wellness education, Coaching, and Meditation training.
www.whitelotusholistics.com

YOUR DOC’S IN
8163 Ocean Gateway, Easton, MD 21601
(877) 222-4934
Whether you have allergies, fever, stomach ache or a broken arm, we can help! Your Doc’s In also offers x-rays, drug tests, sports physicals and flu shots.
www.yourdocsin.com/easton-md
CCHS is a private, nonprofit community health center providing primary health care services. CCHS health centers provide a full range of primary medical, dental, and behavioral health services. A sliding fee scale is available for any patient without insurance. School-based services at Easton public schools and St. Michaels Middle/High.

www.choptankhealth.org

We treat anyone in need of dental services in our Easton and Salisbury, MD clinics. Our doctors and staff members are all family-oriented.

www.demddental.com

Our Family Dental practice in Easton, MD provides Dental Implants, Porcelain Veneers, Cosmetic Dentistry, and Crowns and Bridges.

www.dentalchoiceeaston.com

Our goal is to provide the finest in pediatric dental care in a relaxed and enjoyable setting.

www.dentistryforchildrenmd.com

At Donald E. Broskey DMD in Easton, Maryland, our staff is committed to providing the top service in the industry. Our family dentist has more than 20 years of experience working with patients of all ages.

www.donaldebroskey.com
EASTERN SHORE SMILE SOLUTIONS
29276 Erickson Drive, Easton, MD 21601
(443) 205-4757
Eastern Shore Smile Solutions offers a full array of dental services to help you maintain healthy teeth.
www.easternshoresmilesolutions.com

EASTON FAMILY DENTAL
127 N West Street, Easton, MD 21601
(410) 820-0230
Offering family and cosmetic dentistry, our dedicated and friendly staff will make the visit to our dental office pleasant and rewarding.
www.easton-familydental.com

JOHN V LOUIS, DMD, LLC - PERIODONTAL CARE
218 Bay Street, Easton, MD 21601
(410) 774-5582
Dr. John V. Louis, a skilled periodontist in Easton, MD, can improve the health and appearance of your smile. Dr. Louis offers comprehensive periodontal services, ranging from dental implants to BIOLASE laser gum disease treatment.
www.periodontics-implants.com

DR. MARGRET QUIMBY, DDS, FAGD
538 Cynwood Drive C, Easton, MD 21601
(410) 770-9590
At Dr Quimby's dental office our priority is to deliver comprehensive, quality care to informed patients in a comfortable and convenient setting.
www.drquimbydds.com

SERINO ORTHODONTICS
538 Cynwood Drive, Easton, MD 21601
(410) 822-9411
Dr. John Serino is proud to offer outstanding orthodontic care for the entire family in a clean, relaxing atmosphere. We offer a wide range of orthodontic treatment to meet the needs and desires of each individual patient.
www.serinoortho.com

SHORE FAMILY DENTISTRY
29466 Pintail Drive #16, Easton, MD 21601
(443) 385-0285
Shore Family Dentistry creates a relaxing environment where we can offer caring attention to each patient with state-of-the-art technologies. Our goal is to improve the smiles of the community, one family at a time.
www.shorefamilydentistry.com

VISION

DELMARVA LASER EYE CENTER
405 Marvel Court, Easton, MD 21601
(410) 822-9801
With the personalized care you deserve using only the latest, most innovative techniques in eye care. We offer a variety of comprehensive medical and surgical treatments to help restore and maintain your optimal ocular health. We welcome patients from all over the Eastern Shore.
www.delmarvaeye.com

EASTON EYE CARE
210 Marlboro Ave, Suite 31, Easton, MD 21601
(410) 822-3937
EASTON EYE CARE, serving the Mid-Shore of Maryland for over 40 years, provides full service eye care by licensed optometrists. We offer comprehensive eye exams, emergency visits, contact lens fittings, laser vision and cataract surgery case management, and medical treatment of eye diseases and disorders.
www.eastoneyecare.net

MY EYE DOCTOR
28522 Malboro Ave A, Easton, MD 21601
(410) 690-8844
Perhaps you’ve recently noticed your vision isn’t what it used to be and that things that once were in focus now appear to be a bit fuzzy. Or maybe you’ve concluded that the eyeglasses you used to love now seem a bit stale and outdated. Either way, you’re in luck - visit MyEyeDr.
www.myeyedr.com/locations/easton4
MID SHORE SURGICAL EYE CENTER
8420 Ocean Gateway, Easton, MD 21601
(410) 822-0424
Midshore Surgical Eye Center is conveniently located in Easton and Cambridge, Maryland and our offices are well-equipped with cutting edge eye care technology. For the past three decades we have been providing communities on the Eastern Shore with attentive and personalized eye care. At Midshore Surgical Eye Center, it is our personal goal and professional commitment that you and your family receive the highest quality in eye care. We pride ourselves on our experience, state-of-the-art equipment & technology, and commitment to our community. We look forward to serving you and all of your visual needs. www.midshoreeye.com

BEHAVIORAL HEALTH

CHANNEL MARKER, INC.
8865 Glebe Park Drive, Unit 1, Easton, MD 21601
(410) 822-4619
A licensed psychiatric rehabilitation program reducing the stigma of mental illness and providing programs to enhance the functioning of individuals with psychiatric disorders. Provides a variety of support services including independent living skills, social skills, coping strategies, and health promotions to clients with serious mental illness such as major depression, bi-polar disorder, mood disorders, ADHD, and schizophrenia, as well as co-occurring substance abuse disorders. Operates day, residential, health home, vocational, clinical group practice, and community support services in for adults, as well as community support services for youth. www.channelmarker.org
CHESAPEAKE VOYAGERS, INC. (CVI)
342-C North Aurora Street, Easton, MD 21601
(410) 822-1601
CVI offers Peer Support to anyone living with behavioral health (mental health and addiction) issues. We offer support groups, individual peer support and social activities geared towards promoting wellness and recovery.
www.chesapeakevoyagers.org

CORSICA RIVER MENTAL HEALTH SERVICES
933 South Talbot Street, St. Michaels, MD 21663
(410) 745-8028
Corsica River Mental Health Services, Inc., provides outpatient mental health therapy services for adults, children and families.
www.crmhsinc.com

EASTERN SHORE PSYCHOLOGICAL SERVICES (ESPS)
29520 Canvasback Road, Easton, MD 21601 (ground floor)
(410) 822-5007
Eastern Shore Psychological Services Programs provides community, school and family based treatment and evaluation services. ESPS does not deny services based on inability to pay.
www.espsmd.com

FOR ALL SEASONS, INC.
300 Talbot Street, Easton, MD 21601
English (410) 822-1018; Hotline: 410-820-5600
Para Español, llamada/texto: (410) 829-6143
Provides bilingual (English-Spanish) outpatient behavioral health services, regardless of ability to pay. Mental health services include: Individual, Family & Group Therapy, General & Child and Adolescent Psychiatry, Marriage and Couples Counseling, Grief Counseling, Co-Occurring Disorder Treatment, and Urgent Care Services. Our Rape Crisis Center services include: 24 hour Advocacy Response including response to local emergency depts., 24 hour English and Spanish hotlines for victims of sexual assault, sexual abuse and trauma, Crisis Counseling and Support, Case Management, Education and outreach programming.
www.forallseasonsinc.org

MARYLAND COALITION OF FAMILIES
9 S. Third Street, Denton, MD 21629
(410) 730-8267
Our trained staff, who themselves have cared for a loved one with mental health, substance use or gambling issues will work one-on-one to help you understand the services available in your community and how to access them. Visit our website for a list of Peer Support Specialists on the Eastern Shore! To connect to MCF in your community, call 410-730-8267, press 1 or email referral@mdcoalition.org
www.mdcoalition.org

MID SHORE BEHAVIORAL HEALTH, INC.
28578 Mary’s Court, Suite 1, Easton, MD 21601
(410) 770-4801
Although we are NOT a treatment provider, our purpose is to develop a full array of quality, accessible behavioral health services, resources and supports throughout our rural region. We provide education and guidance to consumers, family members, providers and community leaders about behavioral health. Please visit our website for our Behavioral Health Resource Guide for the mid-shore region, as well as more information on our services and programs including housing, behavioral health evaluations for the criminally involved, consumer support funding, population-based workgroups, and much more.
www.midshorebehavioralhealth.org

MY MENTAL HEALTH LLC
218 N Washington St, Easton, MD 21601
(443) 354-1200
Medication Management and TMS Therapy (Transcranial Magnetic Stimulation) through Greenbrook TMS. Greenbrook TMS Therapy is an effective, non-drug treatment for patients diagnosed with depression who have not felt better from past or current depression treatment.
www.mymentalhealthtms.com
PEACE OF MIND MENTAL HEALTH SERVICES, LLC
29315 Erikson Drive, Easton, MD 21601
(410) 690-8181
Serving children, teens, adults, and the elderly, we provide the following services: Individual Therapy, Couples Counseling, Family Therapy, Group Therapy, Social Skills, Adult Wellness, Women’s Trauma Group, Assessments for bariatric surgery, organ transplants, and other medical procedures. Types of treatment available at our practice include but limited to: CBT, DBT, ACT, Emotionally Focused Treatment, Trauma-Informed Care, Trauma-Focused CBT, EMDR, play therapy, and medication management. Accepts most insurances.
www.peaceofmindmhs.com

TALBOT HOSPICE BEREAVEMENT CENTER
586 Cynwood Drive, Easton, MD 21601
(410) 822-6681
The Talbot Hospice Bereavement Center offers individual and family consultation, as well as a number of support groups that meet on a regular basis. Our services are offered without charge and there is no requirement for your loved one to have been a hospice patient. We offer our bereavement services to anyone, regardless of county of residence. Talking with others who are experienced with loss and grief can be helpful.
www.talbothospice.org/programs/bereavement

ALCOHOLICS ANONYMOUS - MID-SHORE INTERGROUP
114 N. Washington Street, Suite 8, Easton, MD 21601
(410) 822-4226
The primary purpose of Mid-Shore Intergroup is to be sure help is available when a still-suffering alcoholic requests it. Sometimes a person will call for information, and sometimes they just show up. Like the regular A.A. groups, our primary purpose is to carry the message of Alcoholics Anonymous. The only requirement of membership is the desire to stop drinking. No dues or fees.
www.midshoreintergroup.org

CHESAPEAKE TREATMENT SERVICES
402 Marvel Court, Easton, MD 21601
(410) 822-7150, After Hours: (443) 736-6777
Chesapeake Treatment Services’ clinics are dedicated to the recovery of individuals struggling with opioid addiction. We will offer Suboxone and daily doses of methadone. We provide affordable care in a respectful and welcoming environment for individuals who are suffering with the disease of addiction.
www.chesapeaketreatmentservices.com

CHESAPEAKE VOYAGERS, INC (CVI)
342-C North Aurora Street, Easton, MD 21601
(410) 822-1601
CVI offers Peer Support to anyone living with behavioral health (mental health and addiction) issues. We offer support groups, individual peer support and social activities geared towards promoting wellness and recovery.
www.chesapeakevoyagers.org

SUBSTANCE USE RECOVERY AND EDUCATION

AL-ANON ON MARYLAND’S EASTERN SHORE
1-888-425-2666 (888-4AL-ANON)
Al-Anon is a worldwide organization that offers a program of recovery for families and friends of alcoholics, whether or not the alcoholic seeks help or even recognizes the existence of a drinking problem. Members give and receive comfort and understanding through sharing experience, strength and hope. No dues or fees. No appointments - walk in and attend a meeting. See website for meeting information.
www.easternshoremd-alanon.org
FOUNDATIONS RECOVERY HOUSE  
(240) 626-4933  
Foundations Recovery House located in Easton provides a stable, structured, supportive environment for women learning to live life free from substance abuse.  
www.foundationsrecoveryhouse.com

THE GRATITUDE HOUSE  
(410) 924-4513  
The Gratitude House is recovery residences for men and women. We are M-SARR and M-CORR certified. We are a program of total abstinence based on the 12-steps of recovery in a caring, family atmosphere.  
www.thegratitudehouse.info

MID SHORE OPIOD MISUSE PREVENTION PROGRAM (OMPP)  
(410) 901-8134  
This is a website with conversations, resources, and media tools specific to the Mid Shore of Maryland - Dorchester, Talbot, Caroline, Queen Anne's, and Kent Counties - around the opioid crisis underway nationwide.  
www.iwishiknewmidshore.org

MID-SHORE RESTORING H.O.P.E. IN WOMEN  
12400 River Rd, Ridgely, MD 21660  
(410) 310-9842  
Mid-Shore Restoring HOPE in Women will provide the network resources to get help from addiction. Afterwards we will provide GED, Job Training, Celebrate Recovery Programs, Counseling, Sponsorship and a Loving Church Family.  
www.facebook.com/restoringhopeinwomen

NARCOTICS ANONYMOUS  
1-800-317-3222  
We offer recovery from the effects of addiction through working a twelve-step program. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Membership is free, and we have no affiliation with any organizations outside of NA.  
www.eastofthebayna.org

RISING ABOVE DISEASE  
29242 W. Kennedy St, Easton, MD 21601  
(410) 725-7028  
We are dedicated to assisting and encouraging women on their journey in recovery from addiction. We provide the most basic of human needs, a roof over their heads, a comfortable bed, a clean shower and the comfort of other women who want to help. We provide assistance in obtaining medical care, dental care and mental health services.  
www.risingabovedisease.com

SMOKING CESSATION - TALBOT COUNTY HEALTH DEPT.  
100 S. Hanson St, Easton MD, 21629  
(410) 819-5600  
Our smoking cessation program is FREE to Talbot County residents, regardless of income or insurance. Cessation medications, including Chantix, bupropion, nicotine patches, gum, and lozenges are offered FREE to those with consent from a physician.  
www.health.maryland.gov/talbotcounty/Pages/SmokeCess.aspx

TALBOT COUNTY ADDICTIONS PROGRAM  
100 South Hanson Street, Easton, MD 21601  
(410) 819-5602  
(TCAP) provides care coordination services and peer recovery support to adults and their families who are experiencing problems with alcohol and/or other drugs. TCAP provides screenings and referrals for addiction services, as well as assistance with the Medicaid and Health Choice insurance application process for those who qualify. NARCAN PROGRAM - Narcan is a drug that reverses an overdose caused by the use of Opioids, including prescription medications and heroin. Talbot County Health Department (TCHD) provides training for individuals and organizations who are interested in administering this lifesaving drug. TCHD provides trainings the first Tuesday of every month at 5:30PM at the Health Department building at 100 S. Hanson St. in Easton. You will receive the nasal form of Narcan after the training. Call 410-819-5600 to register or for more information about the program.  
https://health.maryland.gov/talbotcounty/Addictions/Pages/Home.aspx

HealthyTalbot.org
TALBOT PARTNERSHIP
8 Goldsborough Street, Suite 203, Easton, MD 21601
(410) 819-8067
Talbot Partnership is a coalition working toward a community free from substance misuse and abuse.
www.talbotpartnership.org

SERVICES FOR PEOPLE WITH DISABILITIES

BAY AREA CENTER FOR INDEPENDENT LIVING, INC. (BACIL)
909 Progress Circle, Suite 300, Salisbury, MD 21804
(443) 260-0822
Information and Assistance to support individuals with disabilities to live, learn, work and participate in their community activities. An array of services to support independent living, including peer mentoring, assistive technology, benefits counseling, advocacy, skills training, job readiness, and transitioning support.
Main Office: Salisbury; Satellite offices: Caroline, Dorchester, Kent, Queen Anne’s and Talbot Counties
www.bayareacil.org

CHESAPEAKE CENTER, INC.
713 Dover Road, Easton, MD 21601
(410) 822-4122
Provides Vocational Training so employees with disabilities can earn a paycheck for work performed. Many vocational consumers live in residences owned and operated by Chesapeake Center. Living with 3 to 8 other adults, Group Home residents learn how to take care of themselves and their house. Drop-in Support Services by trained staff. Respite Care is also available.
www.chesapeakecenter.org

CHILD FIND
12 Magnolia Street, Easton, MD 21601
(410) 822-0330, ext. 139 or ext. 141
Child Find is a process in which children with special needs are identified. Preschoolers and school-age children who have suspected or already identified problems in development which interfere with their educational progress may be referred.
www.tcps.k12.md.us/index.php/departments/special-education/child-find

DEVELOPMENTAL DISABILITIES RESOURCE COORDINATION
100 S. Hanson Street, Easton, MD 21601
(410) 819-5600; After Hours: (443) 890-9912
The Developmental Disabilities Program/Resource Coordination is the local link to the Developmental Disabilities Administration. This program is designed to assist individuals with disabilities by processing eligibility for DDA, to identify appropriate services and resources, to obtain needed services, and to enable them to gain as much independence as possible in their lives.
www.health.maryland.gov/talbotcounty/dda/Pages/Home.aspx

DISABILITY RIGHTS MARYLAND
1500 Union Avenue, Suite 2000, Baltimore, MD 21211
(410) 727-6352; Toll Free 1-(800) 233-7201
We provide free legal services to Marylanders of any age with all types of disabilities (developmental, intellectual, psychiatric, physical, sensory, learning, traumatic brain injury), who live in facilities, in the community or who are homeless.
www.disabilityrightsmd.org

DIVISION OF REHABILITATION SERVICES (DORS)
8737 Brooks Drive, Suite 106, Easton, MD 21601
(410) 770-4646
DORS helps people with physical, emotional, intellectual, developmental, sensory and learning disabilities go to work and keep their jobs by providing services such as career assessment and counseling, assistive technology, job training, higher education and job placement.
www.dors.maryland.gov

FAMILY SUPPORT AND RESOURCE CENTER
12 Magnolia Street, Easton, MD 21601
(410) 822-0330 ext. 179
School Liaison for families with children with disabilities to assist them in navigating the Special Education process and accessing general resources.
INFANTS AND TODDLERS
12 Magnolia Street, Easton, MD 21601
(410) 822-0330 ext. 150
The Talbot County Infants & Toddlers Program provides early intervention services, at no cost to the families, for eligible children, ages birth to three years, with developmental delays.
www.marylandpublicschools.org/programs/Pages/Special-Education/MITP/localprogram.aspx

MEDICAL ASSISTANCE PERSONAL CARE PROGRAM - HEALTH DEPARTMENT
100 S Hanson St, Easton, MD 21601
(410) 819-5640
Helps individuals who have a chronic illness, medical condition, or disability remain in their homes. Services provided assist individuals with basic domestic activities of daily living. Services provided: Community Options Waiver, Community First Choice (CFC), Community Personal Assistance Services (CPAS). These programs work hand-in-hand to provide community services and supports.
www.health.maryland.gov/talbotcounty/Adult_Services/Pages/MAPC.aspx

SPECIAL OLYMPICS MARYLAND UPPER SHORE
(301) 343-3113
Provides year-round sports training and athletic competition in a variety of Olympic-type sports for citizens with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympic athletes and the community.
www.somd.org/sous

THE ARC - EASTERN SHORE OFFICE
8626 Brooks Drive, Unit 306, Easton, MD 21601
(410) 269-1883
The largest community-based organization advocating for and serving children and adults with intellectual disabilities and their families within the Chesapeake Region. Our dedicated staff works on the front-lines providing life changing interventions, grants, services and programs to individuals throughout their lifetimes.
www.thearcaccr.org

POSITIVE STRIDES THERAPEUTIC RIDING CENTER
6292 Statum Road, Preston, MD 21655
(410) 673-7450
Talbot Special Riders, Inc. provides physical and emotional therapy to individuals using horses. Our curriculum is adjusted to the individual needs or requirements and/or capabilities of our clients. Our goal is not to turn out great equestrians, but to build confidence, self-esteem and a sense of accomplishment.
www.talbotspecialriders.com

THE LEARNING CONNECTION: LEARNING CONSULTANT & ADHD COACH
(410) 829-9561
Beverly Rohman is a Learning Consultant and Board-Certified ADHD Coach dedicated to assisting, encouraging and providing support for individuals and families who struggle with Attention Deficit Hyperactivity Disorder (ADHD) and other learning differences.
www.thelearningconnections.net

YOUR HOME COMPANION
Serving Talbot County, as well as Caroline, Dorchester, Kent & Queen Anne’s
(410) 443-0125
Your Home Companion provides non-medical home care services to older adults and individuals with disabilities in the comfort and privacy of their own homes or in assisted living facilities and even hospitals. These services include companionship, light housekeeping, safety assistance, medication reminders, meal preparation and transportation.
www.YourHomeCompanion.com
COMMUNITY
RESOURCE CENTERS

NEIGHBORHOOD SERVICE CENTER
126 Port Street, Easton, MD 21601
(410) 822-5015
Services include emergency food pantry, electric service program, rental allowance program, energy and emergency assistance programs, representative payee program, and donations.
www.nsctalbotmd.org

CHESAPEAKE MULTICULTURAL RESOURCE CENTER
333 E. Dover Street, Easton MD 21601
(443) 786-1120
Services include legal, immigration, health, education, employment, counseling, translation, recreation, family support, citizenship, school enrollment, health education and outreach.
www.chesmrc.org

ST. VINCENT DE PAUL SOCIETY
29533 Canvasback Drive, Easton, MD 21601
(410) 253-9030
Services include: free and low cost food to those who know hunger, emergency payments for utilities, rent, mortgage to maintain a viable life, emergency shelter-temporary housing for the homeless, furniture and household goods to provide a comfortable place to live, Clothing- free and low cost clothes for the disadvantaged, and comfort
www.svdpeastonmd.org

LEGAL / MEDIATION SERVICES

CASA OF THE MID-SHORE
1 S. Washington Street, Suite 2, Easton, MD 21601
(410) 822-2866
Advocates for children who are under the protection of the circuit court because of abuse, neglect or abandonment. Court Appointed Special Advocates (CASAs) are officers of the court and, as such, are ordered to make assessments and recommendations to the judge regarding the best interest of the child to whom they are appointed.
www.casamidshore.org

CIRCUIT COURT OF TALBOT COUNTY
Court House: 11 N. Washington Street, Easton, MD 21601
(410) 822-2611
Files, processes and maintains civil, criminal and juvenile actions. The Clerk also commissions Notaries Public. Family Service Programs including co-parenting seminars, supervised parent-child time, and Pro Se Litigants Family Law.
www.courts.state.md.us/clerks/talbot

DISTRICT COURT OF TALBOT COUNTY
108 W. Dover Street, Easton, MD 21601
(410) 819-5850
Toll-free Number (In-state only) 1-800-941-2195
The jurisdiction of the court includes all landlord-tenant cases, replevin actions, motor vehicle violations, misdemeanors and certain felonies. In civil cases the District Court has exclusive jurisdiction in claims for $5,000 or less, and concurrent jurisdiction with the circuit courts in claims for amounts above $5,000 but less than $30,000.
www.mdcourts.gov/district/directories/courtmap.html#TALBOT

MARYLAND LEGAL AID BUREAU - UPPER EASTERN SHORE
106 N. Washington St., Suite 101, Easton, MD 21601
(410) 763-9676
A non-profit law firm which provides free legal assistance. Helps with most civil (non-criminal) legal problems. Categories include the following issues: family and domestic, children in need of supervision, housing problems, public benefits, consumer problems and institutional problems.
www.mdlab.org

MID SHORE COMMUNITY MEDIATION CENTER
8626 Brooks Drive, Suite 204, Easton, MD 21601
(410) 820-5553
Mid Shore Community Mediation Center provides mediation and conflict resolution services for all types of disputes and situations. In addition to mediation, we offer group meeting facilitation and conflict management workshops.
www.midshoremediation.org
**MID-SHORE PRO BONO**
8 S. West Street, Easton, MD 21601
(410) 690-8128
Mid-Shore Pro Bono’s mission is to provide access to free legal services and is committed to strengthening the communities of Maryland’s Mid-Shore by offering resolution to a variety of civil issues.
www.midshoreprobono.org

**REGISTER OF WILLS**
11 North Washington Street, Easton, MD 21601
(410) 770-6700
The Register of Wills is responsible for appointing personal representatives to administer decedents’ estates and for overseeing the proper and timely administration of these proceedings.
www.registers.maryland.gov/main/talbot.html

**TALBOT COUNTY TEEN COURT**
600 Dover Road, Easton, MD 21601
Respondents must be between the ages of 13-17, first time offenders, Talbot County residents, and admit their guilt. In Teen Court, volunteers perform the roles of the prosecuting and defense attorneys, bailiff, clerk, Judge, and jury.
www.mdtca.org/mdtca-members/talbot-county-teen-court

**ARTS**

**ACADEMY ART MUSEUM**
106 South Street, Easton, MD 21601
(410) 822-2787
Admission is $3 for non-members. Children under 12 admitted free. Free admission on Wednesday. The Academy Art Museum also offers many art opportunities for the whole family.
www.academyartmuseum.org

**AVALON FOUNDATION**
40 E. Dover Street, Easton, MD 21601
(410) 822-0345
Musical performances, stand-up comedy, opera, theatrical performances and musicals, showcases for local talent, kids’ summer camps and educational performers are the core of our repertoire.
www.avalonfoundation.org

**KILN BORN CREATIONS**
1 S. Washington Street, Easton, MD 21601
(410) 770-9091
We are a paint your own pottery studio.
www.kilnborncreations.com

**RECREATION**

**ADKINS ARBORETUM**
12610 Eveland Rd, Ridgely, MD
(410) 634-2847
A 400 acre preserve and educational center dedicated to promoting the appreciation and conservation of the region’s native plants. Located 15 miles north east of Easton in Ridgely.
www.adkinsarboretum.org

**CHESAPEAKE BAY MARITIME MUSEUM**
213 North Talbot Street, St. Michaels, MD 21663
(410) 745-2916
The Museum in St. Michaels, Maryland, is a world-class maritime museum dedicated to preserving and exploring the history, environment and people of the entire Chesapeake Bay. FREE – Active Military, Children (ages five and under), and CBMM Members **Visit CBMM for a minimal fee of $3 per person for up to four people with the presentation of an Electronic Benefits Transfer (EBT) card and photo ID.
www.cbmm.org
EASTON BOWL
103 Marlboro Road, P.O. Box 206, Easton, MD 21601
(410) 822-3426
Bowling and arcade for the whole family. Book a private room for your next event, party, or fundraiser.
www.eastonbowl.com

EASTON CYCLE AND SPORTS
723 Goldsborough Street, Easton, MD 21601
(410) 822-7433
From bikes to kayaks, stand-up paddleboards, or even a Hobie Cat sailboat, and all the equipment and accessories for a safe and comfortable outing. You can even have it all delivered to you. Rental rates available online.
www.eastoncycleandsport.com

EASTON PREMIER CINEMAS
Tred Avon Plaza, 210 Marlboro Avenue, Easton, MD 21601
(410) 822-9950
Easton Premier Cinemas is your local movie theater. Handicapped accessible.
www.tritonmovies.com/easton/Home%202015.html

OXFORD COMMUNITY CENTER
200 Oxford Road, Oxford, MD 21654
(410) 226-5904
The Oxford Community Center (OCC) serves as a cultural activities center and meeting place. OCC provides to residents and visitors alike a year-round schedule of social, cultural, and recreational programs and events.
www.oxfordcc.org

PHILLIPS WHARF ENVIRONMENTAL CENTER
6129 Tilghman Island Road, Tilghman, MD 21671
(410) 886-9200
Phillips Wharf Environmental Center located on Tilghman Island, MD is a non-profit organization created to provide a hands-on experience and education with the animals and plants that inhabit the Chesapeake Bay region.
www.phillipswarf.org

PICKERING CREEK AUDUBON CENTER
11450 Audubon Lane, Easton, MD 21601
(410) 822-4903
Explore, restore, volunteer, enjoy our 400-acre working farm on the Eastern Shore of Maryland situated next to the tidal Pickering Creek. Many trails and activities available as well as programs for children and youth.
www.pickeringcreek.audubon.org

PORTALS GAMES AND COMICS
415A E Dover Street, Easton, MD 21601
(410) 800-8787
We are a shop that deals in comics, tabletop games, and more. Our location is half play space and the other half retail.
www.tcg.portalsshop.com

SHORE PEDDAL AND PADDLE
500 South Talbot Street, St. Michaels, MD
(410) 745-2320
Bicycle, Kayak and Stand up paddleboard rentals, sales, tours and instruction. We have a floating dock in St. Michaels Marina and a kayak launch down the street on San Domingo Creek. We rent by the hour, 1/2 day, full day and weekly. Our season is April 1st - October 31st.
www.shorepedalandpaddle.com

ST. MICHAELS COMMUNITY CENTER
103 Railroad Avenue, St. Michaels, MD 21663
(410) 745-6073
Provides supervised program opportunities for the enrichment of our children and teens, activities and services for senior citizens, and affordable recreational, social, and educational activities to the community residents of all ages regardless of ethnicity gender or economic status.
www.stmichaelscc.org
TALBOT COUNTY HISTORICAL SOCIETY
25 S Washington St, Easton, MD 21601
(410) 822-0773
Our mission is to provide educational opportunities
to the citizens of our county so they may learn from
the past and use that knowledge to build a future that
preserves Talbot County as one of the best places to live.
Our administrative offices are located on the second floor
of the historic Mary Jenkins House. Our address is 30
South Washington Street, Easton MD 21601.
www.hstc.org

TALBOT COUNTY PARKS
AND RECREATION
10028 Ocean Gateway, Easton, MD 21601
(410) 770-8050
We are responsible for public recreation programs, as well
as the maintenance, procurement, and development of
county-owned recreational facilities. TCDPR also operates
the Talbot County Community Center, George Murphy
Community Pool, Bay Hundred Community Pool, manages
13 public park sites and 29 public landings.

UNIVERSITY OF MARYLAND
EXTENSION - TALBOT COUNTY
28577 Mary’s Court, Suite 1, Easton, MD 21601
(410) 822-1244
We are a local service to residents of Talbot County
who are looking for educational programs in many topics
that relate to agriculture, the Chesapeake Bay, youth
programs, gardening, nutrition, health, the environment,
and more... We achieve our mission by providing citizens
with consultations, fact sheets, community 4-H clubs and
programs for youth, workshops, courses, and newsletters.
www.extension.umd.edu/talbot-county

YMCA - EASTON @ PEACH BLOSSOM
202 Peach Blossom Lane, Easton, MD 21601
(410) 822-0566
The YMCA offers programs for all ages. Visit http://www.
ymcachepeake.org/programs/ for program information
by location. Child Watch available. Sliding fee scale available.
www.ymcachepeake.org

YMCA - EASTON @ WASHINGTON STREET
1180 S Washington Street, Easton, MD 21601
(410) 822-1515
The YMCA offers programs for all ages. Visit http://www.
ymcachepeake.org/programs/ for program information
by location. Child Watch available. Sliding fee scale available.
www.ymcachepeake.org

YMCA - ST. MICHAELS
1013 South Talbot Street, St. Michaels, MD
(410) 745-5963
The YMCA offers programs for all ages. Visit http://www.
ymcachepeake.org/programs/ for program information
by location. Child Watch available. Sliding fee scale available.
www.ymcachepeake.org

CIVIC ORGANIZATIONS

AMERICAN LEGION TALBOT POST 70
29511 Canvasback Drive, Easton, MD 21601
(410) 822-9138
The American Legion was chartered and incorporated
by Congress in 1919 as a patriotic veterans organization
devoted to mutual helpfulness.
www.post70.org

LION’S CLUB - EASTON
(410) 310-1414
Lions Clubs International is the world’s largest service
club organization with more than 1.4 million members in
approximately 46,000 clubs in more than 200 countries
and geographical areas around the world. Local Projects:
Kids Sight Program, Christmas Tree Sales, Volunteering
with Care Packs, Work With Leos, Pickering Creek Hoe
Down, Eyeglass Program, Low Vision Testing, Waterfowl
Festival.
www.e-clubhouse.org/sites/eastonmd/
NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE, NAACP
P.O. Box 716, Easton, MD 21601
(410) 745-3462
The mission of the National Association for the Advancement of Colored People is to ensure the political, educational, social, and economic equality of rights of all persons and to eliminate race-based discrimination.
www.naacp.org

TALBOT COUNTY YOUNG PROFESSIONALS
101 Marlboro Ave, Easton Plaza, Suite 53 Easton, MD
(410) 822-4606
The Talbot County Chamber of Commerce Young Professionals provides young professionals of the Mid-Shore region opportunities for personal and professional development through business and social events.
Membership is FREE! Email yp@talbotchamber.org to join.
www.talbotyp.org

TALBOT RISING
Talbot Rising is a nonpartisan progressive grassroots volunteer organization using the power of peaceful resistance, education, and issue advocacy for economic, social, racial, and environmental justice in Talbot County on Maryland’s Eastern Shore.
www.talbotrising.org

VFW 5118
355 Glebe Road, Easton MD 21601
(410) 822-8619
OUR MISSION: To foster camaraderie among United States veterans of overseas conflicts. To serve our veterans, the military, and our communities. To advocate on behalf of all veterans.
www.vfw5118.com
FAMILIES IMPACTED BY INCARCERATION

ABUNDANT GRACE JAIL MINISTRY
215 Goldsborough St, Easton, MD 21601
(443) 521-6094
A coalition of nine churches and twenty-five ministers that provide invaluable contributions to the spiritual well being and pastoral needs of the men and women held in the Talbot County Detention Center.
www.facebook.com/Abundantgracejailministry

MENTORING AND SUPPORT GROUPS FOR YOUTH IMPACTED BY INCARCERATION - TALBOT MENTORS
108 Maryland Ave, Suite 102, Easton, MD 21601
(410) 770-5999
Mentoring matches for children and youth with an incarcerated parent/caregiver through Talbot Mentors. Support groups are also available for children impacted by the incarceration of a parent.
www.talbotmentors.org

IMMIGRANT SERVICES

CHESAPEAKE MULTICULTURAL RESOURCE CENTER
331 E. Dover Street, Easton MD 2160
(443) 786-1120
Services include legal, immigration, health, education, employment, counseling, translation, recreation, family support, citizenship, school enrollment, health education and outreach.
www.chesmrc.org

ENGLISH LANGUAGE COURSES AT CHESAPEAKE COLLEGE
(410) 822-5400
If you are new to America, or if you would like to improve your understanding of the English language, our comprehensive courses will help you succeed. We offer many English conversation classes to meet your schedule and educational goals. All classes are free.
www.chesapeake.edu/continuing-education

MID SHORE PRO BONO
(410) 690-8128
Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Special Immigrant Juvenile Status, T/U visas
www.midshoreprobono.or

SENIOR SERVICES

A HOMEMADE PLAN
10 S. Hanson Street, Suite 2, Easton, MD 21601
(410) 881-0263
A Homemade Plan provides assistance to older adults and individuals with disabilities with daily activities in the comfort of their own homes. Free consultation and needs assessments offered.
www.ahomemadeplan.com

AARP MARYLAND
200 St. Paul Place, Suite 2510, Baltimore, MD 21202
(866) 542-8163
Paid Membership. Benefits Include: Movies for Grownups, Driver Safety, Member Discounts, Tax-Aide, Walgreens “Way to Well” Health Tour, Create The Good, Drive to End Hunger, Livable Communities, Technology Training, Caregiving Resources, Travel discounts, etc. Visit the web for resources.
www.local.aarp.org/easton-md

ADULT EVALUATION AND REVIEW SERVICES (AERS)
100 S. Hanson Street, Easton, MD 21601
(410) 819-5640
AERS is a Maryland program based in local health departments which provides assistance to frail, aged, and disabled adults by conducting a comprehensive evaluation to identify public services available to help people remain in the community, or in their least restrictive environment, with as much independence as possible.
www.health.maryland.gov/talbotcounty/Adult_Services/Pages/AERS.aspx
ALZHEIMER’S ASSOCIATION - EASTERN SHORE OFFICE
909 Progress Circle, Suite 400, Salisbury, MD 21804
(410) 543-1163 or (800) 272-3900
The Alzheimer’s Association is the world’s leading voluntary health organization in Alzheimer’s care, support and research. Support Hotline: (800) 272-3900. Resources, event information, and support group listings for Talbot County available on their website. www.alz.org/maryland

BAYLEIGH CHASE
501 Dutchman’s Lane, Easton, MD 21601
(410) 822-8888
Independent Living, Assisted Living, Full Nursing Care, Memory Care, Respite Care, and Short Term Rehab for Seniors.
www.bayleighchase.org

BRIGHTSTAR CARE EASTON
8709 Brooks Drive, Unit 2A, Easton, MD
(410) 820-4200
Our BrightStar Care team is available to help you and your family 24 hours a day, 7 days a week. We bring our quality home care services to these and other local communities.
www.brightstarcare.com/easton

BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER
400 Brookletts Avenue, Easton, MD 21601
(410) 822-2869
Brookletts Place is a center for seniors to gather and socialize with each other. It provides an aspect of community engagement for individuals 60 or older through the Center’s facilities and various events throughout the year.
www.brooklettsplace.org

CANDLE LIGHT COVE - INTEGRACARE
106 West Earl Ave, Easton, MD 21601
(410) 770-9707
Talk to any of our family members and you will learn that Candle Light Cove’s reputation is for consistently excellent care, in large part due to the quality of our team, our small size and our low care ratio. Assisted Living, 24/7 Personal Care, Memory Care, and Respite Care available!
www.candlelightcove.com

COMFORT KEEPERS
8103 Ocean Gateway, Easton, MD 21601
(410) 822-4414
Comfort Keepers of Easton, MD is a leading provider of in home care and elderly care services. Our expert caregivers provide customized care plans that may include personal care and companionship-homemaker services. Our senior care agency will help seniors and other adults live an independent, quality life.
www.easton-596.comfortkeepers.com

DIXON HOUSE: INDEPENDENT AND ASSISTED LIVING
108 N. Higgins Street, Easton, MD 21601
(410) 822-6661
The Dixon House maintains a reputation for consistent delivery of excellence in care, as well as a commitment to resident comfort and safety, giving peace of mind to residents and families.
www.dixonhouse.org

HEARTFIELDS ASSISTED LIVING AT EASTON
700 Port St, Easton, MD 21601
(410) 820-4400
HeartFields Assisted Living at Easton is a senior living community offering spacious assisted living apartments with kitchenette, as well as secure and comfortable accommodations in our award-winning Bridge to Rediscovery program for people with Alzheimer’s or related dementias.
www.fivestarseniorliving.com/communities/md/easton/heartfields-assisted-living-at-easton
HOME INSTEAD SENIOR CARE
8626 Brooks Drive, # 202, Easton, MD 21601
(410) 822-1230
Provides non-medical home care services to older adults in their homes. These services include companionship, light housekeeping, safety assistance, medication reminders, meal preparation and transportation.
www.homeinstead.com/561

HOMECALL OF EASTON
29509 Canvasback Drive Suite 204, Easton, MD 21601
(410) 822-4020
Homecall provides personal services in the home including homemaker services and other help with the activities of daily living including toileting, light housekeeping, companionship, and dressing.
www.lhcgroup.com/locations/homecall-of-easton

MARYLAND ACCESS POINT (MAP)
(410) 822-2869 ext. 255
MAP (Maryland Access Point), part of Upper Shore Aging, provides a link for caregivers, seniors, and disabled persons with resources in the community of Caroline, Talbot and Kent counties.
www.marylandaccesspoint.info

MARYLAND COMMUNITY FOR LIFE TALBOT
10 S. Hanson St. Suite 18, PO Box 272, Easton, MD 21601
(410) 443-0760
Offers innovative options for safe and healthy aging for seniors aged 65 and older who live in Talbot County and wish to live independently in their own homes. Members receive Service Navigation, Home Maintenance, Home Maintenance Assessment, Transportation and Social & Educational programs.
www.mdcommunityforlifetalbot.org

MEDICAL ASSISTANCE PERSONAL CARE PROGRAM - HEALTH DEPARTMENT
100 S Hanson St, Easton, MD 21601
(410) 819-5640
Helps individuals who have a chronic illness, medical condition, or disability remain in their homes. Services provided assist individuals with basic domestic activities of daily living.
www.health.maryland.gov/talbotcounty/Adult_Services/Pages/MAPC.aspx

MID-SHORE RESIDENTIAL CARE & SERVICES, INC.
31603 Geib Rd, Cordova, MD, 21625
(410) 820-1131
Mid-Shore Residential Care & Services, Inc. provides state certified nursing assistants, certified home health aides, and/or sitter companions, with availability for emergency situations. In-home care is provided for the elderly who are homebound.
www.midshorehomecare.com

NURSING HOME ABUSE CENTER
1-888-935-4546
An online resource center for information on nursing home abuse, nursing home neglect, elderly injuries, legal options, compensation and other resources. Get a free legal case review!
www.nursinghomeabusecenter.com

PARK VIEW AT EASTON
640 Mecklenburg Avenue, Easton, MD 21601
(410) 770-3070
Senior Living Apartment offering robust and diverse activity schedules with opportunities for entertainment, education and socializing with neighbors. Enjoy the highest-quality apartment home, amenities and services at a price that won’t break the bank and is comfortable, and convenient.
easton.parkviewseniorliving.com

PARTNERS IN CARE
400 Brookletts Ave, Easton, MD 21601
(410) 822-1803
We support the independence of older adults using the time and talents of our members, leadership, and staff. We promote active engagement of our members and their families by offering services in exchange for their donated time and talents. Our members remain actively involved in their community through transportation and home repair programs, as well as a meaningful social network of care.
wwwpartnersincare.org
SENIOR CARE PROGRAM
100 S. Hanson Street, Easton, MD 21601
(410) 819-5600
Provides case management and funds for services for people 65 or older who may be at risk of nursing home placement. Allows seniors to live with dignity and in the comfort of their own homes and at a lower cost than nursing facility care. Personal care, chore service, medications, medical supplies, adult day care, respite care, home delivered meals, etc.
www.talbothealth.org

THE PINES - GENESIS ELDERCARE
610 Dutchman's Lane, Easton, MD 21601
(410) 822-4000; 1-866-745-CARE (Care Helpline)
Provides 24 hour skilled nursing, discharge planning, case management, Individual treatment plans, nutritional needs management, wellness programs, dementia services, coordinated transportation, organized events, physical therapy, speech therapy. Visit the web for a full list of services and amenities.
www.genesiscc.com/ThePines

SHORE HOME CARE - UNIVERSITY OF MARYLAND
121 Federal Street, Suite 3, Easton, MD, 21601
(410) 820-6052 or Toll Free 1-800-542-5005
Shore Home Care's goal is to help each patient maintain optimal health and independence in his or her home setting, whether a family residence, a group home, or a residential care facility.
www.umms.org/shore/locations/home-care

TALBOT HOSPICE
586 Cynwood Drive, Easton, MD 21601
(410) 822-6681, 24-Hour Access Line (410) 822-2724
Talbot Hospice offers hope, compassionate support and services to all members of our community facing end-of-life issues. We provide patient and family care, community education and advocacy while respecting both curative and palliative treatment choices. We care for patients regardless of their ability to pay
www.talbothospice.org

UPPER SHORE AGING
100 Schauber Road, Chestertown, MD 21620
(410) 770-6000
Our organization develops and manages a coordinated program of services that work together with a goal of helping elders to remain, and live well, in the community as long as possible. Upper Shore Aging, Inc. works closely with the Maryland Department of Aging to serve the needs of its clients.

VISITING ANGELS
221 Glenwood Avenue, Easton MD 21601
(443) 746-0494
Our agency provides non-medical senior care, elderly care, memory care, personal care, social care, companion care, and in home care to elderly persons throughout the Eastern Shore area. If you have an aging parent or loved one who wishes to remain independent at home, in home care from Visiting Angels Easton can help.
www.visitingangels.com/mideasternshore

HealthyTalbot.org
Visit HealthyTalbot.org for

✓ Opportunities for families - You and your family can use our interactive calendar to make plans for healthy family time.

✓ Resource directory - Whether you are seeking information about education, mental health, housing, or many other topics, Healthy Talbot features a searchable directory to give you the names, locations, and contact information for providers who can help you achieve your goals.

✓ Articles - Regular features from local experts about how to live your happiest, healthiest life.

✓ Opportunities for professionals - Building a healthy community requires collaboration. Submit articles, post events, and link to other professionals working in Talbot County.

Healthy Talbot provides information and directories for:

- Physical, Mental and Oral Health
- Substance Abuse/ Addictions
- Nutrition, Food Assistance
- Exercise
- Education
- Parenting
- Disabilities
- Legal
- Safety
- Healthy Environment
- Public Assistance
- Senior Services
- Housing Needs
- Recreation and Entertainment
- And More!